Title: MIC31800-Urine Culture Type: Laboratory Services Program SOP

Issuing Authority: Director, Laboratory and Diagnostic Imaging Services

Policy Number: 15-123-V1 Next Review Date: 09/05/2027 Date Approved: 09/05/2025

PROGRAM Standard Operating Procedure – Laboratory Services		
Title: MIC31800 – Urine Culture	Policy Number: 15-123-V1	
Program Name: Laboratory Services		
Applicable Domain: Lab, DI and Pharmacy Services		
Additional Domain(s): NA		
Effective Date: 09/05/2025 Next Review Date: 09/05/2027		
Issuing Authority: Date Approved:  Director, Laboratory and Diagnostic Imaging Services  Date Approved:  09/05/2025		
Accreditation Canada Applicable Standard: NA		

### **Uncontrolled When Printed**

### **GUIDING PRINCIPLE:**

Urine is normally a sterile body fluid. A urinary tract infection is defined by the presence of bacteria in the urinary tract. Significance of growth is dependent upon the number of colony forming units (CFU) present per liter of urine. However, urine is easily contaminated with bacteria from the perineum, urethra, or vagina.

## **PURPOSE/RATIONALE:**

This standard operating procedure describes how to determine the significance of growth in urine specimens.

### **SCOPE/APPLICABILITY:**

This standard operating procedure applies to Medical Laboratory Technologists (MLTs) processing specimens for urine culture.

#### **SAMPLE INFORMATION:**

ALL EL IN ON IA ION				
Туре	ted in sterile container			
	Fresh urine collected in urine transport tube			
	<ul> <li>Midstream urine (MSU)</li> <li>Neonatal bagged urine</li> <li>Indwelling catheter (Foley) urine</li> <li>Ileal conduit urine</li> </ul>			
Source	Aseptically collected urine (sterile)	<ul> <li>Straight, intermittent or "in and out" catheter</li> <li>Nephrostomy urine</li> <li>Cystoscopy urine</li> <li>Suprapubic bladder aspirate</li> </ul>		

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Stability	<ul> <li>Fresh urine in sterile container is acceptable for 24 hours and refrigeration is necessary</li> <li>Fresh urine in urine transport container received in the laboratory greater than 72 hours from collection:</li> <li>Add specimen quality comment: "Delayed transport may adversely affect pathogen recovery"</li> </ul>
Storage	In sterile container-refrigerated
Requirements	In urine transport tube-room temperature or refrigerated
Criteria for rejection	<ol> <li>Urine in sterile container (orange top) &gt;24 hours old</li> <li>Unlabeled/mislabeled specimen</li> <li>Specimen container label does not match patient identification on requisition</li> <li>Duplicate specimens obtained with same collection method within 24 hours</li> <li>Leaking specimens</li> <li>Improperly collected, labeled, transported, or handled aseptically collected specimens should be processed. Waver of responsibility form SCM40110 needs to be filled out by the responsible nurse</li> </ol>

## **REAGENTS and/or MEDIA:**

- UriSelect 4 agar (URI)
- Identification reagents: catalase, oxidase, spot indole, etc.

### **SUPPLIES:**

- 1 µL loops
- Wooden sticks
- Glass test tubes

- Sterile pipettes
- Filter paper
- Glass microscope slides

# **EQUIPMENT:**

- Biosafety cabinet
- 35° ambient air incubator
- VITEK 2 and supplies

#### **SPECIAL SAFETY PRECAUTIONS:**

Containment Level 2 facilities, equipment, and operational practices for work involving infectious or potentially infectious materials or cultures:

- Ensure that appropriate hand hygiene practices be used
- Lab gown must be worn when performing activities with potential pathogens
- Gloves must be worn when direct skin contact with infected materials is unavoidable
- Eye protection must be used when there is a known or potential risk of exposure of splashes
- All procedures that may produce aerosols, or involve high concentrations or large volumes should be conducted in a biological safety cabinet (BSC)
- The use of needles, syringes and other sharp objects should be strictly limited

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All patient specimens are assumed to be potentially infectious. Routine Practices must be followed. Since viable micro-organisms are used, all cultures must be handled with appropriate precautions. All equipment in contact with cultures should be decontaminated by appropriate methods.

## **QUALITY CONTROL:**

- Refer to MIC60040-Culture Media Quality Control procedure
- Refer to Test Manual for reagent quality control procedures

### **PROCEDURE INSTRUCTIONS:**

Step	Action				
=	Hold a 1 µL loop vertically and immerse just below the surface of a well-mixed urine specimen.  Deliver a loopful of urine onto the UriSelect 4 agar and make a straight				
1 2					
	Iline down the center.  Streak the urine by making a series of passes at 90° angles through the inoculum:				
3					
	IF	THEN			
4	<ul> <li>Voided urines (non-sterile):</li> <li>Midstream urine (MSU)</li> <li>Neonatal bagged urine</li> <li>Indwelling catheter (Foley) urine</li> <li>Ileal conduit urine</li> </ul>	<ul> <li>Incubate plate for 18-24 hours at 35° in the O<sub>2</sub> incubator</li> </ul>			
	<ul> <li>Aseptically collected urines (sterile):</li> <li>Straight, intermittent or "in and out" catheter</li> <li>Nephrostomy urine</li> <li>Cystoscopy urine</li> <li>Suprapubic bladder aspirate</li> </ul>	<ul> <li>Incubate plate for 48 hours at 35° in the O₂ incubator</li> </ul>			

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### **INTERPRETATION OF RESULTS:**

Using a 1 μL loop, 1 colony equals 1 X 10<sup>6</sup> CFU/L

 Determine the colony count and extent of the work-up required for each morphotype on the plate

Record all observations in the LIS

List of Uronathogens and Non-Uronathogens

<u>List of Oropathogens and Non-Oropathogens:</u>				
Uropathogens	Potential Uropathogens			
<ul> <li>Enterobacteriaceae</li> <li>Pseudomonas aeruginosa</li> <li>Other GNB</li> <li>Enterococcus spp.</li> <li>Streptococcus pyogenes</li> </ul>	Coagulase negative Staphylococcus (Not Staphylococcus saprophyticus)			
<ul> <li>Streptococcus agalactiae</li> <li>Aerococcus urinae*</li> </ul>	NOTE: Only considered significant if:			
<ul> <li>Corynebacterium urealyticum</li> <li>Staphylococcus aureus</li> <li>Staphylococcus saprophyticus: (Females, aged 13-55yrs ONLY)</li> <li>Yeast spp.</li> </ul>	<ul> <li>✓ The patient is symptomatic (indicated in clinical history)</li> <li>AND</li> <li>✓ The organism is pure</li> </ul>			
Non-uropathogens				
<ul><li>Lactobacillus spp.</li><li>Diptheroids:(not <i>C. urealyticum</i>)</li><li>Viridans <i>Streptococci</i></li></ul>	<ul><li> Bacillus spp.</li><li> Neisseria spp.</li></ul>			

<sup>\*</sup> Considered a uropathogen only if colony count is 10 times greater than that of all other microbiota

### **REPORTING INSTRUCTIONS: Non-sterile urine**

No. of colonies	1 isolate	2 isolates	3 or more isolates
Colony count	(uropathogen or	(uropathogens or	(uropathogens or
Colorly Court	non-uropathogen)	non-uropathogens)	non-uropathogens)
≤10 colonies	Report:	Report:	Report:
	"No Significant	"No Significant	"No Significant
≤10 X 10 <sup>6</sup> CFU/L	Growth"	Growth"	Growth"

No. of colonies Colony count	1 uropathogen	2 uropathogens	3 or more uropathogens
11-99 colonies	ID and	ID and susceptibility	Report: "}CON1"
11-99 X 10 <sup>6</sup> CFU/L	susceptibility	on both	Mixed
≥100 colonies	ID and	ID and	Report:
	susceptibility	susceptibility	"} CON1"
≥100 X 10 <sup>6</sup> CFU/L		on both	Mixed

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No. of colonies Colony count	1 uropathogen and ≥1 isolates ≤10 (uropathogen or non-pathogen)	2 uropathogens and ≥1 isolates ≤10 (uropathogen or non-pathogen)	≥3 uropathogens and ≥1 isolates ≤10 (uropathogen or non-pathogen)	
Uropathogens: >10	ID and susceptibility on uropathogen	ID and susceptibility on uropathogens	Report: "} CON1" Mixed"	
Other isolates ≤10	Ignore isolate(s) ≤10	Ignore isolate(s) ≤10		

NOTE: Perform susceptibility testing as per ASTM

# **REPORTING INSTRUCTIONS: Sterile urine**

Colony Count	Any number of morphotypes
Any growth (regardless of number of colony types or count of colonies)	Perform ID and susceptibility testing
No growth after 48 hours incubation	Report: "}NG2D"

#### LIMITATIONS:

- 1. A mixed culture in an uncomplicated outpatient population likely indicates contamination.
- 2. For uncomplicated UTI, culture is usually not indicated.
- 3. False-negative results may be due to interfering substances, diluted urine, low urine pH and subjective interpretation of the criteria for further workup of the culture.

#### **CROSS-REFERENCES:**

MIC60040 Culture Media Quality Control

#### **REFERENCES:**

- 1. Leber, A. (2016). *Clinical microbiology procedures handbook.* (4<sup>th</sup>ed.) Washington, D.C.: ASM Press
- Jorgensen J.H., Pfaller M.A., Carroll K.C., Funke G., Landry M.L., Richter S.S., Warnock D.W. (2015). *Manual of Clinical Microbiology*, 11<sup>th</sup> edition. Washington, D.C: ASM Press
- 3. BioRad Laboratories. (November 2013). UriSelect 4 package insert

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### **APPROVAL:**

May 09, 2025

Date

Acting Director, Laboratory and Diagnostic Imaging Services

# **REVISION HISTORY:**

REVISION	DATE	Description of Change	REQUESTED BY
1.0	23 Dec 16	Initial Release	L. Steven
2.0	30 Nov 18	Updated to include new VITEK 2 instrument	L. Steven
3.0	25 Sep 19 Updated to include new UriSelect chromogenic media		L. Steven
4.0	31 Dec 21	1 Dec 21 Procedure reviewed and added to NTHSSA policy template	
4.1 25 Mar 25 Period review of		Period review complete	L. Steven

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