

Document Name: Ear Culture

Approved By:

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Status: **APPROVED**

PURPOSE: To determine the presence or absence of bacterial pathogens in ear specimens.

SAMPLE INFORMATION:

Type	Swab <ul style="list-style-type: none"> • Amie's with or with charcoal
Source	<ul style="list-style-type: none"> • External auditory canal (outer ear) • Otitis media discharge swabbed from external auditory canal
Stability	<p>If the sample is received in the laboratory and processed greater than 48 hours from collection:</p> <ul style="list-style-type: none"> • Add specimen quality comment: "Delayed transport may adversely affect pathogen recovery"
Storage Requirements	Room temperature. If transport is > 2 hours, swabs should be refrigerated.
Criteria for rejection	<ol style="list-style-type: none"> 1. Unlabeled/mislabeled swabs. 2. Specimen container label does not match patient identification on requisition. 3. Dry swabs.

NOTE:

- Refer to MIC34100 – Body Fluid Culture for typanocentesis fluid.

REAGENTS and/or MEDIA:

- Blood agar (BA), Chocolate agar (CHO) and MacConkey agar (MAC)
- Identification reagents: catalase, oxidase, Staph latex test, Strep latex test, etc.

SUPPLIES:

- Disposable inoculation needles
- Microscope slides
- Biosafety cabinet
- 35° ambient air and 37° CO₂ incubators
- Wooden sticks
- Vitek 2 and supplies

SPECIAL SAFETY PRECAUTIONS:

Containment Level 2 facilities, equipment, and operational practices for work involving infectious or potential infectious materials or cultures.

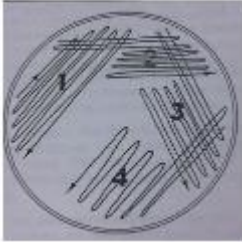
- Lab gown must be worn when performing activities with potential pathogens.
- Gloves must be worn when direct skin contact with infected materials is unavoidable.
- Eye protection must be used when there is a known or potential risk of exposure of splashes.
- All procedures that may produce aerosols, or involve high concentrations or large volumes should be conducted in a biological safety cabinet (BSC).
- The use of needles, syringes and other sharp objects should be strictly limited.

All patient specimens are assumed to be potentially infectious. Universal precautions must be followed. Since viable micro-organisms are used, all cultures must be handled with appropriate precautions. All equipment in contact with cultures should be decontaminated by appropriate methods.

QUALITY CONTROL:

- Refer to Test Manual for reagent quality control procedures.

PROCEDURE INSTRUCTIONS:

Step	Action
Processing specimens for ear culture	
1	In the biosafety cabinet, inoculate Blood agar, Chocolate agar and MacConkey agar from the swab. Make gram stain.
2	<p>Streak for isolated growth using a disposable inoculation needle:</p> <div style="text-align: center;">  </div> <p>Streak out to cover the whole plate.</p>
3	Place MAC plate in the O ₂ incubator. Place BA and CHO plates in the CO ₂ incubator.
4	Allow smear to dry and perform Gram Stain. Gram stain must be read before culture plates. Refer to MIC20115 – Gram Stain Procedure.
5	Examine plates after 24 hour incubation. Record observations in the LIS.
6	Re-incubate CO ₂ plates for an additional 24 hours. Discard O ₂ plate.
7	At 48 hours, examine plates and record observations in the LIS.

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Probable Pathogens	Commensal Flora
<ul style="list-style-type: none">• <i>Staphylococcus aureus</i>• <i>Streptococcus pyogenes</i>• Other β-hemolytic <i>Streptococci</i>• <i>Streptococcus pneumoniae</i>• <i>Haemophilus influenzae</i>• <i>Moraxella catarrhalis</i>• <i>Pseudomonas aeruginosa</i>• Non-fermentative Gram-negative bacilli• Enterobacteriaceae spp.• <i>Candida</i> spp.• Fungi	<ul style="list-style-type: none">• <i>Aerococcus</i> spp.• <i>Bacillus</i> spp.• Coagulase negative <i>Staphylococcus</i>• <i>Corynebacterium</i> spp.• <i>Micrococcus</i> spp.• <i>Neisseria</i> spp.• Anaerobes• viridans <i>Streptococcus</i> grp.

INTERPRETATION OF RESULTS:

Step	Action
1	<p>Confirm gram stain has been read prior to reading culture plates. Ensure growth on culture media correlates with gram stain results. If discordant results are found:</p> <ul style="list-style-type: none"> • Re-examine smear and culture plates. • Check for anaerobic growth. • Re-incubate culture to resolve. • May need to inoculate special selective media. • Consider re-smearing or re-planting specimen to exclude the possibility of error.
2	<p>Observe plates at 24 hours and 48 hours for growth of enteric Gram-negative bacilli, <i>Pseudomonas aeruginosa</i>, Yeasts, <i>Vibrio alginolyticus</i>, β-hemolytic <i>Streptococci</i>, <i>Staphylococcus aureus</i>, <i>Haemophilus influenzae</i>, <i>Moraxella catarrhalis</i> and Fungi. Usually only one pathogen is responsible for infection. Mixed cultures should be minimally identified.</p>
3	<p>If specimen is discharge from otitis media infection, the most common pathogens are <i>Streptococcus pyogenes</i>, <i>Streptococcus pneumoniae</i>, <i>Moraxella catarrhalis</i> and <i>Haemophilus influenzae</i>.</p>
4	<p>Skin flora such as coagulase negative <i>staphylococci</i> and coryneforms are normal in the external ear canal and should not be further evaluated.</p>
5	<p>Mixed cultures of Gram-negative rods should be minimally identified.</p>

REPORTING RESULTS:

IF	REPORT
No growth after 1 day	PRELIM: <ul style="list-style-type: none"> Report: “No Growth after 1 Day. Further report to follow”
No growth after 2 days	FINAL: <ul style="list-style-type: none"> Report: “No Growth after 2 Days”
Mix of skin flora	<ul style="list-style-type: none"> Report: “Mixture of skin flora” List quantitation.
Mix of enteric Gram-negative bacilli	<ul style="list-style-type: none"> Report “Mixture of coliform organisms” List quantitation.
Growth or mix of other non-pathogenic organisms	<ul style="list-style-type: none"> Report “Commensal flora” or “Commensal skin flora” List quantitation.
Growth of mixed anaerobes (if anaerobic culture was set up to identify organisms seen in gram stain)	<ul style="list-style-type: none"> Report “Mixture of anaerobic organisms” List quantitation.
Growth of anaerobe (if anaerobic culture was set up to identify organisms seen in gram stain)	<ul style="list-style-type: none"> Report identification as gram stain result under the isolates tab. List quantitation.
Growth of pathogen(s)	<ul style="list-style-type: none"> Report organism(s) identification under the isolates tab. List quantitation. Report susceptibility results as per ASTM. Refer to Reportable Diseases – Public Health Act as of September 2009 for reporting to HPU1. Refer to MIC35100 – Nosocomial Infection Notification Job Aid to determine if organism needs to be copied to Infection Control. Refer to L-0910-Laboratory: Critical Values for results that need to be phoned to ordering location.

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CULTURE NOTES:

- An external ear culture with a predominant Gram-negative bacillus, beta-hemolytic Streptococcus, *Staphylococcus aureus*, *Streptococcus pneumoniae*, *Haemophilus influenzae* or *Moraxella catarrhalis* generally indicates infection with that organism.
- Historically, the nasopharynx was cultured in order to predict the pathogens in the middle ear. This practice is no longer recommended.
- Treatment of otitis externa usually consists of ear drops.

LIMITATIONS:

1. False-negative cultures can result from overgrowth of the culture with normal skin flora.
2. False-positive results can be caused by over-interpretation of culture results.

REFERENCES:

- Clinical Microbiology Procedures Handbook, 4th edition, ASM Press, 2016
- Jorgensen J.H., Pfaller M.A., Carroll K.C., Funke G., Landry M.L., Richter S.S., Warnock D.W. 2015. Manual of Clinical Microbiology, 11th edition, ASM Press, Washington, D.C.

REVISION HISTORY:

REVISION	DATE	Description of Change	REQUESTED BY
1.0	06-NOV-17	Initial Release	L. Steven
2.0	30 Nov 2018	Updated to include new Vitek 2 instrument	L. Steven