

| PROGRAM Standard Operating Procedure – Laboratory Services | |
|---|-------------------|
| Title: MIC32300 – Respiratory Culture | Policy Number: |
| Program Name: Laboratory Services | |
| Applicable Domain: Lab, DI and Pharmacy Services | |
| Additional Domain(s): | |
| Effective Date: | Next Review Date: |
| Issuing Authority: Director of Health Services | Date Approved: |
| Accreditation Canada Applicable Standard: N/A | |

GUIDING PRINCIPLE:

Pneumonia may be categorized as: i) Community acquired pneumonia (CAP), ii) Nosocomial or Hospital acquired pneumonia (NAP / HAP), iii) Aspiration pneumonia and iv) Pneumonia in immunocompromised patients. The most common organisms to cause CAP include *Streptococcus pneumoniae*, *Haemophilus influenzae* and *Legionella pneumophila*. HAP is more commonly due to aerobic gram-negative bacilli, anaerobes, *Staphylococcus aureus*, *Streptococcus pneumoniae* and others. Aspiration pneumonia may be due to a mixture of oral aerobes and anaerobes.

PURPOSE/RATIONALE:

This standard operating procedure describes how to determine the significance of growth in respiratory specimens.

SCOPE/APPLICABILITY:

This procedure applies to Medical Laboratory Technologists (MLTs) processing specimens for respiratory culture.

SAMPLE INFORMATION:

| | |
|-----------------------------|---|
| Type | Sterile container |
| Source | <ul style="list-style-type: none"> • Sputum • Endotracheal aspirate (ETT) and Auger suction • Bronchial aspirates and Bronchoalveolar lavage (BAL) |
| Stability | If the sample is received in the laboratory and processed greater than 72 hours from collection: <ul style="list-style-type: none"> • Add specimen quality comment: "Delayed transport may adversely affect pathogen recovery" |
| Storage Requirements | Refrigerated |

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Criteria for rejection

1. Unlabeled/mislabeled specimen
2. Specimen container label does not match patient identification on requisition
3. Duplicate specimens obtained with same collection method within 24 hours
4. Leaking specimens
5. Improperly collected, labeled, transported, or handled bronchial aspirate, BAL specimens, lung aspirates and lung biopsy specimens should be processed. Waiver of responsibility form SCM-40110 needs to be filled out by the responsible nurse

REAGENTS and/or MEDIA:

- Blood agar (BA), Chocolate agar (CHO) and MacConkey agar (MAC)
- Identification reagents: catalase, oxidase, Staph latex test, Strep latex test, etc.

SUPPLIES:

- Disposable inoculation needles
- Microscope slides
- Wooden sticks

EQUIPMENT:

- Biosafety cabinet
- 35° ambient air and 35° CO₂ incubators
- Vitek 2 and supplies

SPECIAL SAFETY PRECAUTIONS:

Containment Level 2 facilities, equipment, and operational practices for work involving infectious or potentially infectious materials or cultures:

- Ensure that appropriate hand hygiene practices be used
- Lab gown must be worn when performing activities with potential pathogens
- Gloves must be worn when direct skin contact with infected materials is unavoidable
- Eye protection must be used when there is a known or potential risk of exposure of splashes
- All procedures that may produce aerosols, or involve high concentrations or large volumes should be conducted in a biological safety cabinet (BSC)
- The use of needles, syringes and other sharp objects should be strictly limited

All patient specimens are assumed to be potentially infectious. Routine Practices must be followed. Since viable micro-organisms are used, all cultures must be handled with appropriate precautions. All equipment in contact with cultures should be decontaminated by appropriate methods.

QUALITY CONTROL:

- Refer to Test Manual for reagent quality control procedures

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PROCEDURE INSTRUCTIONS:

| Step | Action |
|---|---|
| Processing specimens for respiratory culture | |
| 1 | In the biosafety cabinet: <ul style="list-style-type: none"> • Use a sterile swab to inoculate BA, CHO, and MAC from the specimen. Select the most purulent or most blood-tinged portion • Streak for isolated growth using a disposable inoculation needle • Prepare a smear by rolling the swab gently across the slide to avoid destruction of cellular elements and disruption of bacterial arrangements |
| 2 | Incubate all media: <ul style="list-style-type: none"> • Place BA and CHO in the CO₂ incubator • Place MAC in the O₂ incubator |
| 3 | Allow smear to dry and perform gram stain. Gram stain must be read before culture plates. Refer to MIC20115-Gram Stain Procedure. |
| 4 | Ensure the quality of the specimen has been evaluated and is considered acceptable for culture. Refer to MIC20300-Gram stain resulting in LIS-Respiratory Cultures. NOTE: Bronchial wash and bronchoalveolar lavage specimens are processed regardless of specimen quality |

| Probable Pathogens | | |
|--|--|--|
| <ul style="list-style-type: none"> • <i>Bacillus anthracis</i>*⁺ • <i>Brucella</i> spp.*⁺ • <i>Burkholderia mallei/pseudomallei</i>*⁺ • <i>Cryptococcus neoformans/gattii</i> • Fungi and Molds | <ul style="list-style-type: none"> • <i>Neisseria gonorrhoeae</i> • <i>Nocardia</i> spp. • <i>Streptococcus pyogenes</i> • <i>Streptococcus agalactiae</i> in newborn • <i>Yersinia pestis</i>*⁺ | |
| Potential Pathogens | | |
| <ul style="list-style-type: none"> • <i>Acinetobacter</i> spp. • β-hemolytic <i>Streptococci</i> • <i>Burkholderia</i> spp. • <i>Corynebacterium pseudodiphtheriticum</i> • Fastidious Gram-negative bacilli • <i>Haemophilus influenzae</i> • <i>Moraxella catarrhalis</i> | <ul style="list-style-type: none"> • <i>Neisseria meningitidis</i> • <i>Pseudomonas aeruginosa</i> • Single morphotype of enteric Gram-negative bacilli • <i>Staphylococcus aureus</i> • <i>Streptococcus pneumoniae</i> • <i>Stenotrophomonas maltophilia</i> | |
| Commensal Flora | | |
| <ul style="list-style-type: none"> • Anaerobes • <i>Capnocytophaga</i> spp. • Coagulase negative <i>Staphylococci</i> • <i>Eikenella</i> spp. | <ul style="list-style-type: none"> • <i>Enterococci</i> spp. • <i>Haemophilus</i> spp. • Non-pathogenic <i>Neisseria</i> spp. | <ul style="list-style-type: none"> • viridans <i>Streptococcus</i> grp. • Yeast spp. |

*Risk group 3 organism. If suspected, refer to Policy B-0160: "Specimens Containing Suspected Risk Group 3 Pathogens" for Primary Specimen Handling Flow Chart

+All work should be performed in the BSC

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INTERPRETATION OF RESULTS:

| Step | Action |
|---|--|
| 1 | Ensure growth on culture media correlates with gram stain results. If discordant results are found between the gram stain and growth: <ul style="list-style-type: none"> • Re-examine smear and culture plates • Check for anaerobic growth • Re-incubate media to resolve • Consider re-smearing or re-planting specimen |
| 2 | <ul style="list-style-type: none"> • Observe BA and CHO plates at 24 hours and 48 hours • Observe MAC plate at 24 hours |
| 3 | Significant growth is defined as bacterial morphotypes that are: <ul style="list-style-type: none"> • Moderate to heavy growth in the second or greater quadrants • Colonies in the first quadrant of the plate provided there is little or no other normal respiratory flora and gram stain shows WBC |
| 4 | Examine for and always report the following probable pathogens: |
| | <ul style="list-style-type: none"> • <i>Bacillus anthracis</i> • <i>Brucella</i> spp. • <i>Burkholderia mallei/pseudomallei</i> • <i>Cryptococcus neoformans/gattii</i> • Fungi and Molds • <i>Neisseria gonorrhoeae</i> • <i>Nocardia</i> spp. • <i>Streptococcus pyogenes</i> • <i>Streptococcus agalactiae</i> in newborns |
| | Report the following potential pathogens, but do not make an effort to find low numbers, unless seen in smear: |
| | <ul style="list-style-type: none"> • <i>Streptococcus pneumoniae</i> • <i>Haemophilus influenzae</i> |
| | Report the following potential pathogens if present in significant amounts, even if not predominant: |
| | <ul style="list-style-type: none"> • <i>Moraxella catarrhalis</i> • <i>Neisseria meningitidis</i> |
| | Report the following potential pathogens if present in significant amounts, even if not predominant for inpatients only: |
| | <ul style="list-style-type: none"> • <i>Acinetobacter</i> spp. • <i>Burkholderia</i> spp. • <i>Pseudomonas aeruginosa</i> • <i>Stenotrophomonas maltophilia</i> |
| Report the following potential pathogens if present in significant amounts AND if it is the predominant organism in the culture: | |
| <ul style="list-style-type: none"> • β-hemolytic strep • <i>Corynebacterium pseudodiphtheriticum</i> • Single morphotype of enteric Gram-negative bacilli • <i>Staphylococcus aureus</i> | |
| Report as "commensal flora": | |
| Note: If <i>Enterococci</i> , coagulase-negative <i>Staphylococci</i> or <i>Candida</i> spp. are the only organisms present, list with minimal identification | |
| <ul style="list-style-type: none"> • Anaerobes • <i>Capnocytophaga</i> spp. • Coagulase neg <i>Staphylococci</i> • <i>Eikenella</i> spp. • <i>Enterococci</i> spp. • <i>Haemophilus</i> spp. not <i>H. influenzae</i> • Non-pathogenic <i>Neisseria</i> spp. • viridans <i>Streptococcus</i> grp. • Yeast spp. | |
| 5 | Perform and report susceptibility testing as per ASTM for all probable and potential pathogens. |

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REPORTING INSTRUCTIONS:

| IF | REPORT |
|--|---|
| No growth after 1 day | PRELIM: <ul style="list-style-type: none"> Report: "No Growth after 1 Day" Report: "Further report to follow" |
| No growth after 2 days | FINAL: <ul style="list-style-type: none"> Report: "No Growth after 2 Days" |
| Growth of probable pathogen | <ul style="list-style-type: none"> Report organism full identification List quantitation Report susceptibility testing as per ASTM |
| Growth of potential pathogens that meets criteria for reporting | <ul style="list-style-type: none"> Report organism full identification List quantitation Report susceptibility testing as per ASTM |
| Growth of potential pathogen that does NOT meet criteria for reporting | <ul style="list-style-type: none"> Report: "Commensal flora" List quantitation |
| Growth of commensal flora | <ul style="list-style-type: none"> Report: "Commensal flora" List quantitation |
| Mix of enteric Gram-negative bacilli | <ul style="list-style-type: none"> Report: "Mixture of coliform organisms" List quantitation |

NOTE:

- Refer to Reportable Diseases – Public Health Act as of September 2009 for reporting to OCPHO (HPU1)
- Refer to LQM70620-Laboratory Critical Results List-Microbiology for results that need to be phoned to ordering location
- Refer to MIC36100-Nosocomial Infection Notification Job Aid to determine if organism needs to be copied to Infection Prevention and Control
- Refer to MIC36200-Referral of Category A Specimens to APL for sending category A isolates to APL
- Refer to MIC36300-Referral of Category B Specimens to APL for sending isolates to APL
- Refer to MIC36400-Referral of Category B Specimens to DL for sending isolates to DynaLIFE

LIMITATIONS:

- A positive culture with *Streptococcus pneumoniae* or *Haemophilus influenzae* generally indicates an infection, although carriage may lead to false-positive results.
- False-negative cultures can result from improper collection, delayed transport, contamination of the specimen with normal oral microbiota, low organism levels or from prior antimicrobial therapy.
- False-positive cultures can result from contamination of the specimen by normal respiratory flora and its subsequent growth on culture and over interpretation by the laboratory.

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CROSS-REFERENCES:

- Policy B-0160: "Specimens Containing Suspected Risk Group 3 Pathogens"
- LQM70620-Laboratory Critical Results List-Microbiology
- SCM40110-Waiver of Responsibility
- MIC20115-Gram Stain Procedure
- MIC20300-Gram stain resulting in LIS-Respiratory Cultures
- MIC36100-Nosocomial Infection Notification Job Aid
- MIC36200-Referral of Category A Specimens to APL
- MIC36300-Referral of Category B Specimens to APL
- MIC36400-Referral of Category B Specimens to DL

REFERENCES:

1. Leber, A. (2016). *Clinical microbiology procedures handbook*. (4thed.) Washington, D.C.: ASM Press
2. Jorgensen J.H., Pfaller M.A., Carroll K.C., Funke G., Landry M.L., Richter S.S., Warnock D.W. (2015). *Manual of Clinical Microbiology, 11th edition*. Washington, D.C: ASM Press

APPROVAL:

Date

REVISION HISTORY:

| REVISION | DATE | Description of Change | REQUESTED BY |
|----------|-----------|--|--------------|
| 1.0 | 28 May 18 | Initial Release | L. Steven |
| 2.0 | 22 Feb 21 | Procedure reviewed and added to NTHSSA policy template | L. Steven |
| 3.0 | 27 Feb 23 | Procedure reviewed | L. Steven |
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