PROGRAM Standard Operating Procedure – Laboratory Services		
Title: MIC52200 – Optochin Test	Policy Number:	
Program Name: Laboratory Services		
Applicable Domain: Lab, DI and Pharmacy Services		
Additional Domain(s):		
Effective Date:	Next Review Date:	
Issuing Authority:	Date Approved:	
Director of Health Services		
Accreditation Canada Applicable Standard: N/A		

GUIDING PRINCIPLE:

The optochin test is used to determine an organism's susceptibility to the chemical optochin (ethylhydrocupreine hydrochloride) for the presumptive identification of *Streptococcus pneumoniae*.

PURPOSE/RATIONALE:

This standard operating procedure describes how to perform the optochin test.

SCOPE/APPLICABILITY:

This procedure applies to Medical Laboratory Technologists (MLTs) performing the optochin test.

SAMPLE INFORMATION:

Tuno	Few, well isolated colonies that are:
Туре	Alpha-hemolytic Streptococci

REAGENTS and/or **MEDIA**:

Туре	Oxoid 5 µg Optochin Disk	
Stability and Storage Requirements	 Unopened cartridges must be stored at 2°C to 8°C Opened cartridges need to be stored 2°C to 8°C, in an opaque, air tight container with a charged desiccant to protect the disks from moisture Open cartridges should be stored within the container in the refrigerator and be allowed to come to room temperature before opening to prevent the formation of condensation 	

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SUPPLIES:

- Plastic Vitek tubes and caps
- Sterile saline
- Sterile swabs

EQUIPMENT

- DensiCHEK Plus
- 35° CO₂ incubator

SPECIAL SAFETY PRECAUTIONS:

Containment Level 2 facilities, equipment, and operational practices for work involving infectious or potential infectious materials or cultures.

- Ensure that appropriate hang hygiene practices be used.
- Lab gown must be worn when performing activities with potential pathogens.
- Gloves must be worn when direct skin contact with infected materials is unavoidable.
- Eye protection must be used when there is a known or potential risk of exposure of splashes.
- All procedures that may produce aerosols, or involve high concentrations or large volumes should be conducted in a biological safety cabinet (BSC).
- The use of needles, syringes and other sharp objects should be strictly limited.

All patient specimens are assumed to be potentially infectious. Routine Practices must be followed. Since viable micro-organisms are used, all cultures must be handled with appropriate precautions. All equipment in contact with cultures should be decontaminated by appropriate methods.

QUALITY CONTROL:

- Quality control is performed weekly:
 - Resistant: Streptococcus salivarius ATCC 13419, Zone size = <14 mm</p>
 - Sensitive: Streptococcus pneumoniae ATCC 49619, Zone size =≥14 mm
- A TQC order is automatically generated on Wednesdays to record the QC results

PROCEDURE INSTRUCTIONS:

Step	Action	
Performing the optochin test		
1	Remove disks from the fridge.	
2	Using a disposable loop, select a well-isolated colony of the alpha- hemolytic organism to be tested. Alternatively, dispense 3 mL of sterile saline into a labelled plastic test tube. Pick several colonies of the alpha- hemolytic organism to be tested and prepare a suspension equivalent to a 0.5 McFarland standard.	

- Blood agar
- Forceps
- Small, metric ruler

3	Using a loop from a colony or a sterile swab from a 0.5 McFarland suspension, streak 1/2 a BA plate in three directions to provide confluent growth.
4	Apply the optochin disk to agar surface with forceps. Apply gentle pressure to ensure complete contact of disk with agar.
5	Incubate the plate at 35°C for 18 to 24 hours in the CO_2 incubator.
6	After incubation, read plates only if lawn of growth is confluent.
7	Use a ruler to measure the diameter of inhibition zone to the nearest millimeter, including the disk.

INTERPRETATION OF RESULTS:

IF	THEN	
Zone of inhibition = <14 mm	Optochin = Resistant	
Zone of inhibition = 6-13 mm	Optochin = Intermediate > Repeat test > Perform Vitek 2 GP card	
Zone of inhibition = $\geq 14 \text{ mm}$	Optochin = Sensitive	
	B	

LIMITATIONS:

- 1. *S.pneumoniae* isolates should be incubated in a CO₂-enriched environment, as some isolates will grow poorly or not at all without increased CO₂.
- 2. Optochin test results are presumptive. Positive results may be confirmed with more specific tests, such as the Vitek 2 GP card.
- 3. Occasional strains of *Streptococcus pneumoniae* that are not inhibited by optochin have been reported and strains of alpha-hemolytic *Streptococci* have been reported to form zones of approximately 10 to 12 mm when a light inoculum was used.
- 4. If the organism is optochin resistant, it is likely to be a nonpneumococcal alpha-hemolytic *Streptococcus*; however, rare exceptions have been reported.

CROSS-REFERENCES:

• MIC10520-Referral of Category B Specimens to NML

REFERENCES:

1. Oxoid. (2018-07). Optochin Test Disks package insert

APPROVAL:

Date

REVISION HISTORY:

REVISION	DATE	Description of Change	REQUESTED BY
1.0	04 Apr 19	Initial Release	L. Steven
2.0	30 Jun 21	Procedure reviewed and added to NTHSSA policy template	L. Steven