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DOCUMENT NUMBER: SCPMG-PPP-0123
DOCUMENT TITLE: Tourniquet Application
DOCUMENT NOTES:

LOCATION: SCPMG-rel	VERSION: 02
DOC TYPE: Preanalytic	STATUS: Release

EFFECTIVE DATE: 23 Mar 2017	NEXT REVIEW DATE: 23 Mar 2019
RELEASE DATE: 23 Mar 2017	EXPIRATION DATE:

AUTHOR: K053260	PREVIOUS NUMBER:
OWNER: K053260	CHANGE NUMBER: SCPMG-CR-0309

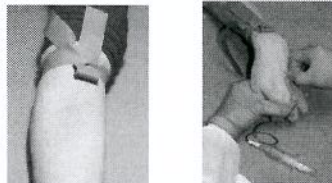
Tourniquet Application

Introduction The tourniquet is applied above the intended venipuncture site to restrict venous blood flow and make the veins more prominent.

Scope This procedure is intended for any phlebotomist or health care worker who is certified to perform venipuncture or is within their scope of practice.

Policy

- The tourniquet will be placed 3 to 4 inches above the intended venipuncture site.
- When used for drawing from a hand vein, the tourniquet will be placed proximal to the wrist bone.



- The tourniquet will be tight enough to restrict venous blood flow but not too tight which will restrict arterial flow.
 - Never apply a tourniquet so tight that it pinches, hurts or causes the arm to turn red or purple.
 - Never apply a tourniquet over an open sore.
 - Do not allow the patient to pump their fist after a tourniquet is applied.
 - Always use a new tourniquet with each patient draw.
 - Never leave a tourniquet in place for longer than 1 [one] minute.
 - The tourniquet will be inspected for rips or tears prior to use and disposed of in the trash if compromised.
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Non-Controlled Documents McCall and Tankersley, *Phlebotomy Essentials*, 5th Edition, Lipponcott, Williams and Wilkins, 2012. Chapter 8.

Authors

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- Preanalytical Processing Work Group

Signature Manifest

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All dates and times are in Pacific Standard Time.

New Lab Director - Preanalytic

Initial Approval

Name/Signature	Title	Date	Meaning/Reason
Janice Wolf (K119893)	Operations Director	17 Mar 2017, 08:37:13 AM	Approved

Final Approval

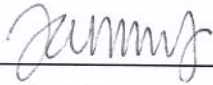
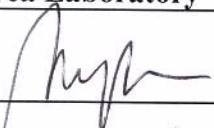
Name/Signature	Title	Date	Meaning/Reason
David Quam (P092597)	Rgnl Mg Admn-Pmg Executive	23 Mar 2017, 10:13:44 AM	Approved

Set Effective Date

Name/Signature	Title	Date	Meaning/Reason
Rebecca Rosser (K053260)	RRL ED CONSULTANT		
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Tourniquet Application

Reviewed and approved by (for Medical Center Area Approval Only):

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