Issuing Authority: Director, Laboratory and Diagnostic Imaging Services

Policy Number: 15-48-V1 Next Review Date: 12/02/2026 Date Approved: 12/02/2024

PROGRAM Standard Operating Procedure – Laboratory Services				
Policy Number: 15-48-V1				
Program Name: Laboratory Services				
Applicable Domain: Lab, DI and Pharmacy Services				
Additional Domain(s): NA				
Next Review Date: 12/02/2026				
Date Approved:				
12/02/2024				

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## **GUIDING PRINCIPLE:**

A guide to the handling of specimens submitted for bacterial culture including:

- 1. Description of media used
- 2. Gram stain smear labeling
- 3. Gram stain smear preparation

Accreditation Canada Applicable Standard: NA

- 4. Media inoculation technique for swab and fluid specimens
- 5. Media inoculation technique for urine specimens
- 6. Setting up anaerobic trays and jars for positive blood cultures, fluid cultures and deep wound cultures

## **PURPOSE/RATIONALE:**

This standard operating procedure describes the specimen handling of microbiology specimens processed in the microbiology laboratory at Stanton Territorial Hospital.

# **SCOPE/APPLICABILITY:**

This standard operating procedure applies to Medical Laboratory Technologists (MLTs) processing specimens for microbiology culture.

# **REAGENTS and/or MEDIA:**

- Anaerobic KV agar (KV)
- Blood agar (BA)
- Brucella agar (BRU)
- Candi*Select* agar
- Chocolate agar (CHO)
- Colistin-nalidixic acid agar (CNA)
- LIM broth (LIM)

- MacConkey agar (MAC)
- MRSASelect II agar (MRS)
- StrepBSelect agar (GBS)
- Thayer Martin agar (TM)
- Thioglycollate broth (THIO)
- UriSelect 4 agar (URI)
- VRESelect agar (VRE)

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## **SUPPLIES:**

Disposable 1 μL and 10 μL loops

Disposable needles

- Glass microscope slides
- Ringed cytology slides
- Alcohol pads
- Sterile pipettes

- Sterile swabs
- Anaerobic trays and jars
- Anaerobic indicators
- AnaeroGen packs
- AnaeroPouch packs
- Blood culture subculture vents

## **EQUIPMENT:**

- Biosafety cabinet
- 35° O<sub>2</sub> and 35° CO<sub>2</sub> incubators

## **SPECIAL SAFETY PRECAUTIONS:**

Containment Level 2 facilities, equipment, and operational practices for work involving infectious or potentially infectious materials or cultures:

- Ensure that appropriate hand hygiene practices be used
- Lab gown must be worn when performing activities with potential pathogens
- Gloves must be worn when direct skin contact with infected materials is unavoidable
- Eye protection must be used when there is a known or potential risk of exposure of splashes
- All procedures that may produce aerosols, or involve high concentrations or large volumes should be conducted in a biological safety cabinet (BSC)
- The use of needles, syringes and other sharp objects should be strictly

All patient specimens are assumed to be potentially infectious. Routine Practices must be followed. Since viable micro-organisms are used, all cultures must be handled with appropriate precautions. All equipment in contact with cultures should be decontaminated by appropriate methods.

# **QUALITY CONTROL:**

- Refer to MIC60010-Microbiology Quality Control procedure
- Refer to MIC60040-Culture Media Quality Control procedure

1. Description of media used:

AGAR	TYPE	ATMOSPHERE	PUROSE
Anaerobic KV (KV)	<ul><li>Selective</li><li>Enrichment</li></ul>	AnO <sub>2</sub> -from all sources	<ul> <li>Inhibit gram-positive microorganisms and facultative anaerobic bacteria</li> <li>Selective isolation of Gram- negative anaerobes</li> </ul>
Blood (BA)	Enrichment	CO <sub>2</sub> -wounds/fluids AnO <sub>2</sub> -throats	<ul> <li>To grow most bacteria and determine the type of hemolysis.</li> <li>Will not support <i>N.gonorrhoeae</i> or <i>Haemophilus</i> spp.</li> </ul>

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AGAR	TYPE	ATMOSPHERE	PUROSE	
Brucella (BRU)	Enrichment	AnO <sub>2</sub> -from all sources	To allow growth of all clinically significant anaerobes	
Candi <i>Select</i> (YST)	<ul><li>Selective</li><li>Differential</li></ul>	O <sub>2</sub>	• For the selective and differential isolation of <i>Candida</i> species	
Chocolate (CHO)	Enrichment	CO <sub>2</sub> -from all sources	To grow most bacteria, including     N.gonorrhoeae and Haemophilus     spp.	
Colistin- nalidixic acid (CNA)	Selective	CO <sub>2</sub> -from all sources	Inhibits most Gram-negative bacteria	
LIM (LIM)	<ul><li>Selective</li><li>Enrichment</li></ul>	CO <sub>2</sub>	For the selective enrichment of group B Streptococci	
MacConkey (MAC)	<ul><li>Selective</li><li>Differential</li></ul>	O <sub>2</sub> -from all sources	<ul> <li>Gram-negative enteric agar that inhibits the growth of Grampositive organisms and yeasts.</li> <li>Differentiates lactose-positive organisms and lactose-negative organisms</li> </ul>	
MRSA <i>Select</i> II (MRS)	<ul><li>Selective</li><li>Differential</li></ul>	O <sub>2</sub>	For the selective and differential isolation of MRSA	
StrepB <i>Select</i> (GBS)	<ul><li>Selective</li><li>Differential</li></ul>	O <sub>2</sub>	For the selective and differential isolation of GBS	
Thayer Martin (TM)	Selective	CO <sub>2</sub> -from all sources	To select for <i>Neisseria</i> gonorrhoeae in mixed cultures	
Thioglycollate (THIO)	Enrichment	O <sub>2</sub> -from all sources	To enrich the growth of anaerobic organisms	
Uri <i>Select</i> 4 (URI)	Differential	O <sub>2</sub>	For the differential isolation of urinary tract pathogens	
VRE <i>Select</i> (VRE)	<ul><li>Selective</li><li>Differential</li></ul>	O <sub>2</sub>	For the selective and differential isolation of VRE	

# 2. Gram stain smear labeling:

**Swab specimen slide** 

Accession #
Patient Name
Specimen type

Fluid specimen slide

Accession # Patient Name Specimen type

**Blood culture slide** 

Accession #
Patient Name
Bottle Type
(AE/AN/PE)

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#### 3. GRAM STAIN SMEAR PREPARATION:

 For direct smears, prepare a monolayer of organism sufficiently dense for easy visualization but sparse enough to reveal characteristic arrangements. As a guideline, newspaper print should be visible through the smear

- Specimens received on swabs:
  - Roll the swab gently across the slide to avoid destruction of cellular elements and disruption of bacterial arrangements
- Body fluid samples:
  - Use a sterile pipette to transfer 1 or 2 drops of the specimen directly to a sterile, ringed cytology slide
  - Spread the fluid with a disposable loop to obtain a thin smear
- CSF samples:
  - Use a sterile pipette to transfer 1 or 2 drops of the specimen directly to a sterile, ringed cytology slide
  - Allow the drop(s) to form one large drop, do not spread the fluid
- **Blood Cultures:** 
  - Using the sub-culturing vent, apply 1 to 2 drops of the specimen directly to a sterile slide
  - Spread the blood with a disposable loop to obtain a thin smear
- Sputum specimens:
  - Select purulent or blood-tinged portions of sputum with a sterile swab
  - > Spread the sample over a large area of the slide to form a thin film
- If there is insufficient specimen, omit the smear rather than the culture

# 4. MEDIA INOCULATION TECHNIQUE FOR SWAB AND FLUID SPEICMENS:

- Label media plates with LIS media labels
- Touch specimen to one quadrant with swab or adding one to two drops of fluid with a sterile pipette
- Streak with gentle pressure onto one-fourth to one-third of the culture plate using a sterile loop or needle, with a back and forth motion several times and without entering the area that was previously streaked. Avoid touching the sides of the media
- Turn the plate a quarter turn. Pass the loop or needle through the edge of the first quadrant approximately three times, while streaking into the second quadrant. Continue streaking in the second quadrant without going back to the first quadrant
- Rotate the plate another quarter turn and repeat the above procedure until one or two additional quadrants are streaked:



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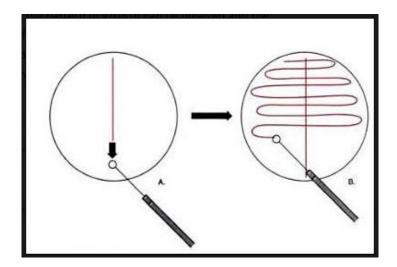
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# 5. MEDIA INOCULATION TECHNIQUE FOR URINE SPECIMENS:

Label media plate with LIS media label

- Using a disposable 1 μL calibrated loop, hold the loop vertically and immerse just below the surface of a well-mixed, un-centrifuged urine specimen. Avoid bubbles
- Deliver a loopful of well-mixed urine onto the UriSelect 4 plate and using the loop, make a straight line down the center of the plate and streak the urine by making a series of passes at 90° angles through the inoculum:



## 6. SETTING UP ANAEROBIC TRAYS AND JARS:

- ASAP after planting, set up anaerobic tray or jar except for throat specimens
- Place anaerobic plates into anaerobic tray or jar
- Tear open anaerobic indicator (kept in bucket with anaerobic packs) and withdraw wick 1 cm
- Place in small rectangle in anaerobic tray or jar
- Add AneroPouch pack to anaerobic tray or AnaeroGen pack to anaerobic jar
- Close the tray or jar
- For blood cultures, fluid cultures or deep wound cultures, label tray or jar with 48 hour read date and place on bottom shelf of O<sub>2</sub> incubator labelled WOUND ANO2
- For throat specimens, label with 48 hour read date and place on bottom shelf of O<sub>2</sub> incubator labelled 48 THROAT

#### LIMITATIONS:

- 1. False-positive cultures result from specimen mix-up and from contamination of media used for culture.
- 2. False-negative results are due to improper collection, delays in culture inoculation, inappropriate medium usage and inappropriate incubation conditions.

#### **CROSS-REFERENCES:**

- MIC60010-Microbiology Quality Control procedure
- MIC60040-Culture Media Quality Control procedure

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2. Jorgensen J.H., Pfaller M.A., Carroll K.C., Funke G., Landry M.L., Richter S.S., Warnock D.W. (2015). Manual of Clinical Microbiology, 11th edition. Washington, D.C: ASM Press

## **APPROVAL:**

February 1	12,	2024	
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Date

Director, Laboratory and Diagnostic Imaging Services

# **REVISION HISTORY:**

REVISION	DATE	Description of Change	REQUESTED BY
1.0	10 Dec 19	Initial Release	L. Steven
2.0	30 Jan 22	Procedure reviewed and added to NTHSSA policy template	L. Steven
3.0	12 Feb 24	Procedure reviewed	L. Steven

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