

## **PLACENTA - TWIN**

RA.SP.PR.GR.PL.02.r02

### **I. Purpose**

To provide a procedure for the gross examination of a twin placenta.

### **II. Principle**

To take histologic sections to demonstrate the pathologic process so that a diagnosis can be made microscopically by a Pathologist.

### **III. Equipment**

1. Ruler
2. Forceps
3. Scalpel
4. Scissors
5. Large knife

### **IV. Special Safety Precautions**

1. PPE should be worn.
2. 10% **FORMALIN** is a known carcinogen.

### **V. Supplies and Reagents**

1. 10% **NEUTRAL BUFFERED FORMALIN** (pH range 6.9-7.2)

### **VI. Quality Control**

All remaining tissue should be retained in accordance with CAP requirements.

### **VII. Limitations/Notes**

The following may influence the validity of test results:

1. If chromosome analysis is requested, the specimen must be sent to cytology in the fresh state.
2. The specimen should be fixed in formalin.

## PLACENTA - TWIN

### VIII. Procedure

1. The specimen will arrive fresh.
2. Before adding formalin to the specimen, make sure that cytogenetic testing is not required.
3. Determine whether the twin placenta is fused or non-fused (separate).
4. The specimen will have an attached umbilical cord clamp or clamps designating placenta A and placenta B. If neither placenta has been designated, the designation of placenta A and placenta B should be made arbitrarily.
5. Locate a dividing septum (not present in monochorionic/monoamniotic) and its insertion point.
6. If possible, for each twin locate the point of rupture of the extraplacental membranes and measure the distance from the point of rupture to the nearest edge of the placental disc (cm.). If the membranes are torn, the point of membrane rupture cannot be identified.
7. Examine the extraplacental membranes and the membrane insertion for each side of the disc or each separate disc. Check for thickened areas that may represent a fetus papyraceous.
8. For the extraplacental membranes of each twin, create a membrane roll by cutting a strip of membrane and rolling the strip inward from the point of rupture toward the edge of the disk. Once the roll is adjacent to the edge of the disk, cut the roll away from the placenta (may include a portion of the edge of the disc). Take a 0.3 cm thick perpendicular section through the roll.
9. Create a membrane roll of the dividing septum and its insertion point.
10. After the sections of the membrane rolls have been taken, trim the remaining extraplacental membranes from the edge of the placental disc(s).
11. Measure the attached umbilical cords (2 dimensions – cm.) and examine them, making sure to include color, if they are intact, coiling, and presence of true or false knots.
  - Count the approximate number of coils per 10 cm and include in dictation. For reference, normal coiling is 1-3 coils per 10 cm.
  - If true knots are present, all knots should be assessed for evidence of tightness and circulatory compromise. All knots should be UNTIED/ UNKNOTTED at the time of grossing so the involved segment of cord can be properly and thoroughly evaluated. Look for evidence of compression, indentation, grooving, loss of Wharton's jelly, stricture, and (most importantly) thrombosis. Assess the diameter and color of the cord on both sides of the knot, looking for evidence of congestion distal to the knot. These features or lack thereof, should be mentioned in the gross. A section should be taken through the area of knotting to be assessed for histologic evidence of the above.
12. Describe the type of umbilical cord insertion for each cord and measure the distance from the insertion point of each to the nearest edge of the disc (cm.).
13. If the twin placenta is fused, measure the distance between each umbilical cord insertion site. Mention the presence/absence of vascular anastomoses.
14. Remove the umbilical cords from the disc by cutting them 1 cm above the cord insertion site.
15. Serially section the umbilical cords and determine how many vessels are present.

*Printed copies of this document are not considered up-to-date. Please verify current version date with online document.*

## PLACENTA - TWIN

16. If an additional portion or portions of umbilical cord is/are loose within the container, measure and describe it/them.
17. Weigh and measure the placental disc or discs without the attached extraplacental membranes and umbilical cords.
18. Examine and describe the fetal surfaces. Note any lesions that are present.
19. Examine and describe the maternal surface(s). Note any areas where the cotyledons are disrupted.
20. Serially section the placenta(s) from the maternal side and examine the parenchyma. Describe and measure (cm.) any areas of abnormality that are present. If the abnormality is diffuse, estimate a percentage of the parenchyma that is involved. Also describe the location of the abnormality and whether or not it involves the fetal surface or the maternal surface.
21. Describe any blood clot that is either loose within the container or adherent to the maternal surface.
22. If the blood clot is adherent to the maternal surface, describe whether or not it compresses the parenchyma and measure the thickness of the blood clot (cm.).
23. Describe any loose placental parenchyma that is present.
24. It is recommended that the following format for dictation be utilized:  
Received fresh, labeled with the patient's name, and indicated to be "placenta" is a (fused/non-fused) twin placenta that trimmed of the umbilical cord and extra-placental membranes weighs \_\_\_ grams and measures \_\_\_x\_\_\_x\_\_\_ cm. (If two discs are present, weigh and measure each disc, separately.) Umbilical cord A is (color), has approximately \_\_\_ coils per 10 cm, an (intact/disrupted) surface, (two/three) vessels, and measures \_\_\_ cm in length with a diameter of \_\_\_ cm. Umbilical cord A inserts (central/paramarginal/marginal/eccentric/ velamentous/furcate), is \_\_\_ cm from the nearest edge, and there (are/is a) (no gross lesions noted/false knot/true knot). Umbilical cord B is (color), has approximately \_\_\_ coils per 10 cm, an (intact/disrupted) surface, (two/three) vessels, and measures \_\_\_ cm in length with a diameter of \_\_\_ cm. Umbilical cord B inserts (central/paramarginal/ marginal/eccentric/velamentous/furcate), is \_\_\_ cm from the nearest edge, and there (are/is a) (no gross lesions noted/false knot/true knot). (Separate in the container is an additional segment or segments of umbilical cord that measure \_\_\_x\_\_\_ cm (and \_\_\_x\_\_\_ cm).) The extra-placental membranes are (color, opacity) and (insert at the margin/\_\_\_ % circummarginate/ circumvallate with a rim to \_\_\_ cm). For placenta A, the point of membrane rupture is (\_\_\_ cm from the edge of the placental disc/cannot be determined). For placenta B, the point of membrane rupture is (\_\_\_ cm from the edge of the placental disc/cannot be determined). The maternal surface(s) is/are lobulated, spongy, (color) and the cotyledons appear (intact/focally disrupted). (There is a (small/large) amount of loosely attached (densely adherent) blood clot located at the (location) that measures \_\_\_x\_\_\_x\_\_\_ cm which does/does not indent the maternal surface). The placental disc(s) is/are serially sectioned revealing (beefy red/pale) parenchyma with (no discrete/single/multiple/firm/ soft circumscribed/ill-defined/location/color) lesions measuring \_\_\_x\_\_\_ cm). (Other abnormalities noted on gross examination include: succenturiate lobe, marked subchorionic fibrin, detached clotted blood in the container/ detached placental parenchyma in the container measuring \_\_\_x\_\_\_x\_\_\_ cm).

*Printed copies of this document are not considered up-to-date. Please verify current version date with online document.*

## **PLACENTA - TWIN**

**25.** Representative sections should be submitted as follows:

1: Dividing septum and its insertion point

Placenta A:

2: Cross-section of cord, 2 cm above cord insertion & a full thickness section of disc taken near cord insertion

3: Cross-section of cord at fetal end & a full thickness section of disc, half-way between cord insertion and margin

4: A membrane roll

5: Maternal slivers

6: Any gross lesions or gross abnormalities that are mentioned in the dictation.

Placenta B same as above.

**26.** The cassettes should be loaded on the appropriate large tissue processor to allow for proper fixation.

*Printed copies of this document are not considered up-to-date. Please verify current version date with online document.*

## PLACENTA - TWIN

### IX. References

1. College of American Pathologists, Cancer Protocols and Checklists, Colon and Rectum (revised July 2008).
2. Hruban RH, Westra, WH, Phelps, PH, & Isacson, C: Surgical Pathology Dissection An Illustrated Guide, New York, NY, Springer-Verlag Inc., 1996.
3. Lester, SC: Manual of Surgical Pathology, New York, NY, Churchill Livingstone, 2001.
4. Parfitt, JR, Driman, DK: The total mesorectal excision specimen for rectal cancer: a review of its pathological assessment. Journal of Clinical Pathology 2007; 60:849-855.

### X. Authorized Reviewers

1. Medical Director, Anatomic Pathology
2. Chief, Surgical Pathology

### XI. Document Control

**Location of Master:** Master electronic file stored on the Beaumont Laboratory server under S:\AP\_Grossing\_Manual

**Number of Controlled Copies posted for educational purposes:** 0

**Number of circulating Controlled Copies:** 1

**Location of circulating Controlled Copies:** Master Grossing Manual located in Surgical Pathology

*Printed copies of this document are not considered up-to-date. Please verify current version date with online document.*

## Document History

***Printed copies of this document are not considered up-to-date. Please verify current version date with online document.***