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Post Puncture Care

Introduction Proper post puncture care contributes to the overall satisfaction of the patient and should prevent bruising from occurring.

Scope This procedure is intended for any phlebotomist or health care worker who is certified to perform heelstick, fingerstick or venipuncture and is within the scope of practice.

Equipment

- Gauze
- Gloves
- Bandage
- Pressure bandage or Cohesive bandage [Coban] per local policy

Safety Precautions Refer to the Safety Manual for general safety requirements.

Policy

- Bandage the phlebotomy site per local policies and procedures.
- If the patient is able, instruct the patient to hold pressure on the phlebotomy site for 5-10 minutes. Do not bend the arm if blood is drawn from the anti cubital fossa area.
- Instruct the patient to remove the bandage after 30 minutes and not to carry heavy objects with that arm for one hour.
- If the patient is unable, bandage the site with a pressure bandage or Cohesive bandage [Coban], per local policies and inform nursing to remove the bandage after 30 minutes.
- Do not place a bandage on a child under 2 years of age unless a responsible adult is monitoring the child for a choking hazard.
- Instruct the patient to contact their provider if there is an unusual amount of bruising or significant pain occurs per local policy.

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Post Puncture Care, Continued

**Non-
Controlled
Documents**

- McCall and Tankersley, Phlebotomy Essentials, 5th Edition, Lipponcott, Williams and Wilkins, 2012. Chapter 8.
 - CLSI: Procedures and Devices for the Collection of Diagnostic Capillary Blood Specimens – Approved Standard – Sixth Edition, H04-A6, Volume 28 Number 25, September 2008.
 - CLSI: Procedures for the Collection of Diagnostic Specimens by Venipuncture– Approved Standard – Sixth Edition, H3-A6, Volume 27 Number 26, October 2007.
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**Controlled
Documents**

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Signature Manifest

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Review

Name/Signature	Title	Date	Meaning/Reason
Qiyamaa Portillo (K237031)	Assistant Director Operations	20 Mar 2020, 11:21:32 AM	Reviewed
Janice Wolf (K119893)	Director Operations Area Lab	03 Apr 2020, 12:20:14 PM	Reviewed