

Education Sheet

November 2021: **Evidence Based Best Practices**

What is Evidence Based Practice (EBP)?







Using current scientific research to promote the best possible decision making.

All front line staff providing patient care needs to use EBP.

Why is EBP important to all of us?

- ✓ Promote patient safety culture
- ✓ Reduce adverse health outcomes
- ✓ Professional expertise in making patient decisions
- ✓ Professional responsibility

What online databases do we have access for EBP?

<p>➤ ELSEVIER:</p> <ul style="list-style-type: none"> ○ Acts as a reference for the development of NTHSSA policies & procedures; ○ An academic resource database home to online peer-reviewed journals, textbooks, and clinical resources; ○ Available to all NTHSSA staff on any government computer ○ www.ournthssa.ca: Documents and Resources HUB → Clinical Resources 	 <p>SCAN ME</p>
<p>➤ HSS Website:</p> <ul style="list-style-type: none"> ○ Clinical practice information & more! ○ http://www.hss.gov.nt.ca/professionals/ Username: hss Password: hsspro2015 	 <p>SCAN ME</p>
<p>➤ NTHSSA Website:</p> <ul style="list-style-type: none"> ○ Information on clinical resources, document , policies and Standards of Practice https://ournthssa.ca/ 	 <p>SCAN ME</p>
<p>➤ UpToDate :</p> <ul style="list-style-type: none"> ○ Clinical practice and drug information ○ No need for a login if on a GNWT computer ○ https://www.uptodate.com/login 	 <p>SCAN ME</p>
<p>➤ CADTH:</p> <ul style="list-style-type: none"> ○ A trusted source for evidence on medications and medical devices: https://www.cadth.ca/ 	 <p>SCAN ME</p>
<p>➤ RNANT/NU Professional Standards:</p> <ul style="list-style-type: none"> ○ https://rnantnu.ca/professional-practice Scroll down for Quick Links to: MyCNA –the Canadian Nurses Portal/ CNPS/ RNAO Best Practice Guidelines 	 <p>SCAN ME</p>