

Disturbances of Acid Base Equilibrium: Summary

Respiratory Acidosis

Occurs when CO₂ is poorly exchanged by the lungs due to inadequate ventilation or perfusion

1. Clinical Findings: ↓ pH ↑ pCO₂ ↑ tCO₂ (HCO₃⁻)
2. Causes:
 - a. Lung disease
 - b. Respiratory center injury or depression
 - c. Cardiac disease
3. Compensation:
 - a. Kidneys: excrete more H⁺ and NH₄⁺ and retain HCO₃⁻
 - b. Respiratory system: hyperventilation (if possible)

Respiratory Alkalosis

Occurs when CO₂ decreases, usually due to a form of hyperventilation

1. Clinical Findings: ↑ pH ↓ pCO₂ ↓ tCO₂ (HCO₃⁻)
2. Causes: Hyperventilation
3. Compensation:
 - a. Kidneys: retain H⁺ and NH₄⁺ and excrete more HCO₃⁻
 - b. Respiratory system: hypoventilation (if possible)

Metabolic Acidosis

Occurs when an overproduction of organic acids consumes excess base (i.e. lactic acidosis) or when bicarbonate (base) is lost (diarrhea)

1. Clinical Findings: ↓ pH ↓ HCO₃⁻
2. Causes:
 - a. Increased production of organic acids and increased anion gap
 - b. Decreased excretion of acids
 - c. Excessive HCO₃⁻ loss
3. Compensation:
 - a. Respiratory system: hyperventilation
 - b. Kidneys: excrete more H⁺ and NH₄⁺ and retain more HCO₃⁻

Metabolic Alkalosis

Occurs with a primary HCO₃⁻ excess, loss of acid or K⁺ depletion

1. Clinical Findings: ↑pH ↑ HCO₃⁻
2. Causes:
 - a. Excessive loss of H⁺
 - b. Administration of excess alkali
 - c. K⁺ depletion
3. Compensation:
 - a. Respiratory system: hypoventilation
 - b. Kidneys: retain H⁺ and NH₄⁺ and excrete more HCO₃⁻