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### Histology Special Stain - Gallyas - Royal Oak

Document Type: Procedure

Status (Active) PolicyStat ID (12589858

# **I. PURPOSE AND OBJECTIVE:**

The purpose of this document is to provide a procedure for the demonstration of neurofibrillary tangles and thread-like nerve cell processes present in patients with Alzheimer's disease.

# **II. PRINCIPLE:**

Sections are oxidized in a 5% solution of periodic acid and impregnated with alkaline iodide silver nitrate. Next, they are rinsed in a dilute solution of acetic acid before being placed in the developer.

# **III. SPECIMEN COLLECTION AND HANDLING:**

- A. Fixation
  - 1. Any well-fixed tissue.
  - 2. 10% neutral buffered formalin preferred.
  - 3. Avoid mercuric fixatives
- B. Processing
  - 1. Standard processing.
- C. Section Thickness
  - 1. Routine specimens-8-10µm.
- D. Slide Drying
  - 1. 60 minutes at 60°C.

E. Type of slide

1. Plain slides

### **IV. REAGENTS:**

A. 5% Periodic Acid

Periodic Acid 50.0 gm Distilled Water 1000.0 mL

Dissolve together. Store at room temperature. Stable for 1 year.

#### B. 1% Silver Nitrate

Silver Nitrate	5.0 gm
Distilled Water	500.0 mL

Dissolve together. Refrigerate. Stable for 6 months.

#### C. Alkaline lodide

Sodium Hydroxide	20.0 gm
Potassium lodide	50.0 gm
1% Silver Nitrate	18.0 mL

Add Silver Nitrate drop by drop while stirring. Dilute to 500 mL with distilled water.

### D. Developer Stock A

Anhydro	us Sodium C	arbonate	5.0 am
Distilled	Water		100.0 mL
Dissolve together.	Refrigerate.	Stable for	1 year.

#### E. Developer Stock B

Ammonium Nitrate	0.19 gm
Silver Nitrate	0.20 gm
Tungstosilicic Acid	1.00 gm
Distilled water	100.00 mL
Dissolve together. Refrigerate.	Stable for 1 year.

### F. Developer Stock C

Ammonium Nitrate	0.19 gm
Silver Nitrate	0.20 gm
Tungstosilicic Acid	1.00 gm
Distilled Water	100.00 mL
37% Formaldehyde	0.65 mL

nL (13 drops in 50 mL; 26 drops in 100 mL)

Dissolve together. Refrigerate. Good for 1 year.

\*You can make double of Developer Stock B, measure out half and add formaldehyde to it to make developer Stock C.

#### G. Working Developer Solution (Prepare 10-15 minutes before use)

Developer Stock A	20.0 mL
Developer Stock B	8.0 mL
Developer Stock C	12.0 mL

- 1. VERY SLOWLY add solution "B" to solution "A" while stirring.
- 2. VERY SLOWLY add solution "C".
- 3. Stir constantly for 10-15 minutes before use.

### H. 0.5% Acetic Acid

Acetic Acid 1.0 mL

Mix well. Store at room temperature. Stable for 6 months.

1. Stock Cresyl Echt Violet (this is the same solution used in the CEV staining procedure)

Cresyl echt violet (cresyl violet acetate	) 0.50 g
Sodium acetate	0.18 g
Distilled water	500.00 mL
Acetic acid, concentrated	1.50 ml

- 1. Dissolve cresyl echt violet and sodium acetate in distilled water.
- 2. Slowly add acetic acid, drop by drop, to solution to reach a pH of 3.5.
  - a. If solution pH is below 3.5, add more sodium acetate.
  - b. If solution pH is above 3.5, add more acetic acid.
- 3. Filter.
- 4. Let stand overnight before using.
- 5. Store at room temperature.
- 6. Stable for months.
- 7. May be reused until weak.

## **V. EQUIPMENT:**

- A. Balance
- B. 37°C oven

### VI. SUPPLIES:

- A. Erlenmeyer flasks
- B. Graduated cylinders
- C. Acid clean coplin jars
- D. Non-metal forceps

# **VII. QUALITY CONTROL:**

Use a section of brain medulla or peripheral nerve as a positive control.

# **VIII. SPECIAL SAFETY PRECAUTIONS:**

- A. Periodic Acid
  - 1. Is a strong oxidizer.
  - 2. Store separately from all other chemicals.
- B. Sodium Hydroxide

- 1. May cause severe skin and eye burns.
- 2. Harmful if inhaled.
- C. Potassium lodide
  - 1. Is an irritant.
- D. Silver Nitrate
  - 1. Is harmful if inhaled.
- E. Sodium Carbonate
  - 1. Is an irritant.
- F. Ammonium Nitrate
  - 1. Is an oxidizer and an irritant.
- G. Formaldehyde
  - 1. Is a poison.
  - 2. May be fatal or cause blindness if swallowed.
  - 3. Cannot be made non-poisonous.
  - 4. Possible cancer hazard.
  - 5. Irritating to eyes, skin and respiratory tract.
  - 6. Can cause severe eye burns.
- H. Tungstosilicic Acid
  - 1. May cause skin and eye burns.
  - 2. Irritating to respiratory tract.
- I. Acetic Acid
  - 1. Is an acid.
  - 2. Add drop by drop to water.
  - 3. May cause skin and eye burns.
- J. Cresyl Echt Violet
  - 1. Is an irritant

## **IX. PROCEDURE:**

Step	Action	Time	Notes
1	Deparaffinize and hydrate slides through graded alcohol to distilled water.		
2	Place in 5% periodic acid.	5 minutes	Begin making developer at this time, let it stir for at least 15 minutes before using.

3	Wash in distilled water.	5 minutes	
4	Place slides in alkaline iodide solution.	5 minutes	
5	Wash slides in several changes of 0.5% acetic acid.		
6	Place slides in developer at room temperature.	5 to 10 minutes (8 minutes appears to be optimal)	This solution should be constantly in motion using the shaker/rotating plate with the dial set to the half-way point.
7	Wash slides in 0.5% acetic acid.	5 minutes	
8	Wash in several changes of distilled water.		
9	Counterstain slides in stock cresyl echt violet	30 seconds	
10	Rinse in distilled water.		
11	Dehydrate through graded alcohols.		
12	Clear in two changes of xylene.		
13	Coverslip.		

# **X. LIMITATIONS:**

Use acid-cleaned coplin jars and non-metal forceps or a dirty background may appear.

## **XI. RESULTS:**

- A. Neurofibrillary tangles black
- B. Senile plaques black
- C. Neuropil threads black
- D. Background purple

# **XII. REFERENCES:**

A. Bancroft, John D.; Stevens, Alan; Theory and Practice of Histological Techniques, pp 355-356.

### **Approval Signatures**

### Step Description

Approver

Date

Medical Director	Kurt Bernacki: System Med Dir, Surgical Path	11/2/2022
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### Applicability

Royal Oak

