

COLLECTION OF SPECIMEN FOR SEMEN ANALYSIS

1. Collection of semen for fertility or post vasectomy will be accepted from 8:00 a.m. to 12:00 p.m. Monday through Saturday. This test requires special staffing, so we ask that you schedule your appointment.
2. Upon arrival in the laboratory, you will receive a labeled plastic container and a worksheet. Please fill in the sections numbered I,II,III and IV. In section I, check one of the following:
 - a. Infertility Evaluation, if this test is being done in regard to having a family.
 - b. Post-vasectomy, if this test is being done following a vasectomy.
 - c. If any other surgery or injury in this region has occurred, explain this under "other".
3. It is recommended that a semen sample be collected following at least 48 hours of abstinence (no ejaculation). We recommend 2 to 7 days.
4. The most satisfactory specimen is collected in the lab by masturbation. Do not contaminate the specimen with any lubricant, soap or condoms.
5. A complete sample collection is essential for an accurate study.
6. Return the worksheet to the receptionist in the Laboratory.
7. If you have any questions or problems, feel free to speak to our Pathologist (Dr. in the Lab). The receptionist will direct you to his office.
8. The results of this test should be available to your physician at the end of next working day, if cultures of the semen were not ordered.
9. If the sample is collected outside the Lab, the specimen must be collected into the plastic container provided by the Lab. The container must be brought to the Lab within 30 minutes of collection. Keep the container as close to body temperature as possible by carrying the sample under your coat. Please come directly to the lab with the specimen before registering.

COLLECTION OF SPECIMEN FOR SEMEN CULTURE

1. Please read information on the opposite side of these directions.
2. You will be provided a sterile container for your semen collection. Do not open the container until steps 1-8 have been completed. Do not touch the inside of the container. **If you need a lubricant, do not use saliva. A sterile lubricant is available at the Customer Service Desk for Culture collection.**
3. Urinate into the toilet.
4. Wash your hands with soap and water.
5. **Wash penis with the soap towelettes provided to you by the Lab employees.** Dispose of the towelettes into the garbage can.
6. Do not touch surfaces with your hands. Use paper towels to turn on the water.
7. Rinse away the soap with water and disposable towels found in the restroom.
8. Dry your hands and penis with a disposable towel from the restroom dispenser.
9. Ejaculate into the container, making sure that the entire specimen is in the sterile container
10. Replace the lid.
11. Place the labeled sample in the turn style and report to the reception desk before leaving the lab.

