## **Accreditation: Patient Safety Bulletin of the Week**

September 2021: Hand-Hygiene Education and Training

Alcohol-Based	Hand Washing
Hand Rub (ABRH)	
Apply and rub 1-2 pumps	Wet hands, apply and rub
of sanitizer to the hands	soap for 15 - 20 sec
for 20 - 30 sec	
Preferred choice when	Preferred choice when
hands are not visibly	hands are visibly soiled
soiled	
	Wet hands with water: Apply enough soop to cover all hand surfaces:
Acity a point of the product in a copordrawd covering all nutlices: Rub havels paint to paint:	Right polin and for warrest.  Fall to palm with flagors intrinsiced, Black of fragers to opposing palms with flagors intrinsiced.  Black of fragers to opposing palms with flagors intrinsiced.
Refression one left document.  Pain to pain uniformity principal and concerns and concerns and concerns and concerns.  Bushed of feature to appoint on the pain to pain uniform serviced.  Bushed of feature to appoint on a	Relational nableing of left thumb
Relicious and registery and the Truchs Congress of the Truchs Congre	clasped in right palm and vice wars,  Compared to the control of t
Restriction nations of left thumb Restriction and since, backwish self clasped in right plan and vice versa; forecasts with clasped fright of right hand in left plan and vice versa;	Dry hands thoroughly Use lovel to turn off faccet; Your hands are now sale, with a single use forcet.

## **Improve your Hand Hygiene**

- Avoid artificial/gel nails, and cracked or chipped nail polish
- Wear only plain ring bands without stones.
- Hand and arm jewelry must be removed or pushed up above the wrist.
- Employees who have casts,
   dressings or splints must consult
   with their program supervisor.

Mandatory hand hygiene training occurs during general orientation and annually as part of required competency training.

## **Resources for staff:**

• "Hand Washing Basics" video:



https://www.youtube.com/watch?v=XhtGc sSM0IA

 "STOP! Clean Your Hands" on-line selfstudy module

https://ipac.discoverycampus.com/



## When should you wash your hands?

