| PROGRAM Standard Operating Procedure – Laboratory Services |                   |  |  |
|--|-------------------|--|--|
| Title: MIC34400 – Catheter Tip Culture                     | Policy Number:    |  |  |
| Program Name: Laboratory Services                          |                   |  |  |
| Applicable Domain: Lab, DI and Pharmacy Services           |                   |  |  |
| Additional Domain(s):                                      |                   |  |  |
| Effective Date:  | Next Review Date: |  |  |
| Issuing Authority:   | Date Approved:    |  |  |
| Director of Health Services                                |                   |  |  |
| Accreditation Canada Applicable Standard:                  |                   |  |  |

## **GUIDING PRINCIPLE:**

Intravascular (intra-arterial or intravenous) catheter insertions cause a break in the skin barrier that is prone to infection. The continued presence of this foreign body predisposes further to infection, which can result from colonization of the catheter by the cutaneous microbiota. Since infected catheters are usually exposed directly to sterile spaces, there is a risk that the infection will result in bacteremia. Intravascular catheter related infections are a major cause of morbidity and mortality. Central catheter infections may manifest as infection at the skin insertion site, as cellulites along the soft tissues overlying the tunnelled portion or as bacteremia. Bacteremia occurs secondarily to infection of the central catheter or as a manifestation of more serious complications. The most common infecting organisms are *Staphylococcus aureus*, enterococci, *Candida* spp., *Pseudomonas aeruginosa*, Enterobacteriaceae and resident skin organisms such as *Corynebacterium* spp.

### **PURPOSE/RATIONALE:**

To determine the presence or absence of bacterial pathogens in catheter tip specimens.

## SCOPE/APPLICABILITY:

This procedure applies to Medical Laboratory Technologists (MLTs) processing specimens for catheter tip culture.

### SAMPLE INFORMATION:

| Туре                      | Sterile container  |  |
|---------------------------|--|--|
| Source                    | Intravascular catheters including: central, CVC, Hickman,<br>Broviac, peripheral, arterial, jugular, femoral, subclavian,<br>umbilical, hyperalimentation, hemodialysis, port-a-cath and<br>swan-Ganz catheters.   |  |
| Stability                 | <ul> <li>If the sample is received in the laboratory and processed greater than 48 hours from collection:</li> <li>Add specimen quality comment "Delayed transport may have compromised the recovery of organism"</li> </ul>   |  |
| Storage<br>Requirements   | Refrigerated   |  |
| Criteria for<br>rejection | <ol> <li>Unlabeled/mislabeled specimen</li> <li>Specimen container label does not match patient<br/>identification on requisition</li> <li>Foley catheter tips are not acceptable for culture - request<br/>a urine specimen</li> <li>Chest tube tips</li> <li>Abdominal drain tips</li> <li>Catheter tips should not be placed in saline or transport<br/>medium</li> </ol> |  |

### NOTE:

• Tips from total parenteral nutrition (TPN) lines or hyperalimentation lines: After processing, send to DynaLIFE for *Malassezia furfur* (Fungus culture)

## **REAGENTS and/or MEDIA:**

- Blood agar (BA) and MacConkey agar (MAC)
- Identification reagents: catalase, oxidase, Staph latex test, Strep latex test, etc.

## SUPPLIES:

- Disposable inoculation needles
- Wooden sticks

## EQUIPMENT

- Biosafety cabinet
- 35° ambient air and 37° CO<sub>2</sub> incubators
- Vitek 2 and supplies

# **SPECIAL SAFETY PRECAUTIONS:**

Containment Level 2 facilities, equipment, and operational practices for work involving infectious or potential infectious materials or cultures.

- Ensure that appropriate hang hygiene practices be used.
- Lab gown must be worn when performing activities with potential pathogens.
- Gloves must be worn when direct skin contact with infected materials is unavoidable.
- Eye protection must be used when there is a known or potential risk of exposure of splashes.
- All procedures that may produce aerosols, or involve high concentrations or large volumes should be conducted in a biological safety cabinet (BSC).
- The use of needles, syringes and other sharp objects should be strictly limited.

All patient specimens are assumed to be potentially infectious. Routine Practices must be followed. Since viable micro-organisms are used, all cultures must be handled with appropriate precautions. All equipment in contact with cultures should be decontaminated by appropriate methods.

## QUALITY CONTROL:

• Refer to Test Manual for reagent quality control procedures

# **PROCEDURE INSTRUCTIONS:**

| Step  | Action  |  |  |
|-------|---|--|--|
| Proce | Processing specimens for catheter tip culture   |  |  |
| 1     | <ul> <li>In the biosafety cabinet:</li> <li>Roll the catheter tip back and forth across the entire surface of Blood agar using a sterile needle, exerting slight downward pressure. Repeat with MacConkey agar:</li> </ul>  |  |  |
|       | <b>NOTE:</b> If the tip is too long, cut the end closest to the top of the tube (proximal end) with sterile scissors prior to rolling on the plate  |  |  |
| 2     | If the specimen is from a patient on total parenteral nutrition or is the catheter tip from a hyperalimentation line, culture for <i>Malassezia furfur</i> should also be performed. Refer specimen to DynaLIFE for fungus culture after C&S processing has been completed. |  |  |
| 3     | <ul> <li>Incubate the media:</li> <li>Place BA in the CO<sub>2</sub> incubator</li> <li>Place MAC in the O<sub>2</sub> incubator</li> </ul>   |  |  |

| Probable Pathogens  | Possible Pathogens   |
|---|--|
| <ul> <li>Staphylococcus aureus</li> <li>β-hemolytic Streptococcus</li> <li>Pseudomonas spp.</li> <li>Enterobacteriaceae</li> <li>Yeast spp.</li> <li>Malassezia furfur</li> </ul> | <ul> <li>Coagulase negative <i>Staphylococcus</i></li> <li>Diphtheroids</li> <li>viridans <i>Streptococcus</i> spp.</li> </ul> |

## **INTERPRETATION OF RESULTS:**

| Step | Action  |  |
|------|---|--|
| 1    | <ul> <li>Observe BA plate at 24 hours and 48 hours</li> <li>Observe MAC plate at 24 hours</li> <li>Count each type of colony isolated. Only enumerate the growth on the BA as MAC is only used to provide separation of colony types</li> </ul> |  |
|      | IF  | THEN   |
| 2    | >15 CFU   | <ul> <li>Identify to the genus level, including gram-positive rods</li> </ul>  |
|      | <15 CFU   | <ul> <li>Identify only significant pathogens</li> <li>Susceptibility testing should be performed even when<br/>the same organism is identified from the patient's<br/>blood culture</li> </ul> |

# **REPORTING INSTRUCTIONS:**

| IF  | REPORT   |  |
|---|--|--|
| No growth after 2 days                                      | <ul><li>FINAL:</li><li>Report: "No Growth after 2 Days"</li></ul>  |  |
| Pathogen isolated<br>>15 CFU                                | <ul> <li>Report organism identification under the isolates tab</li> <li>Report quantitation as actual number of colonies counted. If organism is too numerous to count, report as &gt;100 colonies</li> <li>Report susceptibility results as per ASTM</li> </ul> |  |
| Gram-positive bacilli isolated<br>>15 CFU                   | <ul> <li>Report as "Corynebacterium spp." if<br/>organism resembles diptheroids on gram stain<br/>and culture reactions are appropriate (catalase<br/>+) in the isolates tab</li> </ul>  |  |
| Mixed skin flora isolated:<br>(CNS, diptheroids)<br>>15 CFU | Report as "Mixture of skin flora"  |  |

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|--|---------------------------------------|
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| Next Review Date:                              | Date Approved:                        |
|  |                                       |

| Pure culture of skin flora<br>isolated<br><b>&gt;15 CFU</b> | <ul> <li>Report minimal identification, (e.g., staphylococci spp., or Gram-positive bacilli) under the isolates tab</li> <li>Report quantitation as actual number of colonies counted</li> <li>Do not perform or report susceptibility testing</li> </ul> |
|---|---|
| Pathogen isolated:<br><15 CFU                               | <ul> <li>Report organism identification under the isolates tab</li> <li>Report quantitation as actual number of colonies counted</li> <li>Report susceptibility results as per ASTM</li> </ul>  |
| Mixed skin flora isolated:<br>(CNS, diptheroids)<br><15 CFU | <ul> <li>Report as "Mixed skin flora, &lt;15 colonies"</li> </ul>   |
| Pure culture of skin flora<br>isolated<br><15 CFU           | <ul> <li>Report minimal identification, (e.g., staphylococci spp., or Gram-positive bacilli) under the isolates tab</li> <li>Report quantitation as actual number of colonies counted</li> <li>Do not perform or report susceptibility testing</li> </ul> |

### NOTE:

• If Gram-negative bacilli or *S.aureus* is isolated and NO blood culture was submitted, add isolate comment &TIP to state: "Please submit blood cultures to diagnose catheter-related sepsis"

## LIMITATIONS:

- 1. The presence of yeast may inhibit the growth of *Neisseria gonorrhoeae*. Although Thayer Martin agar contains Nystatin to inhibit the growth of yeast, inhibition of *Neisseria gonorrhoeae* should be considered on CHOC if culture is positive for yeast species.
- 2. A single negative result produced by any of the confirmatory tests does not rule out an identification of *N.gonorrhoeae*. Further confirmatory testing using at least one different method should be performed.
- 3. False-negative results can be caused by delay in transport.

## **REFERENCES:**

- 1. Leber, A. (2016). *Clinical microbiology procedures handbook.* (4<sup>th</sup>ed.) Washington, D.C.: ASM Press
- Jorgensen J.H., Pfaller M.A., Carroll K.C., Funke G., Landry M.L., Richter S.S., Warnock D.W. (2015). *Manual of Clinical Microbiology*, 11<sup>th</sup> edition. Washington, D.C: ASM Press

# **APPROVAL:**

Date

### **REVISION HISTORY:**

| REVISION | DATE      | Description of Change                                  | REQUESTED<br>BY |
|----------|-----------|--|-----------------|
| 1.0      | 05 Feb 18 | Initial Release  | L. Steven       |
| 2.0      | 30 Nov 18 | Updated to include new Vitek 2 instrument              | L. Steven       |
| 3.0      | 25 Mar 21 | Procedure reviewed and added to NTHSSA policy template | L. Steven       |
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