

Technical Bulletin

SCPMG – SOUTH BAY LABORATORY

Code Stroke – February 2, 2016

Pre-Analytic Process

1. Complete a Code Stroke form (kept in the purple Code Stroke book) as soon as the overhead announcement has been made, as soon as the code stroke beeper has beeped, or as soon as the specimen is received, whichever is first.
 - Document the room number of the code stroke.
 - Write your name on the form as the reporting lab staff.
 - Place check mark if the code stroke beeper was heard.
 - Place check mark if overhead announcement was heard.
 - Time stamp the form when the specimen is received.
 - Circle if the Code Stroke specimens were received in pneumatic tube or hand carried.
 - Circle the label type received on the specimen.
2. Complete **Problem** section if applicable.
3. Process as required. Hand deliver specimens to the correct departments (warm handoff).
Document name of CLS.
4. Notify supervisor/mgr if a problem is documented. On weekends and after hours notify the Lead CLS.
5. File the form in the purple Code Stroke book.

CODE STROKE Lab Form		Time Stamp Area	
<div style="border: 1px solid black; padding: 5px; text-align: center;">only one code stroke label required</div>	Loc ED rm# _____ Inpt rm# _____		
	Reporting Lab Staff _____		
Checklist			
<input type="checkbox"/>	Beeper heard		
<input type="checkbox"/>	Overhead heard		
Received: circle	<input checked="" type="radio"/> Pneumatic Tube	<input type="radio"/> Hand-Carried	
Specimen labeled with: circle	<input checked="" type="radio"/> CERNER ACC#	<input type="radio"/> CERNER generic la	<input type="radio"/> HC label
Hematology CLS _____	Chemistry CLS _____		
Problem:			
<input type="checkbox"/>	not in PURPLE bag		
<input type="checkbox"/>	mislabeled specimen: wrong labels on tube		
<input type="checkbox"/>	no orders in KPHC		
RN Notified: _____	Time: _____		
RN Notified: _____	Time: _____		
<input type="checkbox"/>	Lead/Supervisor/Mgr notified: <input type="checkbox"/> YES <input type="checkbox"/> NO		
<input type="checkbox"/>	other:		

Department: Medical Center Wide – 2000's		Policy #: MCW 2375
Section: Direct Patient Care / Emergency Procedures	Effective Date: 5/11	Page: Page 1 of 14
Title: Code Stroke Procedure	Review/Revision Date: 4/14, 5/15, 4/16, 6/17, 4/18, 12/18	
Accountable Department or Committees: Hospital Services Committee Approved by: Medical Executive Committee		

Workplace Safety Message: Work smarter not harder; use assistive devices available in your area.

Attachments:

- Attachment A: Code Stroke Log For Use During HealthConnect Downtime
- Attachment B: Tele Neurologist Workflow
- Attachment C: B.E.F.A.S.T criteria
- Attachment D: ALTEPLASE (TPA) FOR ACUTE ISCHEMIC STROKE NURSING GUIDELINE

Related Policies:

- MCW P&P 2148 - Rapid Response Process
- MCW P&P 2824 South Bay High Alert Medication

Purpose:

To ensure timely assessment and treatment of patients exhibiting any of the following physiologic changes which are consistent with acute stroke:

- Sudden numbness or weakness in the face, arm, or leg, especially on one side of the body.
- Sudden confusion or trouble speaking or understanding
- Sudden trouble seeing with one or both eyes
- Sudden trouble with walking, balance, or coordination

Sections:

- I. Emergency Department
- II. In-Patient Units

I. CODE STROKE in the Emergency Department

- a. The patient is assessed for CODE STROKE using ESI and B.E.F.A.S.T criteria.
 - i. If B.E.F.A.S.T screening is positive in Triage, the Triage RN/CN notifies MD to see the patient STAT in Triage and "Triage Neuro" is announced overhead in E.D.
 - ii. For patients who exhibit signs of acute stroke AFTER triage, Primary Nurse immediately notifies ED Physician and Charge Nurse that patient is suddenly exhibiting signs of acute stroke.
 - iii. ED Physician immediately evaluates the patient for Last Known Well time, and whether patient is a potential candidate for thrombolytic therapy or thrombectomy.
 - iv. If ED Physician determines patient is a potential candidate for thrombolytic therapy with t-PA, or is a candidate for thrombectomy, the CODE STROKE protocol is initiated and the Charge Nurse immediately dials ext. 6500 and notifies Hospital Operator of "CODE STROKE Emergency Department" If the ED Physician determines that the patient is NOT having a stroke or is not a candidate for thrombolytic therapy or thrombectomy, then CODE Stroke is NOT initiated and ED Physician determines further care.
- b. Emergency Department CODE STROKE Activation – When notified of the CODE STROKE, the ED CODE STROKE Response Team initiates their assigned duties as follows (Team members

Title: Code Stroke Procedure	Policy #: MCW 2375 Page 2 of 14
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below are not listed in order of priority). All team members will simultaneously initiate their individual duties, provided there is a physician order, when required:

- i. E.D. Physician
 1. Presents the case to Tele-neurology
 2. Obtains Tele Neurology consent
 3. Initiates orders, including a non-contrast CT scan of the head.
 4. Orders tPA if tele-neurologist is unavailable.
 5. Reviews test results. The goal is to have EKG, chest x-ray, lab tests, and head CT reviewed within 45 minutes from time of arrival.
 6. Notifies patient's family of change in condition, if applicable.
 7. Transfers patient to indicated level of care and communicates with accepting physician(s).
- ii. ED CHARGE NURSE
 1. Immediately dials x6500 and notifies Hospital Operator of "CODE STROKE Emergency Department".
 2. Ensures that ED Physician has entered orders.
 3. Contacts CT to notify them of patient's name and MRN.
 4. Ensures House Supervisor has secured a critical care bed.
 5. Notifies Pharmacist of pending CODE STROKE t-PA candidate in the ED.
 6. Assists Primary Nurse and House Supervisor with their duties, as needed
- iii. HOSPITAL OPERATOR
 1. Pages ED CODE STROKE Response Team members, as per CODE STROKE Emergency Panel Beepers Table (below) via long term beepers and announces three times via overhead intercom, "CODE STROKE, Emergency Department."
 2. Paging tele-neurologist and Response Expectations:
 - a. Page the tele-neurologist at (323) 699-4444
 - b. If the tele-neurologist does not call back in 5 minutes, page tele- neurologist again (323) 699-4444.
 - c. If no call back, check call schedule and call cell phone. If still no call back in another 5 minutes. Page the Regional Stroke pager at (323) 279-1111 (this is specifically for the stroke neurologist).
 - d. If still no call back in another 5 minutes. Page the local neurologist on-call

Title: Code Stroke Procedure	Policy #: MCW 2375 Page 3 of 14
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CODE STROKE Emergency Panel Beepers

RESPONDER	CODE STROKE IN EMERGENCY DEPT	CODE STROKE IN IN-PATIENT UNIT
ISD or IOD*		x
ICU RN		x
TRANSPORTER		x
LAB TECH		x
CT TECH	x	x
PHARMACIST	x	x
HOUSE SUPERVISOR / DESIGNEE	x	x
TELENEUROLOGIST	x	
STROKE MEDICAL DIRECTOR	x	x
STROKE PROGRAM COORDINATOR	x	x

* In-Service Duty, Internist On duty

iv. TELENEUROLOGIST

1. Responds by phone to the ED Physician
2. Documents: Time of ED arrival
3. Symptom onset/LTKW
4. Time page received
5. Time called back to ED
6. Time patient evaluated via Telemedicine
7. Time CT read by Teleneurologist
8. Completes required order sets, including order for t-PA (Alteplase), provided patient is a candidate for t-PA and does not meet any exclusion criteria.
9. Documents NIHSS

v. ED PRIMARY NURSE

1. Assesses patient immediately, including NIHSS, or Complex Neuro Checks stroke scale and documents in Health Connect.
2. Begins Stroke Log (Healthconnect flowsheet 2028).
3. Obtains patient's weight and notifies pharmacy immediately.
 - a. The preferred weight is an actual weight taken in the ED.
 - b. If obtaining an actual weight will significantly delay door to needle time, then a stated weight is acceptable.
 - c. The actual or stated weight will be documented.
4. Draws blood for STAT CODE STROKE lab panels. This is consistent with the "rainbow" blood draws that take place on all urgent ER patients at the beginning of the ER visit:
 - a. CBC w/ Platelets (1 lavender top tube)
 - b. Blood Chemistries (2 green top tubes)
 - c. PT/INR and APTT (1 blue top tube)
5. Places CODE STROKE blood tubes in purple CODE STROKE bag and sends to lab. A note must accompany the bag with the words "MEDICAL EMERGENCY - CODE STROKE." Blood tests available for review by MD within 45 minutes from time of arrival.

Title:

Code Stroke Procedure

Policy #:

MCW 2375

Page 4 of 14

6. Initiates two normal saline IV infusions, via two insertion sites, each infusing at TKO. (CT scan and/or t-PA infusion should not be delayed while attempting second IV insertion. Second IV insertion may be delayed until after CT scan has been performed and may be attempted by a second nurse while t-PA infusion is being initiated, if necessary).
 7. Performs 12 lead EKG and hands to ED Physician for interpretation.
 8. Accompanies patient to and from Radiology.
 9. Completes bedside swallow screen (using Doc Flowsheet #973 in Health Connect), keeping patient NPO until swallow screen has been passed.
 10. Follows up on all labs and tests that have been ordered, in an attempt to ensure that results are provided promptly to Teleneurologist and ED Physician.
 11. Notifies pharmacist as soon as t-PA order has been written
 12. Administers t-PA (Alteplase) and initiates post t-PA monitoring. (See High Alert Medication Safety Practices Policy, referenced at the beginning of this policy).
 13. Completes Stroke Log (Healthconnect flowsheet 2028).
 14. Documents all treatments and interventions, including the patient's response, in the medical record (Health Connect).
 15. Provides warm handoff and report to critical care RN prior to transport, including details of post t-PA monitoring.
 16. Accompanies patient to ICU, if patient is being admitted to this hospital or hands off to ambulance personnel, if patient is being transferred to another facility.
- vi. CT TECHNICIAN
1. Prepares for STAT non-contrast CT scan of the head. Notifies ED as soon as ready for patient.
 2. Notifies Radiologist (or Tele-Radiology after hours) of pending CODE STROKE patient.
 3. Completes STAT non-contrast CT scan of the head.
 4. Immediately transmits completed scan to Radiologist (or Tele-Radiologist) for STAT interpretation.
- vii. RADIOLOGIST
1. Reviews CODE STROKE STAT non-contrast CT scan of the head and calls the ED Physician with the wet reading interpretation.
 2. Documents in Health Connect Image Report the time that the results were discussed with the ED Physician. Results reported within 45 minutes from time of arrival.
- viii. HOUSE SUPERVISOR / DESIGNEE:
1. Secures an appropriate critical care bed by one of the following means:
 - a. Collaborates with the ICU Charge Nurse to secure a critical care bed at this facility.
 - b. Collaborates with ED Discharge Coordinators to secure a critical care bed at another facility.

Title:

Code Stroke Procedure

Policy #:

MCW 2375

Page 5 of 14

2. Collaborates with ED Charge Nurse to ensure adequate nurse resources at bedside to assist the Primary Nurse.
 - ix. PHARMACIST
 1. Reviews STAT order in Health Connect for t-PA (Alteplase).
 2. Prepares t-PA according to pharmacy policy. (See High Alert Medication Safety Practices Policy, referenced at the beginning of this policy).
 3. Mixes t-PA and delivers to the bedside
 4. During a Health Connect downtime, verbal orders will not be accepted unless given by the tele-neurologist.
 - x. TRANSPORTATION AIDE
 1. Reports to the bedside to assist as needed. Hospital Transportation Aides or ED Techs may assist if an ED Transportation Aide is not available. (ED Charge Nurse will decide on who will be used in this role on a case by case basis).
- II. Initiation of CODE STROKE in an In-Patient Unit
- a. An in-patient Physician will activate CODE STROKE in an in-patient unit as follows:
 - i. Patients who suddenly exhibit signs of an acute stroke in the ICU:
 1. Primary Nurse immediately notifies the Intensivist, if available.
 2. If the Intensivist is not available, the Primary Nurse will STAT page the IOD.
 - ii. Patients who suddenly exhibit signs of an acute stroke in a unit other than ICU.
 1. Primary Nurse immediately activates the "Rapid Response" process, by dialing x6500.
 2. The ICU RN assesses the patient and contacts ISD or IOD.
 - iii. Responding physician (Intensivist, ISD, or IOD) immediately evaluates the patient (including time patient was last known to be well), may consult with the on-call Neurologist, and determine whether the patient is having a stroke and is a potential candidate for thrombolytic.
 - iv. If the responding physician determines that the patient is a potential candidate for thrombolytic therapy, (s) he immediately initiates the CODE STROKE protocol. (If the responding physician determines that the patient is either not having a stroke or is not a candidate for thrombolytics, then the responding physician decides on the appropriate interventions, treatments, and level of care for the patient, and the CODE STROKE protocol is NOT initiated.
 - v. The responding physician will document in Health Connect the reason(s) that the patient was excluded from the protocol).
 - b. **CODE STROKE in an In-Patient Unit Protocol**
 - i. Upon being notified of the CODE STROKE, members of the In-Patient CODE STROKE Response Team initiate their assigned duties as follows (Team members below are not listed in order of priority). All team members will simultaneously initiate their individual duties, provided there is a physician order, when required:
 1. RESPONDING PHYSICIAN
 - a. Initiates Neurology consult, documenting consult time in Progress Note.

Title:

Code Stroke Procedure

Policy #:

MCW 2375

Page 6 of 14

- b. Initiates orders, including a non-contrast CT scan of the head. (The responding physician's call-back number must be noted within the "order comments" field in Health Connect.)
 - c. Reviews test results. The goal is to have EKG, chest x-ray, lab tests, and head CT reviewed within 45 minutes from time of order. Documents time of CT scan reading.
 - d. Completes required Health Connect order sets, including order for t-PA (Alteplase), provided patient is a candidate for t-PA and does not meet any exclusion criteria. Must be transferred to Critical Care
 - e. Transfers patient to indicated level of care, if necessary, and communicates with accepting physician(s).
 - f. Notifies patient's family of change in condition
2. IN-PATIENT PRIMARY NURSE
- a. Immediately activates "CODE STROKE" process, by dialing x6500.
 - b. Contacts CT to notify them of patient's name and MRN.
 - c. Assesses patient immediately, including neuro checks and documents in Health Connect.
 - d. Begins Stroke Log (Healthconnect flowsheet 2028)
 - e. Ensures ICU Charge Nurse or House Supervisor has secured a critical care bed if indicated.
 - f. After STAT CT head completed and If Physician orders t-PA (Alteplase): Obtains patient's weight and notifies pharmacy immediately of:
 - i. Patient name and MRN.
 - ii. The preferred weight is an actual weight.
 - iii. If obtaining an actual weight will significantly delay tPA administration time, then a stated weight is acceptable.
 - iv. The actual or stated weight will be documented.
 - g. Ensures that responding physician has entered orders.
 - h. Ensures Lab Tech draws blood for STAT CODE STROKE lab panels.
 - i. Ensures EKG Tech or another staff member performs 12 lead EKG and hands to responding physician for interpretation.
 - j. Hands off patient to ICU Nurse.
3. HOSPITAL OPERATOR
- a. Pages In-Patient CODE STROKE Response Team members, as per CODE STROKE Emergency Panel Beepers Table (below) via long term beepers and announces three times via overhead intercom, "CODE STROKE."

Title: Code Stroke Procedure	Policy #: MCW 2375 Page 7 of 14
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CODE STROKE Emergency Panel Beepers

RESPONDER	CODE STROKE IN EMERGENCY DEPT	CODE STROKE IN IN-PATIENT UNIT
ISD or IOD*		x
ICU RN		x
TRANSPORTER		x
LAB TECH		x
CT TECH	x	x
PHARMACIST	x	x
HOUSE SUPERVISOR / DESIGNEE	x	x
TELENEUROLOGIST	x	
STROKE MEDICAL DIRECTOR	x	x
STROKE PROGRAM COORDINATOR	x	x

* In-Service Duty, Internist On duty

4. NEUROLOGIST

- a. Responds either in person or by phone to the responding physician within 15 minutes of being paged.
- b. Provides neurological consultation.

5. HOUSE SUPERVISOR/DESIGNEE:

- a. Reports to bedside of in-patient CODE STROKE patient.
- b. Secures an appropriate critical care bed by one of the following means:
 - i. Collaborates with the ICU Charge Nurse to secure a critical care bed at this facility.
 - ii. Prepares to secure a critical care bed at another facility, if needed.
- c. Collaborates with in-patient nursing staff to ensure adequate nurse resources at bedside to assist the Primary Nurse.
- d. Assists Primary Nurse with care, as needed.
- e. Completes Code Stroke Evaluation Form and submits to Stroke Program Coordinator.

6. ICU NURSE

- a. Assumes care of CODE STROKE patient.
- b. Ensures that patient is on cardiac monitoring and continuously monitors vital signs.
- c. Ensures two normal saline IV infusions, via two insertion sites, are in place, each infusing at TKO or as ordered. (CT scan and/or t-PA infusion should not be delayed while attempting second IV insertion. Second IV insertion may be delayed until after CT scan has been performed and may be attempted by a second nurse while t-PA infusion is being initiated, if necessary.
- d. Ensures CODE STROKE labs and EKG have been done.
- e. Accompanies patient to and from Radiology and remains with patient.

Title:

Code Stroke Procedure

Policy #:

MCW 2375

Page 8 of 14

- f. Completes bedside swallow screen (using Doc Flowsheet #973 in Health Connect), keeping patient NPO until swallow screen has been passed.
 - g. Follows up on all labs and tests that have been ordered, in an attempt to ensure that results are given promptly to the ordering physician.
 - h. Ensure 12 lead EKG done and hands to Physician for interpretation.
 - i. Notifies pharmacist as soon as t-PA order has been written and responding physician has confirmed nurse should begin administration. Obtain t-PA from pharmacist.
 - j. Administers t-PA (Alteplase) and initiates post t-PA monitoring. (See High Alert Medication Safety Practices Policy, referenced at the beginning of this policy).
 - k. Completes Stroke Log (Healthconnect flowsheet 2028)
 - l. Documents all treatments and interventions, including the patient's response, in the medical record (Health Connect).
7. LABORATORY TECHNICIAN
- a. Reports to bedside of CODE STROKE patient.
 - b. Draws blood for STAT CODE STROKE lab panels.
 - i. CBC w/ Platelets (1 lavender top tube)
 - ii. Blood Chemistries (2 green top tubes)
 - iii. PT/INR and APTT (1 blue top tube)
 - c. Places CODE STROKE blood tubes in purple CODE STROKE bag. (A note will accompany the bag with the words "MEDICAL EMERGENCY - CODE STROKE."). Blood tests available for review by MD within 45 minutes from time of order.
8. CT TECHNICIAN
- a. Prepares for STAT non-contrast CT scan of the head. Notifies nursing unit as soon as ready for patient.
 - b. Notifies Radiologist (or Tele-Radiology after hours) of pending CODE STROKE patient.
 - c. Completes STAT non-contrast CT scan of the head.
 - d. Immediately transmits completed scan to Radiologist (or Tele- Radiologist) for STAT interpretation.
9. RADIOLOGIST
- a. Reviews CODE STROKE STAT non-contrast CT scan of the head and calls the ordering physician with the wet reading interpretation.
 - b. Documents in Health Connect Image Report the time that the results were discussed with the ordering physician.
10. PHARMACIST
- a. Reviews STAT t-PA order (Alteplase) in Health Connect. Prepares t-PA according to HAMP Policy and Procedure.
 - b. Mixes t-PA and delivers to the bedside.

Title: Code Stroke Procedure	Policy #: MCW 2375 Page 9 of 14
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- c. During a Health Connect downtime, verbal orders will not be accepted unless given by the CODE STROKE Teleneurologist.
11. TRANSPORTATION AIDE
- a. Reports to the bedside to assist as needed.

Title: Code Stroke Procedure	Policy #: MCW 2375 Page 10 of 14
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Attachment A – Healthconnect Downtime Code Stroke Log



CODE STROKE LOG For Use During Healthconnect Downtime

Name: MR#:
 Date of Admission: Patient Location:

Last time known well (date/time):
 Onset of stroke symptoms (date/time):

Your Name (print):

ED Stroke	Comments	Response time
ED arrival time		
ED physician at bedside		
Stroke Team Activation		
Stroke Team Arrival		
a. (name)		
b. (name)		
c. (name)		
Orders(s)		
a. CT order/result		/
b. Lab order/result		/
c. EKG order/result		/
NIHSS time done/result		/
Swallow Screen: time done	O pass o fail, NPO	
Antiplatelet given: time done		
Neurologist notified		

Title: Code Stroke Procedure	Policy #: MCW 2375 Page 11 of 14
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Alteplase ordered		
Alteplase baseline VS/neuro's		
Alteplase administered: start time		
Alteplase VS QIS" during infusion		

Inpatient Stroke	Comments	Response time
Stroke team Activation		
Stroke Team Arrival		
a. (name)		
b. (name)		
c. (name)		
Order(s)		
a. CT order / result		/
b. Lab order / result		/
c. EKG order/ result		/
d. Other		/
NIHSS time done/result		/
Swallow Screen: time done	O pass o fail, NPO	
Antiplatelet given: time done		
Alteplase ordered		
Alteplase baseline VS/neuro's		
Alteplase administered: start time		
Alteplase VS QIS" during infusion		

Title:

Code Stroke Procedure

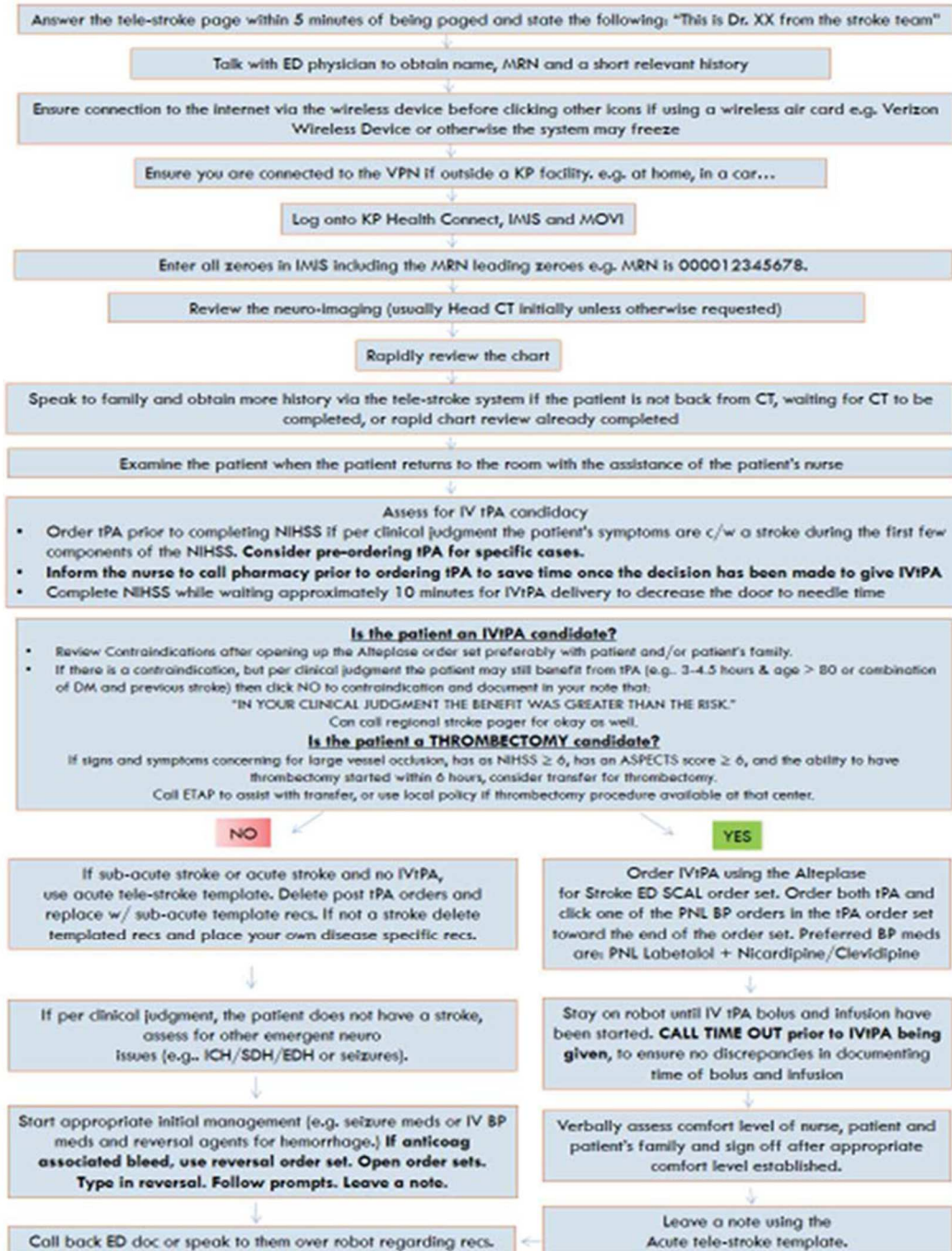
Policy #:

MCW 2375

Page 12 of 14

ATTACHMENT B

Tele-Neurologist Workflow



Title: Code Stroke Procedure	Policy #: MCW 2375 Page 13 of 14
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ATTACHMENT C

B.E.F.A.S.T CRITERIA

(B)ALANCE: Sudden changes in balance or coordination.

(E)YES: Vision changes: Does the patient have sudden vision loss or double vision.

(F)ACE: Facial droop: Does the face look uneven.

(A)RMS: Arm weakness: Sudden arm numbness or weakness.

(S)PEECH: Speech slurred: Sudden difficulty speaking or unable to speak clearly.

(T)IME: Make note of the time symptoms started.

Title: Code Stroke Procedure	Policy #: MCW 2375 Page 14 of 14
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ATTACHMENT D

ALTEPLASE (TPA) FOR ACUTE ISCHEMIC STROKE NURSING GUIDELINE

Order Guideline	YES	NO	N/A
ADMIT PATIENT TO ICU			
Imaging			
CT HEAD OR MRI BRAIN AT 24 HOURS AFTER ALTEPLASE			
Lab			
BLOOD GLUCOSE, SERUM ELECTROLYTE/RENAL FUNCTION TESTS, CBC INCLUDING PLATELETE COUNT, TROPONIN, INR, PTT			
Medications			
DO NOT GIVE HEPARIN PRODUCTS UNTIL REPEAT CT HEAD OR MRI BRAIN VERIFIES NO BLEED.			
DO NOT GIVE ANTICOAGULATION UNTIL REPEAT CT HEAD OR MRI BRAIN VERIFIES NO BLEED.			
DO NOT GIVE ANTIPLATELETS (ASPIRIN, AGGRENOX, PLAVIX) UNTIL REPEAT CT HEAD OR MRI BRAIN VERIFIES NO BLEED			
Nursing			
NEURO CHECKS: TIME 0 = START OF t-PA INFUSION. EVERY 15 MINUTES FOR 2 HOURS, THEN EVERY 30 MINUTES FOR 6 HOURS, THEN EVERY 1 HOUR FOR 16 HOURS. THEN PER ROUTINE, USE NIHSS DOC FLOWSHEET, or Complex Neuro check			
VITAL SIGNS: EVERY 15 MINUTES FOR 2 HOURS, EVERY 30 MINUTES FOR 6 HOURS, THEN EVERY 1 HOUR FOR 16 HOURS.			
NURSING RATIO 1:1 FOR FIRST 8 HOURS			
NOTIFY PHYSICIAN IF: SYSTOLIC BP GREATER THAN 180 OR LESS THAN 110, DIASTOLIC BP GREATER THAN 105 OR LESS THAN 60.			
NOTIFY PHYSICIAN IF WORSENING NEUROLOGIC EXAM			
NOTIFY PHYSICIAN IF PATIENT DEVELOPS SEVERE HEADACHE, NAUSEA OR VOMITING			
NPO FOR 12 HOURS POST ALTEPLASE REGARDLESS OF DIET ORDER; AFTER 12 HOURS IF PATIENT PASSES SWALLOW SCREEN MAY START DIET AS ORDERED			
BED REST UNTIL EVALUATED BY LOCAL NEUROLOGIST. HEAD OF BED KEPT FLAT FOR 24 HOURS UNLESS MD ORDER STATES OTHERWISE			
USE SCDS FOR DVT PROPHYLAXIS			