

Blood Bank Huddle Notes

5/25/2023

Please make sure you sign off in the Huddle Note Binder located on the Triage work bench or click the download and read box on MTS.

1. Emergency Response

- Effective Friday, May 26, Corewell Health East is discontinuing the Emergency Response Policy. The temporary policy was implemented in 2020 at the beginning of the COVID-19 pandemic and has been continuously modified to fit the needs of the organization throughout the pandemic. The U.S. Department of Health & Human Services declared an end to the nationwide Public Health Emergency on May 11.
 - Team members no longer need to complete the daily **Clear for Work** assessment.
 - When ill, follow pre-pandemic department call-in procedures.
 - COVID-19 related illness or vaccine side effects for you and your dependents will be treated as any other illness under the **Attendance Policy**.
 - PTO must be used for all scheduled and unscheduled absences.

2. Pay Date Change for all Team Members

- With the retirement of the PeopleSoft system, we will be aligning to one, bi-weekly pay cycle. This means that **every team member** at Corewell Health East will transition to a new pay cycle in July-

3. MTS (Medtraining.org)

- There are currently 17 readings that need to be completed. If you are missing any assignments and feel that they should have been assigned to you, please let me know so I can assign them to you in the system.
 - Centrifuge RPM Check
 - General Transfusion Medicine Policies
 - Handling Dry Ice for Tissue Transport
 - Huddle Notes 5.19.23
 - Issue of Tissue Products
 - Lab Schedule Changes and Time Exception Sheets
 - Lab Scheduling of Vacations/PTO in advance
 - Lab Tardiness / Illness notification
 - Transfusion Related Fatalities
 - Ortho Vision QC
 - Receipt of Tissue
 - Resolution of ABO Discrepancies for A subgroup
 - Transfer of Blood to Outside Facilities
 - Triaging and Identifying Acceptable Samples
 - Variance Reporting
 - Weighing Blood Products

5. Mindfulness - a mental state achieved by focusing one's awareness on the present moment, while [calmly acknowledging](#) and accepting one's feelings, thoughts, and bodily [sensations](#).

Websites	Description
Beaumont.org/Mindfulness	The Beaumont Center for Mindfulness offers a variety of classes and other practice opportunities.
mindful.org	Personal stories, news-you-can-use, practical advice, and insights that speak to anyone looking for guidance. Also a monthly magazine!
marc.ucla.edu	Mindful Awareness Research Center. Free Guided Meditations.
CenterforMSC.org	Center for Mindful Self-Compassion. Learn, practice and experience Mindful Self-Compassion. Self-compassion is a practice of goodwill, not good feelings.
umassmed.edu/cfm	Mindfulness courses, research, education, and community from the founding institution of MBSR. University of Massachusetts Center for Mindfulness.

6. Resiliency

- Resilience is the quality that allows us to endure trauma, tragedy, or loss, yet gain strength from our circumstances.
- Psychologists have identified several traits that many resilient people have in common: a positive attitude;
 - optimism;
 - the ability to regulate emotions; and
 - the ability to see failure as a helpful form of feedback.

Here are some tips to help you boost resiliency:

1. Make connections – feeling linked to others through mutual support.
2. Avoid viewing temporary crises as insurmountable problems; the way we respond determines the magnitude of the stressor.
3. Accept that change is part of living.
4. Move toward your goals. Develop realistic goals and do something regularly, even if it seems insignificant. Small actions create big changes.
5. Take decisive action. Act on adverse circumstances as much as possible; they are more empowering than fleeing.
6. Look for opportunities for self-discovery. Often, in the midst of tragedy, people report an improved sense of self, better relationships, and greater appreciation for life.
7. Nurture a positive view of yourself, trusting in your abilities and instincts builds resilience.
8. Maintain perspective. Even in the wake of a tragic, stressful circumstance, focus on the broader picture.
9. Maintain a positive outlook. Try envisioning what you want vs. envisioning what you fear.
10. Take care of yourself by engaging in activities you enjoy and find relaxing.