

History of Presenting Complaint

2/52 ago on Saturday 16/11 went for Yarra trail and bush walking, then started feeling well the following day on Sunday with fevers, lethargy, self-medicated with paracetamol

Managed to go to work the next few days, then started feeling worse on last Friday

Mild dry cough in last 4/7 or so, no runny nose/sore throat

Some occasional night sweats, some chills but not convincing for rigors

Dark urine last week, but now more yellow in colour as able to tolerate oral fluids better this week, no dysuria/frequency

No obvious abdominal pain, no diarrhoea/constipation

Some myalgia, no arthralgia

Headache started with initial fevers, bitemporal area, no associated photophobia/neck stiffness

Went to see GP on Monday - told that it was viral like illness and would need 1 week to recover

Ongoing fevers, so represented to GP again yesterday who prescribed PO amoxicillin 500mg TDS

Developed new rash with itch yesterday after taking 4x doses of PO Abx - started over L) shoulder area then radiated to upper limbs, torso/back, also noted rash on feet; reports that rash has mostly resolved now

Presented to ED today due to concerns of this new rash with fevers

Recorded temperature 39.3 in ED triage, now subsided to 38

Systems Review

No significant PMHx

NKDA

Social Hx:

Originally from Netherlands, works as social worker

Moved to Melbourne 5 months ago to spend time with girlfriend who is from Melbourne

Currently working as teaching aide in special needs school - exposed to children with poor hygiene

Immunisations likely UTD as per pt

Previous smoker - quit 2 months ago

Occasional ETOH - can drink 1x bottle wine per week, heavier drinker as student

Illicit drug use - has used cocaine, ecstasy, GHB, most recently smoked marijuana 4 weeks ago

Unprotected sex with girlfriend, no other sexual partners

No recent overseas travel since moving from Netherlands - stopped over in Bangladesh airport from Netherlands to Melbourne

Haematology		29-11-2019 18:53
FBE		
<input type="checkbox"/> Hb		137
<input type="checkbox"/> WBC		4.95
<input type="checkbox"/> Platelets		114
<input type="checkbox"/> Hct		0.39
<input type="checkbox"/> MCV		90
<input type="checkbox"/> MCH		31.6
<input type="checkbox"/> MCHC		350
<input type="checkbox"/> RBC		4.35
<input type="checkbox"/> RDW		12.8
<input type="checkbox"/> Neutrophils		1.78
<input type="checkbox"/> Lymphocytes		2.53
<input type="checkbox"/> Monocytes		0.59
<input type="checkbox"/> Eosinophils		0.01
<input type="checkbox"/> Basophils		0.05
Morphology		* Comment
Miscellaneous Haem		
IM. Screen		Positive
IM. Interp		IM. Interp

Biochemistry		29-11-2019 18:53
Routine Biochem		
<input type="checkbox"/> Sodium		134
<input type="checkbox"/> Potassium		3.8
<input type="checkbox"/> Chloride		103
<input type="checkbox"/> Bicarbonate		24
<input type="checkbox"/> Urea		5.0
<input type="checkbox"/> Creatinine		74
<input type="checkbox"/> eGFR		>90
<input type="checkbox"/> Glucose Level		6.4
<input type="checkbox"/> Calcium		2.23
<input type="checkbox"/> Calcium Corrected		2.34
<input type="checkbox"/> Magnesium Level		0.79
<input type="checkbox"/> Phosphate Level		0.84
LFT / gastro		
<input type="checkbox"/> Total Protein		65
<input type="checkbox"/> Albumin		34
<input type="checkbox"/> Globulin		31
<input type="checkbox"/> Bilirubin		72
<input type="checkbox"/> ALT		320
<input type="checkbox"/> GGT		348
<input type="checkbox"/> ALP		338
<input type="checkbox"/> Lipase		16
Proteins & Immunoglobulins		
<input checked="" type="checkbox"/> CRP		40

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1.) (Medium Importance) Result Comment by SYSTEM on 30 November, 2019 09:03
 Comments : Red cells appear normal. White cells show a neutropenia with a small number of reactive lymphocytes and smear cells. Thrombocytopenia. Note positive infectious mononucleosis screen.

New admit overnight with 2/52 intermittent fevers - in keeping with EBV/CMV infectious mononucleosis
 26M usually well