



# KAISER PERMANENTE®

<b>DOCUMENT NUMBER:</b> SCPMG-PPP-0138
<b>DOCUMENT TITLE:</b> Post Puncture Care
<b>DOCUMENT NOTES:</b>

<b>LOCATION:</b> SCPMG-rel	<b>VERSION:</b> 02
<b>DOC TYPE:</b> Preanalytic	<b>STATUS:</b> Release

<b>EFFECTIVE DATE:</b> 23 Mar 2017	<b>NEXT REVIEW DATE:</b> 23 Mar 2019
<b>RELEASE DATE:</b> 23 Mar 2017	<b>EXPIRATION DATE:</b>

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## Post Puncture Care

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**Introduction** Proper post puncture care contributes to the overall satisfaction of the patient and should prevent bruising from occurring.

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**Scope** This procedure is intended for any phlebotomist or health care worker who is certified to perform heelstick, fingerstick or venipuncture and is within the scope of practice.

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**Equipment**

- Gauze
- Gloves
- Bandage
- Pressure bandage or Cohesive bandage [Coban] per local policy

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**Safety Precautions** Refer to the Safety Manual for general safety requirements.

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**Policy**

- Bandage the phlebotomy site per local policies and procedures.
- If the patient is able, instruct the patient to hold pressure on the phlebotomy site for 5-10 minutes. Do not bend the arm if blood is drawn from the anti cubital fossa area.
- Instruct the patient to remove the bandage after 30 minutes and not to carry heavy objects with that arm for one hour.
- If the patient is unable, bandage the site with a pressure bandage or Cohesive bandage [Coban], per local policies and inform nursing to remove the bandage after 30 minutes.
- Do not place a bandage on a child under 2 years of age unless a responsible adult is monitoring the child for a choking hazard.
- Instruct the patient to contact their provider if there is an unusual amount of bruising or significant pain occurs per local policy.

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## Post Puncture Care, Continued

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**Non-  
Controlled  
Documents**

- McCall and Tankersley, Phlebotomy Essentials, 5<sup>th</sup> Edition, Lipponcott, Williams and Wilkins, 2012. Chapter 8.
  - CLSI: Procedures and Devices for the Collection of Diagnostic Capillary Blood Specimens – Approved Standard – Sixth Edition, H04-A6, Volume 28 Number 25, September 2008.
  - CLSI: Procedures for the Collection of Diagnostic Specimens by Venipuncture– Approved Standard – Sixth Edition, H3-A6, Volume 27 Number 26, October 2007.
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Preanalytical Processing Work Group

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### Signature Manifest

**Document Number:** SCPMG-PPP-0138

**Revision:** 02

**Title:** Post Puncture Care

All dates and times are in Pacific Standard Time.

#### New Lab Director - Preanalytic

#### Initial Approval

Name/Signature	Title	Date	Meaning/Reason
Janice Wolf (K119893)	Operations Director	17 Mar 2017, 08:37:13 AM	Approved

#### Final Approval

Name/Signature	Title	Date	Meaning/Reason
David Quam (P092597)	Rgnl Mg Admn-Pmg Executive	23 Mar 2017, 10:13:44 AM	Approved

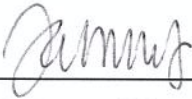
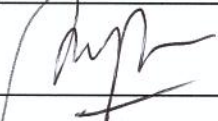
#### Set Effective Date

Name/Signature	Title	Date	Meaning/Reason
Rebecca Rosser (K053260)	RRL ED CONSULTANT		
Matthew Jones (F754627)	Systems Consultant	23 Mar 2017, 12:36:19 PM	Approved

## Post Puncture Care

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Reviewed and approved by (for Medical Center Area Approval Only):

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	5.10.18
Name: <u>Janice M. Wolf</u> Operations Director, Area Laboratory	
	5/10/18
Name: <u>Sony Wirio, MD</u> CLIA Laboratory Director	

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