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NORTHWEST TERRITORIES	Distribution:
Services Authority	Microbiology Specimen Processing Manual
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Wet-Prep Using Saline	Next Review: 29 May, 2019
Approved By: Jennifer G. Daley Bernier, A/Manager, Laboratory Ser	vices Status: APPROVED

PURPOSE:

- To identify the presence of yeast and/or trichomonas in vaginal swabs
- To confirm the presence of yeast in culture.
- To determine the motility characteristics of some bacteria.

INTRODUCTION:

Wet-preps are performed directly from submitted vaginal swabs when requested by the ordering physician to screen for yeast and *Trichomonas vaginalis*. A wet preparation is also useful in confirming the presence of yeast colonies in culture. Wet-preps can also be used to determine the motility characteristics of some bacteria.

NOTE: This method will not cover wet-preparations for motility where medium other than saline is required.

SUPPLIES:

- Swab or Culture Plate
- Microscope
- Glass slides and cover slips
- Test tubes
- Sterile Saline

SPECIAL SAFETY PRECAUTIONS:

Containment Level 2 facilities, equipment, and operational practices for work involving infectious or potentially infectious materials or cultures.

- Lab gown must be worn when performing activities with potential pathogens.
- Gloves must be worn when direct skin contact with infected materials is unavoidable.

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- Eye protection must be used where there is a known or potential risk of exposure to splashes.
- All procedures that may produce aerosols, or involve high concentrations or large volumes should be conducted in a biological safety cabinet (BSC).
- The use of needles, syringes, and other sharp objects should be strictly limited.

PROCEDURE INSTRUCTIONS:

Step	Action					
Setting up a Wet Prep from a Swab						
1	Label the test tube with the accession number and patient demographics.					
2	Place approximately 0.5 mL of saline into a test tube.					
3	Place the culture swab in the saline and "flick" the tube to loosen the swab material.					
4	Incubate for 15 minutes at 35°C.					
5	After incubation dab the culture swab onto the microscope slide then return the swab to its original transport tube.					
6	Place the coverslip on the slide. Allow the slide to "settle"					
7	Place the slide under the microscope.					
8	Examine under 40X for the presence of yeast and trichomonas. TIP: Decrease the light of a light microscope by closing the diaphragm or use a phase contrast microscope.					

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Step	Action					
Settir	Setting Up a Wet Prep from Culture					
1	LIS CODE: ^WP Place a drop of saline onto a glass slide					
2	Using a sterile loop or wooden stick pick the desired colony from the plate and make a smooth suspension in the saline					
3	Place the cover slip on the slide. Allow the slide to "settle"					
4	Place the slide under the microscope.					
5	Examine under 40X for the presence of yeast or to observe motility. TIP: Decrease the light of a light microscope by closing the diaphragm or use a phase contrast microscope.					

INTERPRETATION OF RESULTS:

- In order to call yeast the cells must be budding
- In order to call Trichomonas the flagella must be seen and motile
- If wet mount is for motility and motility is negative by initial wet mount the organism cannot be classified as non-motile until more in-depth motility tests are performed.

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Jorgensen J.H., Pfaller M.A., Carroll K.C., Funke G., Landry M.L., Richter S.S., Warnock D.W. 2015. Manual of Clinical Microbiology, 11th edition, ASM Press, Washington, D.C.

REVISION HISTORY:

REVISION	DATE	Description of Change	REQUESTED BY
1.0	03-NOV-2010	Initial Release	M-L Dufresne
2.0	31-Dec-2013	LIS updates/pictures	A.Darrach
3.0	31-March-16	Update of "Special Safety Precautions" to reflect risk assessment recommendations.	C. Russell
4.0	26-May-17	Procedure reviewed and references updated; Format updated; Document number changed (Old Number MIC52700)	L. Steven

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