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| | Stanton Territorial Hospital | Version No: 3.0 | Page: 1 of 7 |
| NORTHWEST TERRITORIES | P.O. Box 10, 550 Byrne Road | Distribution: | |
| Health and Social Services Authority | YELLOWKNIFE NT X1A 2N1 | Microbiology Culture Manual | |
| | | Effective: 28 April, 2017 | |
| Document Name: Urine Culture | | Date Reviewed: 28 April, 2017 | |
| Document Name. O | | Next Review: 28 April, 2019 | |
| Approved By: Jennifer G. Daley Be | rnier, A/Manager, Laboratory Services | Status: APPROVED | |

PURPOSE:

To determine the presence or absence of bacterial pathogens in urine specimens.

SAMPLE INFORMATION:

Early-morning specimens are preferable – allowing urine to remain in the bladder for at least 4 hours will decrease the number of false – negative results.

| | The urine specimens sub | mitted to the laboratory for culture are | |
|--|--|--|--|
| Туре | either: | | |
| | Fresh urine collected in sterile container.Fresh urine collected in urine transport tube. | | |
| | Voided Urines (non-sterile) | Midstream urine (MSU) Neonatal bagged urine Indwelling catheter (Foley) urine Ileal conduit urine | |
| Source | Aseptically collected Urines (sterile) | Straight or "in and out" catheter Nephrostomy urine Cystoscopy urine Suprapubic bladder aspirate | |
| Stability | Fresh urine collected in sterile container is acceptable for 24 hours if refrigerated. Fresh urine collected in urine transport tube is acceptable for 72 hours (refrigeration not necessary). | | |
| Storage Requirements | Fresh urine without preservative should be refrigerated until processing. Fresh urine collected in urine transport tube can be kept at room temperature. | | |
| Criteria for rejection and follow up action | Unrefrigerated fresh urine received longer than 2 hours after collection. Refrigerated fresh urine specimens received longer than 24 hours after collection. 24 hour urine collections. Duplicate specimens obtained with same collection method within 48 hours. Foley catheter tips. Urine from the bag of a catheterized patient. Specimens in leaking container and unlabeled specimens. | | |

REAGENTS and/or MEDIA:

- Blood Agar and MacConkey Agar
- Identification reagents: catalase, oxidase, spot indole, PYR, tube coagulase, etc.

SUPPLIES:

- 0.001 mL loops
- Vitek 2 Compact and supplies
- Biosafety cabinet
- 35° ambient air incubator

SPECIAL SAFETY PRECAUTIONS:

Containment Level 2 facilities, equipment, and operational practices for work involving infectious or potentially infectious materials or cultures.

- Lab gown must be worn when performing activities with potential pathogens.
- Gloves must be worn when direct skin contact with infected materials is unavoidable.
- Eye protection must be used where there is a known or potential risk of exposure to splashes.
- All procedures that may produce aerosols, or involve high concentrations or large volumes should be conducted in a biological safety cabinet (BSC).
- The use of needles, syringes, and other sharp objects should be strictly limited.

All patient specimens are assumed to be potentially infectious. Universal precautions must be followed. Since viable micro-organisms are used, all cultures must be handled with appropriate precautions. All equipment in contact with cultures should be decontaminated by appropriate methods.

QUALITY CONTROL:

Refer to Quality Control procedures as required for individual identification and susceptibility procedures used in evaluating and testing.

PROCEDURE INSTRUCTIONS:

| Step | Act | ion | | |
|--------|--|--|--|--|
| Follov | w the steps in the table below to set-up the culture for a urine specimen | | | |
| | Hold a 0.001 mL loop vertically and immerse just below the surface of a well-mixed urine specimen. Deliver a loopful of urine onto appropriate agar plates. Make a straight line down the center of the plate. | | | |
| 1 | Streak the urine by making a series of passes at 90° angles through the inoculum. | | | |
| | ***Note: the same loop can be used for each plate per patient sample. The loop must be re-dipped for every plate. | | | |
| 2 | <u>Voided Urines (non-sterile):</u> Midstream urine (MSU) Neonatal bagged urine Indwelling catheter (Foley) urine Ileal conduit urine | Inoculate BAP and MAC Incubate plates for 18-24 hours at 35° in the ambient air incubator | | |
| | <u>Aseptically collected Urines (sterile):</u> Straight, intermittent or "in and out" catheter Nephrostomy urine Cystoscopy urine | Inoculate BAP and MAC Incubate plates for 48 hours at 35° in the ambient air incubator | | |

Suprapubic bladder aspirate

INTERPRETATION OF RESULTS:

Reporting Results:

- Using a 0.001 mL loop, 1 colony equals 1 X E6 cfu/L.
- Determine the colony count and extent of the work-up required for each morphotype on the plates.

| Colony count | 1 uropathogen | 2 uropathogens | 3 or more uropathogens |
|-----------------------|-----------------------|-----------------------|---------------------------|
| ≤ 10 | No workup; Report: | No workup; Report: | No workup; Report: |
| (≤ 10 X E6 cfu/L) | "No Significant | "No Significant | "No Significant |
| | Growth" | Growth" | Growth" |
| 11-99 | ID and susceptibility | ID and susceptibility | No workup; Report: |
| (11-99 X E6 cfu/L) | testing | testing on both | "}CON1 Mixed |
| | | | Culture, Repeat" |
| ≥ 100 | ID and susceptibility | ID and susceptibility | No workup; Report: |
| (≥ 100 X E6 cfu/L) | testing | testing on both | "}CON1 Mixed |
| | | | Culture, Repeat" |
| Uropathogens | ID and susceptibility | ID and susceptibility | No workup; Report: |
| >10 XE6 cfu/L and | on isolate | on both isolates | "}CON1 Mixed |
| other isolates ≤10 | >10 XE6 cfu/L and | >10 XE6 cfu/L and | Culture, Repeat" |
| XE6 cfu/L | ignore isolates | ignore isolates | |
| | ≤ 10 XE6 cfu/L | ≤10 XE6 cfu/L | |
| >10 XE6 cfu/L Normal | No workup; Report: | No workup; Report: | No workup; Report: |
| skin/urogenital flora | "Usual Urogenital | "Usual Urogenital | "Usual Urogenital |
| | Flora" | Flora" | Flora" |

Type of Urine: Non-sterile urine

Type of Urine: Sterile urine

| Colony Count | Any number of morphotypes |
|------------------------------------|---------------------------------------|
| Any growth | Perform ID and susceptibility testing |
| No growth after 48 hour incubation | "}NG2D" |

List of Uropathogens and Non-Uropathogens:

| Uropathogens | Non-uropathogens (normal skin/urogenital flora) |
|---|---|
| Enterobacteriacea | Lactobacillus |
| Pseudomonas aeruginosa | Diptheroids (not C.urealyticum) |
| Other gram negative bacilli | Viridans Streptococci (not A.urinae) |
| Enterococcus species | Bacillus species |
| Streptococcus pyogenes | Neisseria spp. |
| Streptococcus agalactiae | |
| Yeast | |
| Aerococcus urinae* | |
| Corynebacterium urealyticum | |
| Staphylococcus aureus | |
| Staphylococcus saprophyticus | |
| Other coagulase negative staphylococcus | |

* Considered a uropathogen only if colony count is 10 times greater than that of all other microbiota.

| ORGANISM | BIOCHEMICAL TESTS & | ID & SENS |
|--------------------|---|--|
| | EXPECTED RESULTS | |
| E.coli | LF, flat, deep pink Spot Indole: Positive Oxidase: Negative PYR: Negative | Vitek AST- N213 |
| Enterobacteriaceae | LF or NLF Spot Indole: Negative/Positive Oxidase: Negative PYR: Positive/Negative | Vitek GN & AST-N213 |
| P.aeruginosa | NLF, typical smell/morphology Spot Indole: Negative Oxidase: Positive | Vitek GN & AST-N213 |
| Non-fermenters | NLF Oxidase: Positive/Negative | Vitek GN & AST-N213 |
| Group A Strep | Beta hemolysis GAS latex: Positive | Add comment: "This organism is generally susceptible to beta lactam antibiotics" |
| Group B Strep | Small or no zone of beta hemolysis GBS latex: Positive | Add comment: "This organism is generally susceptible to beta- lactam antibiotics. This organism is resistant to TMP- SMX". |
| S.aureus | Catalase Positive, Slide Coagulase Positive, Tube Coagulase Positive | Vitek AST-GP67 |
| S. saprophyticus | Catalase Positive, Slide Coagulase Negative, Novobiocin Resistant | Add comment: "This organism is generally susceptible to TMP- SMX, nitrofurantoin and urinary quinolones" |
| Enterococcus | Catalase Negative PYR Positive | Vitek AST-GP67 |
| Yeast | Wet prep = yeast | Vitek YST ID card: |
| Aerococcus urinae | Resembles viridans Streptococcus Gram stain: GPC, tetrads Catalase: Negative PYR: Negative | Vitek GP Perform susceptibility testing as per DynaLIFE ASTM |
| Diptheroides | Catalase positive Rule out uropathogenic Corynebacterium urealyticum (urea+) if numbers are significant. | Urea |

Limitations:

- A mixed culture in an uncomplicated outpatient population likely indicates contamination.
- For uncomplicated UTI, culture is usually not indicated.
- False-negative results may be due to interfering substances, diluted urine, low urine pH and subjective interpretation of the criteria for further workup of the culture.

REFERENCES:

Clinical Microbiology Procedures Handbook, 4th edition, ASM Press, 2016 Jorgensen J.H., Pfaller M.A., Carroll K.C., Funke G., Landry M.L., Richter S.S., Warnock D.W. 2015. Manual of Clinical Microbiology, 11th edition, ASM Press, Washington, D.C. J Obs Gyn Can 2004; 26(9):826-32

REVISION HISTORY:

| REVISION | DATE | Description of Change | REQUESTED BY |
|----------|-------------|--|-----------------|
| 1.0 | 24-Nov-10 | Initial Release | M-L Dufresne |
| 2.0 | 23-Dec-16 | Updated to new template; Procedure updated to remove UriCult; Computer detailschanged to reflect practice for SoftMic SCC SoftComputer. | L. Steven |
| 3.0 | 28 Apr 2017 | Updated number; Changed Logo | JGD Bernier |
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Jennifer G. Daley Bernier, R.T. (CSMLS) A/ Manager, Laboratory Services Signed by: Jennifer G. Daley Bernier