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Collection and Processing Specimens for Autologous Serum (AS) Tears

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## Collection and Processing Specimens for Autologous Serum Tears

Purpose	This procedure provides instructions for collection and processing of blood specimens for further manufacture into Autologous serum (AS) tears.		
Scope	This procedure is intended for SCPMG Laboratory Systems staff who oversee or are responsible for collection, processing, and packing specimens from Kaiser Permanente Southern California Medical Centers, Medical Office Buildings, and/or other locations in which patient specimens are obtained for Autologous serum tears.		
Policy	<ul> <li>Personnel who process, pack, and/or transport laboratory specimens shall have records for Universal (Standard) Precautions, PHI confidentiality in accordance with HIPAA guidelines.</li> <li>Protected Health Information (PHI) shall not be attached to the outside of the transport container (tote).</li> </ul>		
Safety	Refer to the safety manual for general safety requirements.		
Materials and Supplies	<ul> <li>Vital Tears Shipment Kit:</li> <li>Sleeves</li> <li>Biohazard Ziploc bag</li> <li>Foam cooler and shipping box</li> <li>Foam spacers</li> <li>2 Kodiakooler gel packs (require 48 hours to freeze solid)</li> </ul>		
Before you begin	Autologous serum (AS) tears or autologous serum eye drops (ASEDs) are customized drops made from a patient's own blood diluted in sterile saline or hyaluronic acid. Because serum is composed of a complex mix of growth factors, proteins, antioxidants and lipids, it is more akin to the components of human tears and may provide a more effective replacement than manufactured tears.		

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## **Collection and Processing Specimens for Autologous Serum**

Tears, Continued

Procedure

Step	Action
1	Verify orders:
	Laboratory orders for autologous tears are ordered in
	Kaiser Permanente Health Connect (KPHC)
	Autologous Serum Eyedrops 20% [227397]
	Autologous Serum Eyedrops 40% [254504]
	Autologous Serum Eyedrops 50% [266523]
	Autologous Serum Eyedrops 75% [266524]
	Autologous Serum Eyedrops 100% [254505]
	KPHC Order must be placed by physician or designee.
2	Specimen collection for autologous tear specimens is only
	performed at locally designated location (see appendix A)
	Specimens are collected Monday-Friday from 7:30 am to
	12:00 pm except where locally agreed upon arrangements
	with Ophthalmology Department are made.
3	Follow specimen collection skin preparation steps 1-5 prior to
	phlebotomy from the procedure for <i>Blood Culture – Skin</i>
	Preparation and Specimen Collection.
	• Use ChloraPrep <sup>®</sup> to cleanse the collection site.
	• Collect either 12 SST/GLD6 or 20 SST/GLD6 (depending
	on order placed) specimen tubes from patient, avoiding
	hemolysis.
	• All tubes must be full.
	• Cerner will print the required number of labels.
	• Complete Cerner resulting process for these orders.
	NOTE: Label should not cover expiration date or lot
	numbers on collection tube.
4	Send specimens in a biohazard bag to main laboratory or othe
	designated local location through pneumatic tube system
	(where available) for processing at the designated medical
	center laboratory.

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## **Collection and Processing Specimens for Autologous Serum**

### Tears, Continued

**Procedure**, continued

Step	Action
Follow t	he steps below for specimen processing
5	Upon specimen receipt in designated laboratory
	• Verify test requested and obtain a copy of the "Order
	Details" from KPHC Chart Review.
	NOTE: Order Details must be sent with samples to Vital
	Tears
6	Specimens must sit upright for 2-6 hours prior to centrifuge.
	(This allows for complete coagulation and clot retraction.)
	After appropriate elapsed time centrifuge specimen tubes for
	15-20 minutes at approximately 3000 RPM.
7	Place centrifuged collection tubes in a Vital Tears supplied
	"tube sleeve" and place sleeve in biohazard bag for shipping.
Follow t	he step below for <b>specimen sent-out</b>
8	Pack and Send specimens overnight using Vital Tears protoco
	for packing and shipping for processing into Autologous
	Serum Eye Drops.
	• Be sure to use the Vital Tears Transport Kit using Vital
	Tears supplied FedEx labeling.
	• Remember to use Vital Tears supplied Kodiakooler gel
	packs for shipping.
	• Do not use dry ice or freeze samples.
	Refer to Attachment B
9	Specimens can be shipped Monday through Friday.
	• Vital Tears does receive specimens on Saturdays. (Local
	agreements may limit to fewer available shipping days)
10	Package specimens for overnight shipment with copy of
	KPHC Order Details to:
	Vital Tears
	10560 N. Ambassador Drive, Suite 210,
	Kansas City, Missouri, 64153.
	For Questions Call: 800-360-9592.
	• Ask for any Vital Tears Client Services Staff Member. Website: www.vitaltears.org

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# Collection and Processing Specimens for Autologous Serum Tears, Continued

Controlled Documents	The following controlled documents support this policy.		
	Blood Culture – Skin Preparation and Specimen Collection		
	Attachment A: Collection Sites for Autologous Serum Tears		
	Attachment B: Packing and Shipping Instructions		
Authors	PreAnalytical Processing Working Group		

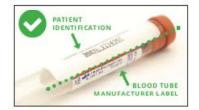
### Attachment A: Collection Sites for Autologous Serum Tears

Medical Area	Collection Location
Antelope Valley	Antelope Valley Medical Offices (AVMO)
Baldwin Park	Baldwin Park Medical Center - Laboratory
Downey	Downey Medical Center Laboratory
Fontana	Fontana Medical Center Lab
Kern County	Stockdale Lab
Los Angeles Medical Center	1515 Vermont
Los Angeles Medical Center	4700 Sunset
Los Angeles Medical Center	4900 Sunset
Los Angeles Medical Center	4950 Sunset
Ontario	Ontario Medical Center Laboratory
Orange County - Anaheim	Kraemer II MOB
Orange County - Irvine	Irvine Lab
Panorama City	Santa Clarita MOB 2 Lab
Panorama City	MO3 Lab at Panorama City
Riverside	Riverside Laboratory
Riverside	Murrieta MOB Laboratory
San Diego	Clairemont Mesa Medical Center
South Bay	Normandie North
West Los Angeles	West Los Angeles Laboratory
Woodland Hills	Woodland Hills Medical Center Lab

Kaiser Permanente Medical Care Program California Division - South SCPMG Laboratory Systems PreAnalytic Processing Procedure

## Attachment B: Packing and Shipping Instructions for Autologous Serum Tears

#### PRIOR TO SHIPPING, ENSURE THAT YOU:



Position your patient identification label on the tube so as **not to cover the lot number and expiration date** on the manufacturer's label.



Package the blood tubes into the sleeves then **seal them** in the biohazard Ziploc bag. Place a foam spacer **under and over** the bagged tubes. This entire unit goes into the bottom of the cooler.



Place 2 FROZEN Kodiakooler gel packs on top of the foam spacer before closing the cooler.



Place the KPHC Detail Order page on top of foam lid. Prepare the kit for shipping. Set up shipping for overnight delivery.

- If you DO NOT have a regularly established daily FedEx pickup time, please contact our Client Services Department at (800) 360-9592 or info@vitaltears.org ASAP to schedule a FedEx pickup.
- If you DO have a regularly established daily FedEx pickup time, please ensure the necessary steps are taken to meet the pickup deadline.
- If a package is not picked up on time for overnight delivery, please contact Vital Tears as soon as possible.

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#### Signature Manifest

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All dates and times are in Pacific Standard Time.

#### **Preanalytic Regional Docs**

#### Initial Approval

Name/Signature	Title	Date	Meaning/Reason
Jay Raymund Castaneto (K258559)	Assistant Lab Director	08 Dec 2022, 11:19:09 AM	Approved

#### **Operations Director Approval**

Name/Signature	Title	Date	Meaning/Reason
Janice Wolf (K119893)	Director Operations Area Lab	19 Dec 2022, 03:00:19 PM	Approved

#### **Medical Director Approval**

Name/Signature	Title	Date	Meaning/Reason
Sony Wirio (A478893)	Pathologist, Medical Director	26 Dec 2022, 07:07:08 PM	Approved