

SERVICE UPDATE

CAMPUS AFFECTED: Methodist, Pekin, Proctor			
AFFECTS PATIENT CARE Please update Providers and Staff			
TEST NAME: N/A		DATE OF CHANGE: 12/15/2017	
REPLACING:			
SPECIMEN TYPE:			
ORDERING CODES:	EPIC:		NEW:
	SQ:		NEW:
OTHER USEFUL INFORMATION:			

Changes for Fasting Lab Guidelines:

Current patient guidelines for fasting lab draws at Methodist and Proctor state that caffeine is okay to have prior to testing. According to the American Association for Clinical Chemistry, caffeine should not be consumed prior to laboratory work, as it may affect results of certain analytes.

Going forward, fasting instructions for lab work will state that only water is allowed (and medication as allowed by the ordering physician).

General requirements for fasting laboratory work include the following:

1. Blood should be drawn as close as possible to the times of 7am-9am
2. Fasting should last 12 hours (only water during this time)
3. Avoid alcohol for 24 hours prior to lab work
4. Patients should avoid nicotine products the morning of fasting blood work

For further Information Refer to UnityPoint Methodist Laboratory User Manual

For Technical Information Contact:

For Scientific and Clinical Information Contact:

Proctor Lab (309) 691-1060

Pekin Hospital Lab (309) 353-0737

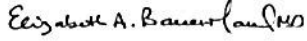
Methodist Lab (309) 672-4911

Dana A Spears, Regional Director of Laboratories 309-672-4930



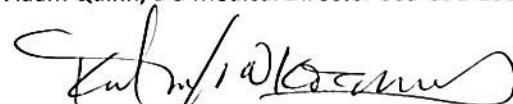
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