

PROGRAM Standard Operating Procedure – Laboratory Services	
Title: MIC52200 – Optochin Test	Policy Number:
Program Name: Laboratory Services	
Applicable Domain: Lab, DI and Pharmacy Services	
Additional Domain(s):	
Effective Date:	Next Review Date:
Issuing Authority: Director of Health Services	Date Approved:
Accreditation Canada Applicable Standard: N/A	

GUIDING PRINCIPLE:

The optochin test is used to determine an organism's susceptibility to the chemical optochin (ethylhydrocupreine hydrochloride) for the presumptive identification of *Streptococcus pneumoniae*.

PURPOSE/RATIONALE:

This standard operating procedure describes how to perform the optochin test.

SCOPE/APPLICABILITY:

This procedure applies to Medical Laboratory Technologists (MLTs) performing the optochin test.

SAMPLE INFORMATION:

Type	Few, well isolated colonies that are: <ul style="list-style-type: none"> • Alpha-hemolytic <i>Streptococci</i>
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REAGENTS and/or MEDIA:

Type	Oxoid 5 µg Optochin Disk
Stability and Storage Requirements	<ul style="list-style-type: none"> • Unopened cartridges must be stored at 2°C to 8°C • Opened cartridges need to be stored 2°C to 8°C, in an opaque, air tight container with a charged desiccant to protect the disks from moisture • Open cartridges should be stored within the container in the refrigerator and be allowed to come to room temperature before opening to prevent the formation of condensation

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SUPPLIES:

- Plastic Vitek tubes and caps
- Sterile saline
- Sterile swabs
- Blood agar
- Forceps
- Small, metric ruler

EQUIPMENT

- DensiCHEK Plus
- 35° CO₂ incubator

SPECIAL SAFETY PRECAUTIONS:

Containment Level 2 facilities, equipment, and operational practices for work involving infectious or potential infectious materials or cultures.

- Ensure that appropriate hand hygiene practices be used.
- Lab gown must be worn when performing activities with potential pathogens.
- Gloves must be worn when direct skin contact with infected materials is unavoidable.
- Eye protection must be used when there is a known or potential risk of exposure of splashes.
- All procedures that may produce aerosols, or involve high concentrations or large volumes should be conducted in a biological safety cabinet (BSC).
- The use of needles, syringes and other sharp objects should be strictly limited.

All patient specimens are assumed to be potentially infectious. Routine Practices must be followed. Since viable micro-organisms are used, all cultures must be handled with appropriate precautions. All equipment in contact with cultures should be decontaminated by appropriate methods.

QUALITY CONTROL:

- Quality control is performed weekly:
 - Resistant: *Streptococcus salivarius* ATCC 13419, Zone size = <14 mm
 - Sensitive: *Streptococcus pneumo* ATCC 49619, Zone size = ≥14 mm
- A TQC order is automatically generated on Wednesdays to record the results

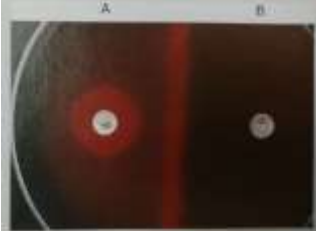
PROCEDURE INSTRUCTIONS:

Step	Action
Performing the optochin test	
1	Remove disks from the fridge.
2	Using a disposable loop, select a well-isolated colony of the alpha-hemolytic organism. Alternatively, dispense 3 mL of sterile saline into a labelled plastic test tube. Pick several colonies of the alpha-hemolytic organism and prepare a suspension equivalent to a 0.5 McFarland standard.
3	Using a loop from a colony or a sterile swab from a 0.5 McFarland suspension, streak ½ a BA plate in three directions to provide confluent growth.

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4	Apply the optochin disk to agar surface with forceps. Apply gentle pressure to ensure complete contact of disk with agar.
5	Incubate the plate at 35°C for 18 to 24 hours in the CO ₂ incubator.
6	After incubation, read plates only if lawn of growth is confluent.
7	Use a ruler to measure the diameter of inhibition zone to the nearest millimeter, including the disk.

INTERPRETATION OF RESULTS:

IF	THEN
Zone of inhibition = <14 mm	Optochin = Resistant
Zone of inhibition = 6-13 mm	Optochin = Intermediate ➤ Repeat test ➤ Perform Vitek 2 GP card
Zone of inhibition = ≥14 mm	Optochin = Sensitive
	

LIMITATIONS:

1. *S.pneumoniae* isolates should be incubated in a CO₂-enriched environment, as some isolates will grow poorly or not at all without increased CO₂.
2. Optochin test results are presumptive. Positive results may be confirmed with more specific tests, such as the Vitek 2 GP card.
3. Occasional strains of *Streptococcus pneumoniae* that are not inhibited by optochin have been reported and strains of alpha-hemolytic *Streptococci* have been reported to form zones of approximately 10 to 12 mm when a light inoculum was used.
4. If the organism is optochin resistant, it is likely to be a nonpneumococcal alpha-hemolytic *Streptococcus*; however, rare exceptions have been reported.

CROSS-REFERENCES:

- MIC10520-Referral of Category B Specimens to NML

REFERENCES:

1. Oxoid. (2018-07). *Optochin Test Disks* package insert

APPROVAL:

Date

REVISION HISTORY:

REVISION	DATE	Description of Change	REQUESTED BY
1.0	04 Apr 19	Initial Release	L. Steven
2.0	30 Jun 21	Procedure reviewed and added to NTHSSA policy template	L. Steven

DRAFT

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