
URINALYSIS PROTOCOL FOR ANALYZING BLOODY SPECIMENS

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Principle

When a moderately bloody urine sample is received in Urinalysis, the specimen needs to be manually processed, because the blood will cause color interference with the Siemens Multistix reagent strip. Addition of 3% acetic acid at the time of microscopy will cause lysis of the red cells, allowing better visualization of yeast and helping in the differentiation of white cells from renal tubular epithelial cells.

Specimen Collection and Handling

Fresh, well-mixed, uncentrifuged urine. It is recommended that testing be done within one hour after voiding. Otherwise immediately refrigerate the specimen and return to room temperature before testing.

Reagents

Bayer Multistix 10 SG (#2161)

3% Acetic Acid—

In a 100 ml volumetric flask, add 3.0 ml of 100% Glacial Acetic Acid to 50 ml of deionized H₂O. Mix well (do not shake), once mixed QS to 100 ml with deionized H₂O. Using glass dropper bottles make 2-3 aliquots. Label aliquot bottles. Dispose of remaining 3% Acetic Acid. Store aliquots at room temperature. **Stable for 10 years**

Quality Control

Kova-Trol Normal and Abnormal

Procedure

1. Centrifuge the urine specimen
 - a. If the supernatant is yellow or dark yellow, then process the specimen on the Clinitek 500.
 - b. If the supernatant remains red, then dip the specimen by hand using Bayer Multistix. Do not run on the Clinitek 500 or IRICELL System.
 - i. Report out the color, clarity and readable Multistix reactions. Note “color interference” or @1COL in SOFT, for any non readable tests.
 - ii. Perform and report the following:
Specific Gravity by refractometer
Confirmatory test: SSA
2. Perform a manual microscopic exam of sediment
Place one drop of urine sediment and one drop of 3% acetic acid on slide, cover with cover slip and read.

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Reportable Range

See Respective procedures for reportable ranges.

Reference Range

Specific Gravity	1.005-1.030
Nitrite	Negative
pH	5.0-8.0
Protein	Negative
Glucose	Negative
Ketones	Negative
Urobilinogen	<2.0 EU/dl
Bilirubin	Negative
Heme	Negative
Microscopic examination of sediment WBC RBC Hyaline Casts	 0-2 cells/hpf 0-2 cells/hpf 0-2 casts/lpf
Confirmatory Tests (if dipstick is positive) Qual. Protein Ictotest	 Negative Negative
Specific Gravity	1.005-1.030

Interfering Substances

Bloody specimens will cause color interference with the Bayer Multistix reagent strip.

References

Authorized Reviewers

Section Medical or Technical Director

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TITLE

Elizabeth Sykes, MD	10/24/2017			
Peter Millward, MD	9/25/2018			
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