

## How you can help prevent C.diff Infections from spreading

- Clostridium difficile (C.diff) is an infection that causes watery diarrhea
- C.diff causes longer hospital stays and in some cases can lead to death
- It is spread by coming in contact with the germs and then ingesting those germs
- You do not have to touch the patient to pick-up this germ. It can be easily spread by only touching the contaminated patient environment.
- It can live on surfaces for months
- The best way to prevent spreading this infection is by cleaning your hands each and every time you enter or exit a patient room. No exceptions.
- When a patient is in isolation, you MUST wear the PPE displayed on the sign whenever you enter the room past the safe zone (gown must be tied behind your back)
- Do not wear PPE outside of patient rooms