TRAINING UPDATE

Lab Location: Department:

SGAH & WAH Core - Chemistry Date Distributed:
Due Date:
Implementation:

8/4/2014 8/31/2014 **TBA**

DESCRIPTION OF PROCEDURE REVISION

Name of procedure:

Lactate Dehydrogenase by Dimension Vista® System SGAH.C129, WAH.C123 v1

Total Protein by Dimension Vista® System SGAH.C130, WAH.C124 v1

Description of change(s):

The lab will be resuming body fluid testing for LDH and protein, the effective date has not yet been determined.

In addition, the following change was made to these SOPs:

Section	Reason	
5.2	Remove 30 day stability for calibrator	

The implementation date for the revised SOPs will be announced.

Document your compliance with this training update by taking the quiz in the MTS system.

Quest Diagnostics Nichols Institute Site: Washington Adventist Hospital

Title: Lactate Dehydrogenase by Dimension Vista® System

Technical SOP

Title	Lactate Dehydrogenase by Dimer	nsion Vista® System
Prepared by	Ashkan Chini	Date: 7/12/2012
Owner	Robert SanLuis	Date: 3/27/2014

Laboratory Approval	Local Effective Date:	
Print Name and Title	Signature	Date
Refer to the electronic signature		
page for approval and approval		
dates.		

Review		
Print Name	Signature	Date

SOP ID: WAH.C123 CONFIDENTIAL: Authorized for internal use only SOP Version # 1 Page 1 of 15

Quest Diagnostics Nichols Institute Site: Washington Adventist Hospital

Title: Lactate Dehydrogenase by Dimension Vista® System

TABLE OF CONTENTS

1.	Test Information	2
2.	Analytical Principle	3
3.	Specimen Requirements	3
4.	Reagents	4
5.	Calibrators/Standards	5
6.	Quality Control	7
7.	Equipment And Supplies	9
8.	Procedure	10
9.	Calculations	11
10.	Reporting Results And Repeat Criteria	11
11.	Expected Values	12
12.	Clinical Significance	12
13.	Procedure Notes	13
14.	Limitations Of Method	13
15.	Safety	14
16.	Related Documents	14
17.	References	145
18.	Revision History	15
19	Addenda	15

TEST INFORMATION

Assay	Method/Instrument	Local Code
Lactate Dehydrogenase, Serum / Plasma		LDH
Lactate Dehydrogenase, Body Fluid	Dimension Vista® System	FLD

Synonyms/Abbreviations	
LD, LDH, LDI	

Department	
Chemistry	

CONFIDENTIAL: Authorized for internal use only Page 2 of 15

Quest Diagnostics Nichols Institute Site: Washington Adventist Hospital

ANALYTICAL PRINCIPLE 2.

The LDI method uses as a substrate L-lactate buffered at a pH of 9.4. Lactate dehydrogenase oxidizes the substrate in the presence of NAD+ to yield pyruvate and NADH which absorbs light at 340 nm. Lactate dehydrogenase activity is measured as a rate reaction at 340/700 nm, proportional to the amount of lactate dehydrogenase in the sample.

$$L(+)\text{-lactate} \ \, \begin{array}{c} Lactate \ \, Dehydrogenase \\ L(+)\text{-lactate} + NAD+ & \\ pH \ 9.4 \end{array} > \ \, Pyruvate + H^+ + NADH$$

3. SPECIMEN REQUIREMENTS

Patient Preparation 3.1

Component	Special Notations
Fasting/Special Diets	N/A
Specimen Collection and/or Timing	Normal procedures for collecting and storing serum, plasma and body fluid may be used for samples to be analyzed by this method.
Special Collection Procedures	N/A
Other	N/A

3.2 Specimen Type & Handling

SOP Version # 1

Criteria	
Type -Preferred	Plasma (Heparin), Body Fluid
-Other Acceptable	Serum
Collection Container	Plasma: Green top tube
	Serum: Red top tube, Serum separator tube (SST)
	Body Fluid: Sterile/Clean container or tube
Volume - Optimum	1.0 mL
- Minimum	0.5 mL
Transport Container and	Collection container or Plastic vial at room temperature
Temperature	•
Stability & Storage	Room Temperature: 3 days
Requirements	Refrigerated: Not recommended
	Frozen: Not recommended
	Instrument on board 2 hours
	aliquot stability
Timing Considerations	Serum or plasma should be physically separated from cells
	as soon as possible with a maximum limit of two hours
	from the time of collection.

SOP ID: WAH.C123 CONFIDENTIAL: Authorized for internal use only Page 3 of 15

Title: Lactate Dehydrogenase by Dimension Vista® System

Criteria	
Unacceptable Specimens	Specimens that are unlabeled, improperly labeled, or those
& Actions to Take	that do not meet the stated criteria are unacceptable.
	Request a recollection and credit the test with the
	appropriate LIS English text code for "test not performed"
	message. Examples: Quantity not sufficient-QNS; Wrong
	collection-UNAC. Document the request for recollection in
	the LIS.
Compromising Physical	Reject hemolyzed samples and request a recollection.
Characteristics	Credit the test with the appropriate LIS English text code
	explanation of HMT (Specimen markedly hemolyzed)
Other Considerations	Allow Red Top or SST to clot completely prior to
	centrifugation.

REAGENTS 4.

Quest Diagnostics Nichols Institute

Site: Washington Adventist Hospital

Refer to the Material Safety Data Sheet (MSDS) supplied with the reagents for complete safety hazards. Refer to the section in this procedure covering "SAFETY" for additional information.

4.1 Reagent Summary

Reagents	Supplier & Catalog Number
Lactate Dehydrogenase	Siemens, Flex® reagent cartridge, Cat. No. K2054
Enzyme Diluent	Siemens Diagnostics Healthcare REF: 790035901

Reagent Preparation and Storage

NOTES: Each container must be labeled with (1) substance name, (2) lot number, (3) expiration date, (4) any special storage instructions; check for visible signs of degradation. When placed onboard the analyzer, the instrument captures the date / time loaded and calculates and tracks the opened expiration. Refer to the Material Safety Data Sheet (MSDS) for a complete description of hazards. If a specific hazard is present, it will be noted in this procedure when the hazard is first encountered in a procedural step.

Reagent	Lactate Dehydrogenase	
Container	Reagent cartridge	
Storage	Store at 2-8° C	
Stability	 Reagent is stable until expiration date stamped on the reagent cartridges. Sealed wells on the instrument are stable for 30 days. Once wells 1 - 8 have been entered by the instrument, they are stable for 3 days. 	LOUR ZONZ ROSTANI HILIOLI

SOP ID: WAH.C123 CONFIDENTIAL: Authorized for internal use only SOP Version # 1 Page 4 of 15

Quest Diagnostics Nichols Institute Site: Washington Adventist Hospital

	• Once wells 9 - 12 have been entered by the instrument, they are stable for 6 days.
Preparation	All reagents are liquid and ready to use.

Reagent	Enzyme Diluent
Container	Reagent vial
Storage	Store at 2-8° C
Stability	Reagent is stable until expiration date stamped on the reagent vial. Discard after 7 days following reconstitution or immediately
	if visible turbidity appears.
Preparation	Remove vial from refrigerator and proceed directly with next step.
	Remove stopper and volumetrically add 10.0 mL of reagent grade water.
	Replace stopper and invert gently 10 times.
	Sit vials for 15 minutes, then invert gently 10 times.
	Sit vials for an additional 15 minutes, then invert 10 times
	and swirl gently.
	Use immediately or store at 2-8° C.

CALIBRATORS/STANDARDS 5.

5.1 Calibrators/Standards Used

Calibrator	Supplier and Catalog Number
ENZ 5 CAL	Siemens Dimension Vista®, Cat. No. KC350

5.2 **Calibrator Preparation and Storage**

NOTE: Date and initial all calibrators upon opening. Each container must be labeled with (1) substance name, (2) lot number, (3) date of preparation, (4) expiration date, (5) any special storage instructions; check for visible signs of degradation. When placed onboard the analyzer, the instrument captures the date / time loaded and calculates and tracks the opened expiration.

Calibrator	ENZ 5 CAL
Preparation	Calibrator is ready for use. No preparation is required.

SOP ID: WAH.C123 CONFIDENTIAL: Authorized for internal use only SOP Version # 1 Page 5 of 15

Quest Diagnostics Nichols Institute Title: Lactate Dehydrogenase by Dimension Site: Washington Adventist Hospital

Storage/Stability	•	Store at 2-8° C
	•	Unopened calibrator is stable until expiration date stamped
		on the box.
	•	Opened Calibrator: once the stopper of the vial is
		punctured, assigned values are stable for 7 days when stored
		on board the Dimension Vista System.

Vista® System

Calibration Parameter

Criteria	Special Notations	
Reference Material	ENZ 5 CAL	
Assay Range	6 – 1000 U/L	
Suggested Calibration Level	See Reagent Package Insert for lot specific assigned values in U/L	
Frequency	 Every new reagent cartridge lot. Every 90 days for any one lot When major maintenance is performed on the analyzer. When control data indicates a significant shift in assay. 	
Calibration Scheme	2 levels, $n = 5$	

Calibration Procedure 5.4

Auto Calibration:

- 1. Place the required calibrator vials in a carrier. Make sure the barcode labels are entirely visible through the slots.
- 2. Place the carrier in the loading area.
- 3. Position the carrier with the labels facing away from the user.
- 4. Press the **Load** button.
- 5. Automatic calibration requires that calibrators be on the instrument. As the time for processing approaches, the instrument reviews onboard inventory for the appropriate calibrators.

Manual Calibration:

- 1. Verify that calibrators and reagents are in inventory on the instrument.
- 2. Press System > Method Summary > Calibration.
- 3. Select a method from the sidebar menu. Press the Order Calibration button on
- 4. Verify that the information on the screen is correct. Verify that the calibrator lot is correct using the drop-down menu.
 - a. When calibrating using Vials press OK.
 - b. When calibrating using Cups, check the Use Cups box. This displays the rack and cup position fields. For additional cups use the positions in ascending order. Be sure to use the number of calibration levels and cups as specified in the method IFU. Scan the rack barcode and place calibrator cups in an adapter in position 1 on a rack. Press OK and load the rack on the instrument.

CONFIDENTIAL: Authorized for internal use only SOP ID: WAH.C123 SOP Version # 1 Page 6 of 15

Quest Diagnostics Nichols Institute Site: Washington Adventist Hospital

> 5. The status field in the calibration screen changes sequentially to Awaiting Scheduling, Preparing Calibrators and Processing.

Tolerance Limits

IF	THEN
If result fall within assay-specific specification,	proceed with analysis
and QC values are within acceptable limits,	
If result falls outside assay-specific specification,	troubleshoot the assay and/or
or QC values are out of Acceptable limits,	instrument and repeat calibration

QUALITY CONTROL

6.1 Controls Used

Controls	Supplier and Catalog Number
Liquichek TM Unassayed Chemistry Control	Bio-Rad Laboratories
Levels 1 and 2	Cat. No. 691 and 692

Control Preparation and Storage

NOTE: Date and initial all controls upon opening. Each container should be labeled with (1) substance name, (2) lot number, (3) date of preparation, (4) expiration date, (5) initials of tech, and (6) any special storage instructions; check for visible signs of degradation. A barcode label is produced and placed on the vial.

Control	Liquichek Unassayed Chemistry Controls, Level 1 and 2	
Preparation	Allow the frozen control to stand at room temperature (18-25°C) until completely thawed. Swirl the contents gently to ensure	
	homogeneity. (Do not use a mechanical mixer)	
	Use immediately. After each use, promptly replace the stopper and return to 2-8°C storage.	
Storage/Stability	Once the control is thawed, all analytes will be stable for 15 days	
	at 2-8°C. Unthawed controls are stable until the expiration date at -20 to	
	-70°C.	

6.3 Frequency

Analyze all levels of QC material after every calibration and each day of testing (notated on the QC frequency sheets posted on the instruments).

CONFIDENTIAL: Authorized for internal use only SOP ID: WAH.C123 SOP Version # 1 Page 7 of 15

Title: Lactate Dehydrogenase by Dimension Vista® System

Refer to the Dimension Vista® QC Schedule in the Laboratory policy Quality Control Program and in the Dimension Vista® Quick Reference Guide.

6.4 **Tolerance Limits** _ . .

Quest Diagnostics Nichols Institute

Site: Washington Adventist Hospital

Step	Action
1	Acceptable ranges for QC are programmed into the Laboratory Information System (LIS), and may be posted near the instrument for use during computer downtime.
2	Run Rejection Criteria Anytime the established parameters are exceeded (if one QC result exceeds 2 SD), the run is considered out of control (failed) and patient results must not be reported. The technologist must follow the procedure in the Laboratory QC Program to resolve the problem.
3	Corrective Action: All rejected runs must be effectively addressed through corrective action. Steps taken in response to QC failures must be documented. Patient samples in failed analytical runs must be reanalyzed according to the Laboratory QC Program. Supervisors may override rejection of partial or complete runs only with detailed documentation and criteria for overrides that are approved by the Medical Director. Consult corrective action guidelines in Laboratory QC Program. Follow corrective action guidelines in the Laboratory QC Program.
	Corrective action documentation must follow the Laboratory Quality Control Program.
4	Review of QC
	 QC must be reviewed weekly by the Group Lead or designee and monthly by the Supervisor/Manager or designee.
	 If the SD and/or CV are greater than established ranges, investigate the cause for the imprecision and document implementation of corrective actions.

Review Patient Data

Technologist must review each result with error messages. Refer to the Dimension Vista® system manual "Error messages" section for troubleshooting. Check for unusual patterns, trends, or distributions in patient results (such as an unusually high percentage of abnormal results). Resolve any problems noted before issuing patient reports.

CONFIDENTIAL: Authorized for internal use only SOP ID: WAH.C123 SOP Version # 1 Page 8 of 15

Quest Diagnostics Nichols Institute Site: Washington Adventist Hospital

Documentation

- QC tolerance limits are programmed into the instrument and the LIS. The LIS calculates cumulative mean, SD and CV and stores all information for easy retrieval.
- Quality control records are reviewed daily at the bench, weekly by the Group Lead or designee, and monthly by the Supervisor/Manager or designee.
- · Refer to complete policies and procedures for QC documentation and for record retention requirements in the Laboratory QC Program.

Quality Assurance Program

- Each new lot number of reagent or new shipment of the same lot of reagent must be tested with external control materials and previously analyzed samples. Performance of the new lot must be equivalent to the previous lot; utilize published TEA for acceptability criteria.
- Training must be successfully completed and documented prior to performing this test. This procedure must be incorporated into the departmental competency assessment program.
- The laboratory participates in CAP proficiency testing. All proficiency testing materials must be treated in the same manner as patient samples.
- Monthly QC must be presented to the Medical Director or designee for review
- Monthly QC mean and SD are sent to Bio-Rad Laboratories for peer group
- Consult the Laboratory QC Program for complete details.

EQUIPMENT and SUPPLIES 7.

7.1 **Assay Platform**

Dimension Vista® System

7.2 **Equipment**

- Refrigerator capable of sustaining 2-8°C.
- Freezer capable of sustaining range not to exceed -20 to -70°C.
- Centrifuge

Supplies 7.3

- Aliquot Plates
- · System Fluids
- Assorted calibrated pipettes (MLA or equivalent) and disposable tips

CONFIDENTIAL: Authorized for internal use only

SOP ID: WAH.C123 SOP Version # 1

Quest Diagnostics Nichols Institute Title: Lactate Dehydrogenase by Dimension Vista® System Site: Washington Adventist Hospital

PROCEDURE

LDI Flex[®] reagent cartridge Cat. No. K2054 is required to perform this test.

Lactate Dehydrogenase is performed on the Dimension Vista[®] System after the method is calibrated (see Reference Material in Calibration section) and Quality Controls are acceptable.

NOTE: For all procedures involving specimens, buttoned lab coats, gloves, and face protection are required minimum personal protective equipment. Report all accidents to your supervisor.

The package insert for a new lot of kits must be reviewed for any changes before the kit is used. A current Package Insert is included as a Related Document.

8.1	Sample Processing
1.	A sample rack holding tubes or cups is placed on the rack input lane.
2.	The sample shuttle moves the rack to the barcode reader which identifies the rack and samples to the system.
3.	The rack moves into the sample server and to the rack positioner.
4.	At the same time, aliquot plates move from the aliquot loader into position.
5.	The aliquot probe aspirates the sample from the tubes or cups and dispenses it into the wells of the aliquot plates.
6.	After each aspirate-dispense action, the probe is thoroughly rinsed inside and out to prevent sample carryover.
7.	When sample aspiration is completed, the sample server moves the rack back to the sample shuttle, where it is placed on the output lane and can be removed by the operator.

8.2	Specimen Testing
1.	For QC placement and frequency, refer to the Dimension Vista® QC Schedule in the Laboratory QC Program.
2.	Follow the instructions, outlined in the Dimension Vista® Operator's Manual
3.	The instrument reporting system contains error messages to warn the user of specific malfunctions. Results followed by such error messages should be held for follow-up. Refer to the Dimension Vista® system manual "Error messages" section for troubleshooting.
4.	Follow protocol in Section 10.5 "Repeat criteria and resulting" for samples with results above or below the Analytical Measurement Range (AMR). Investigate any failed delta result and repeat, if necessary.
5.	Append the appropriate English text code qualifier messages to any samples requiring a comment regarding sample quality and/or any other pertinent factors.

CONFIDENTIAL: Authorized for internal use only Page 10 of 15

SOP ID: WAH.C123 SOP Version # 1

Page 9 of 15

atically have repeat testing		
	n:	
atically have repeat testing		
	atically have repeat testing	

Vista® System

Title: Lactate Dehydrogenase by Dimension

Test Conditions				
Sample Volume:	4.1 μL			
Reagent 1 Volume:	53.7 μL			
Reagent 2 Volume:	25.3 μL			
Reaction Time:	7.2 minutes			
Test Temperature:	37° C			
Wavelength:	340 & 700 nm			
Type of measurement:	Bichromatic rate			

9. CALCULATIONS

The instrument automatically calculates the concentration of Lactate Dehydrogenase in U/L.

10. REPORTING RESULTS AND REPEAT CRITERIA

10.1 Interpretation of Data

None required

10.2 Rounding

No rounding is necessary. Instrument reports results as a whole number.

10.3 Units of Measure

U/L

SOP ID: WAH.C123

10.4 Clinically Reportable Range (CRR)

6 - 20,000 U/L

10.5 Repeat Criteria and Resulting

All repeats must replicate the original result within the total allowable error (TEa) of the assay. Refer to TEa listing for specific information.

Values that fall within the AMR or CRR may be reported without repeat. Values that fall outside these ranges must be repeated.

IF the result is	THEN
< 6 U/L	Assure there is sufficient sample devoid of bubbles, cellular debris, and/or fibrin clots. Report as: < 6 U/L

CONFIDENTIAL: Authorized for internal use only

SOP Version # 1 Page 11 of 15

	On Board Automated Dilution:
≥ 1,000 U/L	Results ≥ 1,000 U/L will automatically have repeat testing
	performed into the instrument using dilution factor of 4.
	No multiplication is necessary.
	Manual Dilution:
	Using the primary tube, make the smallest dilution possible to
> 4,000 U/L	bring the raw data within the AMR. Maximum allowable
	dilution: x 20
	DILUENT: Enzyme diluent
	Enter dilution factor as a whole number. Re-assay. Readout is
	corrected for dilution.
	If the recommended dilution does not give results within the
> 20,000 U/L	clinically reportable range, report as: "> 20,000 U/L-REP"
	Bring to the attention of your supervisor prior to releasing
	result.

Message	Code	
Verified by repeat analysis	Append –REP to the result.	

EXPECTED VALUES

Quest Diagnostics Nichols Institute

Site: Washington Adventist Hospital

11.1 Reference Ranges

Serum / Plasma:

Male: 87 - 241 U/L Female: 84 – 246 U/L

Body Fluid: Peritoneal Fluid < 63 U/L

Pleural Fluid: Exudates > 113 U/L

Transudates < 113 U/L

11.2 Critical Values

None established

11.3 Priority 3 Limit(s)

None established

CLINICAL SIGNIFICANCE

Lactate dehydrogenase (LD) is present in the cytoplasm of all cells in the body. The concentration of LD in tissues is several hundred-fold higher than in serum or plasma and even a small amount of tissue damage can lead to an elevation in LD activity. This makes LD

CONFIDENTIAL: Authorized for internal use only

SOP ID: WAH.C123 SOP Version # 1 Page 12 of 15

Quest Diagnostics Nichols Institute Site: Washington Adventist Hospital

especially useful in the diagnosis and monitoring of disease states where tissue turnover is accelerated such as the liver, cardiac muscle, skeletal muscle, kidneys, and erythrocytes. LD is elevated in myocardial or pulmonary infarction, leukemias, hemolytic anemias, nonviral hepatitis, sickle cell disease, lymphoma, renal infarction, acute pancreatitis and any condition that results in the leaking of cytoplasm. It is moderately elevated in cirrhosis, obstructive jaundice, renal disease, skeletal muscle diseases, neoplastic diseases and congestive heart failure. LD is markedly elevated in megaloblastic and pernicious anemia, metastatic carcinoma, viral hepatitis, shock, hypoxia and extreme hyperthermia.

13. PROCEDURE NOTES

FDA Status: FDA Approved/cleared
 Validated Test Modifications: None

The instrument reporting system contains error messages to warn the operator of specific malfunctions. Any report slip containing such error messages should be held for follow-up. Refer to your Dimension Vista Operator's Guide.

The expected maximum observed standard deviations for repeatability using n=5 replicates at the following Lactate Dehydrogenase concentrations are:

LDI Concentration	Acceptable S.D. Maximun		
121 U/L	>11 U/L		
401 U/L	>32 U/L		

14. LIMITATIONS OF METHOD

14.1 Analytical Measurement Range (AMR)

 $6 - 1000 \ U/L$

14.2 Precision

Mean		Standard Dev	Standard Deviation (%CV)		
Material	U/L	Repeatability	Within-Lab		
Multiqual Unassayed Control					
Level 1	111	2.5 (2.3)	3.0 (2.8)		
Level 2	166	3.2 (2.0)	4.1 (2.5)		
Level 3	388	7.4 (1.9)	9.0 (2.4)		

14.3 Interfering Substances

Hemoglobin (hemolysate) at 50 mg/dL increases LDI results by 16% at a lactate dehydrogenase activity concentration of 300 U/L and 500 U/L. Dopamine at 65 mg/dL increases LDI results by 113% at a lactate dehydrogenase activity of 300 U/L.

SOP ID: WAH.C123 CONFIDENTIAL: Authorized for internal use only SOP Version # 1 Page 13 of 15

Quest Diagnostics Nichols Institute Title: Lactate Dehydrogenase by Dimension
Site: Washington Adventist Hospital Vista® System

HIL Interference:

The LDI method was evaluated for interference according to CLSI/NCCLS EP7-A2. Bias, defined as the difference between the control sample (does not contain interferent) and the test sample (contains interferent), is shown in the table below. Bias exceeding 10% is considered "interference".

Substance tested	Substance Concentration	LDI U/L	Bias %
Hemoglobin (hemolysate)	50 mg/dL	300, 500	16
Bilirubin (unconjugated)	80 mg/dL	300, 500	<10
Bilirubin (conjugated)	80 mg/dL	300, 500	<10
Lipemia Intralipid®	1000 mg/dL 3000 mg/dL	300, 500	<10

14.4 Clinical Sensitivity/Specificity/Predictive Values

Not available

15. SAFETY

The employee has direct responsibility to avoid injury and illness at work. Nearly all harmful exposures to infectious substances and chemicals, and other injuries, can be avoided with effective training and consistent safe work practices.

Become familiar with the Environmental Health and Safety (EHS) Manual to learn the requirements on working safely and protecting the environment from harm. Although lab work typically focuses on the hazards of working with specimens and chemicals, we must also control other important hazards.

- Slips, trips, and falls cause many serious injuries. Please ensure that spills are cleaned quickly (to avoid slippery floors) and that you can see and avoid obstacles in your path.
- Ergonomic injuries result from performing tasks with too much repetition, force, or awkward position. Ergonomic injuries include strains and back injuries. Learn about ergonomic hazards and how to prevent this type of injury.
- Scratches, lacerations, and needlesticks can result in serious health consequences.
 Attempt to find ways to eliminate your risk when working with sharp materials.

Report all accidents and injuries <u>immediately</u> to your supervisor or the business unit Environmental Health and Safety Manager or Specialist.

16. RELATED DOCUMENTS

- 1. Dimension Vista® Clinical Chemistry System Operator's Manual
- 2. Dimension Vista® Calibration/Verification Procedure
- 3. Dimension Vista® Cal Accept Guidelines
- 4. Dimension Vista® Calibration summary
- 5. Dimension Vista® Sample Processing, Startup and Maintenance procedure

SOP ID: WAH.C123 CONFIDENTIAL: Authorized for internal use only SOP Version # 1 Page 14 of 15

Form revised 2/02/200

- 6. Laboratory Quality Control Program
- 7. QC Schedule for Siemens Dimension Vista®
- 8. Laboratory Safety Manual
- 9. Material Safety Data Sheets (MSDS)
- 10. Dimension Vista[®] Limits Chart (AG.F200)
- 11. Quest Diagnostics Records Management Procedure
- 12. Dimension Vista® System Error Messages Chart
- 13. Centrifuge Use, Maintenance and Functions Checks (Lab policy)
- 14. Hemolysis, Icteria and Lipemia Interference (Lab policy)
- 15. Repeat Testing Requirement (Lab policy)
- Current Allowable Total Error Specifications at http://questnet1.qdx.com/Business Groups/Medical/qc/docs/qc bpt tea.xls
- 17. Current package insert LDI Flex® Reagent Cartridge K2054

17. REFERENCES

- Package Insert, LDI Flex[®] Reagent Cartridge K2054, Siemens Healthcare Diagnostics Inc., 12/10/2009.
- 2. Package Insert, ENZ 5 CAL, Siemens Healthcare Diagnostics Inc., 03/2009.
- Package Insert, Unassayed Liquichek Chemistry Controls, Bio-Rad Laboratories, 01/2013.
- 4. Package Insert, Enzyme Diluent, Siemens Healthcare Diagnostics Inc., 03/2008.
- 5. Quest Diagnostics SOP ID 300SA355, Lactate Dehydrogenase

18. REVISION HISTORY

Version	Date	Section	Reason	Reviser	Approval
000	3/27/14		Update owner	L Barrett	R SanLuis
000	3/27/14	5.2	Remove 30 day stability	A Chini	R SanLuis
000	3/27/14	16	Update titles	L Barrett	R SanLuis
000	3/27/14	Footer	Version # leading zero's dropped due to new EDCS in use as of 10/7/13.	L Barrett	R SanLuis

19. ADDENDA

None

Form revised 2/02/200

Title: Total Protein by Dimension Vista® System

Technical SOP

Title	Total Protein by Dimension Vista® S	ystem	
Prepared by	Ashkan Chini	Date:	7/12/2012
Owner	Robert SanLuis	Date:	3/27/2014

Laboratory Approval	Local Effective Date:			
Print Name and Title Refer to the electronic signature page for approval and approval	Signature	Date		
dates.				

Review			
Print Name	Signature	Date	

SOP ID: WAH.C124 CONFIDENTIAL: Authorized for internal use only SOP Version # 1

Quest Diagnostics Nichols Institute Site: Washington Adventist Hospital

TABLE OF CONTENTS

1.	Test Information	2
2.	Analytical Principle	3
3.	Specimen Requirements	3
4.	Reagents	4
5.	Calibrators/Standards	5
6.	Quality Control	6
7.	Equipment And Supplies	9
8.	Procedure	9
9.	Calculations	10
10.	Reporting Results And Repeat Criteria	11
11.	Expected Values	12
12.	Clinical Significance	12
13.	Procedure Notes	
14.	Limitations Of Method	13
15.	Safety	14
16.	Related Documents	14
17.	References	14
18.	Revision History	
19	Addenda	15

TEST INFORMATION

Assay	Method/Instrument	Local Code
Total Protein, Serum / Plasma	Dimension Vieto Crystam	TP
Total Protein, Body Fluid	Dimension Vista® System	FTP

Synonyms/Abbreviations
TP, included in Batteries/Packages: COMP, LIVP

Department	
Chemistry	

2. ANALYTICAL PRINCIPLE

The total protein method is a modification of the biuret reaction first introduced by Kingsley and later modified by Henry and presented as the method of choice for serum by Henry. This method incorporates tartrate as a complexing agent to prevent precipitation of Cu(OH)2. Serum blanking increases method sensitivity and minimizes spectral interference from lipemia. Cupric ion (Cu++) reacts with the peptide linkages of protein in a basic solution. The blue copper (II) protein complex thus formed is proportional to the total protein concentration in the sample and is measured using a bichromatic (540, 700 nm) endpoint technique.

SPECIMEN REQUIREMENTS 3.

3.1 **Patient Preparation**

Component	Special Notations	
Fasting/Special Diets	N/A	
Specimen Collection and/or Timing	Normal procedures for collecting and storing serum, plasma and body fluid may be used for samples to be analyzed by this method.	
Special Collection Procedures	N/A	
Other	N/A	

Specimen Type & Handling

Criteria		
Type -Preferred	Plasma (Heparin), Body Fluid	
-Other Acceptable	Serum	
Collection Container	Plasma: Green top tube	
	Serum: Red top tube, Serum separator tube (SST)	
	Body Fluid: Sterile/Clean container or tube	
Volume - Optimum	1.0 mL	
- Minimum	0.5 mL	
Transport Container and	Collection container or Plastic vial at room temperature	
Temperature	-	
Stability & Storage	Room Temperature: 8 hours	
Requirements	Refrigerated: 72 hours	
	Frozen: 6 months	

SOP ID: WAH.C124 CONFIDENTIAL: Authorized for internal use only SOP Version # 1 Page 3 of 15

Quest Diagnostics Nichols Institute Title: Total Protein by Dimension Vista® System Site: Washington Adventist Hospital

Criteria		
	Instrument on board 2 hours aliquot stability	
Timing Considerations	Serum or plasma should be physically separated from cells as soon as possible with a maximum limit of two hours from the time of collection.	
Unacceptable Specimens & Actions to Take	Specimens that are unlabeled, improperly labeled, or those that do not meet the stated criteria are unacceptable. Request a recollection and credit the test with the appropriate LIS English text code for "test not performed" message. Examples: Quantity not sufficient-QNS; Wrong collection-UNAC. Document the request for recollection in the LIS.	
Compromising Physical Characteristics	Gross hemolysis. Reject sample and request a recollection. Credit the test with the appropriate LIS English text code explanation of HMT (Specimen markedly hemolyzed)	
Other Considerations	Allow Red Top or SST to clot completely prior to centrifugation.	

4. REAGENTS

Refer to the Material Safety Data Sheet (MSDS) supplied with the reagents for complete safety hazards. Refer to the section in this procedure covering "SAFETY" for additional information.

4.1 Reagent Summary

Reagents	Supplier & Catalog Number	
Total Protein	Siemens, Flex® reagent cartridge, Cat. No. K1073	

Reagent Preparation and Storage 4.2

NOTES: Each container must be labeled with (1) substance name, (2) lot number, (3) expiration date, (4) any special storage instructions; check for visible signs of degradation. When placed onboard the analyzer, the instrument captures the date / time loaded and calculates and tracks the opened expiration. Refer to the Material Safety Data Sheet (MSDS) for a complete description of hazards. If a specific hazard is present, it will be noted in this procedure when the hazard is first encountered in a procedural step.

Reagent	Total Protein	
Container	Reagent cartridge	
Storage	Store at 2-8° C	
Stability	Reagent is stable until expiration date stamped on the reagent cartridges.	02/2007

SOP ID: WAH.C124 CONFIDENTIAL: Authorized for internal use only SOP Version # 1

Page 4 of 15

• Sealed wells on the instrument are stable for 30 days. Once wells 1 - 12 have been entered by the instrument, they

Site:	e: Washington Adventist Hospital	
	5.4	Calibration Procedure

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Au	to Cambi ation.	
1. Place the required calibrator vials in a carrier.		Make sure the barcode labels are
	entirely visible through the slots.	

Title: Total Protein by Dimension Vista® System

- 2. Place the carrier in the loading area.
- 3. Position the carrier with the labels facing away from the user.
- 4. Press the **Load** button.
- 5. Automatic calibration requires that calibrators be on the instrument. As the time for processing approaches, the instrument reviews onboard inventory for the appropriate calibrators.

CALIBRATORS/STANDARDS 5.

Preparation

Calibrators/Standards Used

Calibrator	Supplier and Catalog Number
CHEM 4 CAL	Siemens Dimension Vista®, Cat. No. KC140

All reagents are liquid and ready to use.

are stable for 7 days.

Calibrator Preparation and Storage

NOTE: Date and initial all calibrators upon opening. Each container must be labeled with (1) substance name, (2) lot number, (3) date of preparation, (4) expiration date, (5) any special storage instructions; check for visible signs of degradation. When placed onboard the analyzer, the instrument captures the date / time loaded and calculates and tracks the opened expiration.

Calibrator	CHEM 4 CAL	
Preparation	CHEM 4 CAL is ready for use. No preparation required.	
Storage/Stability	• Store at 2-8° C	
	Unopened calibrator is stable until expiration date stamped on the box.	
	Opened Calibrator: once the stopper of the vial is punctured, assigned values are stable for 7 days when stored on board the Dimension Vista System.	

Calibration Parameter

SOP ID: WAH.C124

Criteria	Special Notations	
Reference Material	CHEM 4 CAL	
Assay Range	0.0 – 12.0 g/dL	
Suggested Calibration Level	See Reagent Package Insert for lot specific assigned values in g/dL	
Frequency	Every new reagent cartridge lot. Every 90 days for any one lot When major maintenance is performed on the analyzer. When control data indicates a significant shift in assay.	
Calibration Scheme	2 levels, n = 3	

CONFIDENTIAL: Authorized for internal use only

SOP Version # 1 Page 5 of 15

Auto Colibration

Manual Calibration:

- 1. Verify that calibrators and reagents are in inventory on the instrument.
- 2. Press System > Method Summary > Calibration.
- 3. Select a method from the sidebar menu. Press the **Order Calibration** button on
- 4. Verify that the information on the screen is correct. Verify that the calibrator lot is correct using the drop-down menu.
 - a. When calibrating using Vials press OK.
 - b. When calibrating using Cups, check the Use Cups box. This displays the rack and cup position fields. For additional cups use the positions in ascending order. Be sure to use the number of calibration levels and cups as specified in the method IFU. Scan the rack barcode and place calibrator cups in an adapter in position 1 on a rack. Press **OK** and load the rack on the instrument.
- 5. The status field in the calibration screen changes sequentially to Awaiting Scheduling, Preparing Calibrators and Processing.

Tolerance Limits

IF	THEN
If result fall within assay-specific specification,	proceed with analysis
and QC values are within acceptable limits,	
If result falls outside assay-specific specification,	troubleshoot the assay and/or
or QC values are out of Acceptable limits,	instrument and repeat calibration

QUALITY CONTROL

Controls Used

Controls	Supplier and Catalog Number
Liquichek TM Unassayed Chemistry Control	Bio-Rad Laboratories
Levels 1 and 2	Cat. No. 691 and 692

CONFIDENTIAL: Authorized for internal use only

SOP ID: WAH.C124 SOP Version # 1

Page 6 of 15

6.2 Control Preparation and Storage

NOTE: Date and initial all controls upon opening. Each container should be labeled with (1) substance name, (2) lot number, (3) date of preparation, (4) expiration date, (5) initials of tech, and (6) any special storage instructions; check for visible signs of degradation. A barcode label is produced and placed on the vial.

Control	Liquichek Unassayed Chemistry Controls, Level 1 and 2	
Preparation	Allow the frozen control to stand at room temperature (18-25°C) until completely thawed. Swirl the contents gently to ensure homogeneity. (Do not use a mechanical mixer) Use immediately. After each use, promptly replace the stopper and return to 2-8°C storage.	
Storage/Stability	Once the control is thawed, all analytes will be stable for 15 days at 2-8°C. Unthawed controls are stable until the expiration date at -20 to -70°C.	

6.3 Frequency

Analyze all levels of QC material after every calibration and each day of testing (notated on the QC frequency sheets posted on the instruments).

Refer to the Dimension Vista® QC Schedule in the Laboratory policy Quality Control Program and in the Dimension Vista® Quick Reference Guide.

6.4 Tolerance Limits

Step	Action	
1	Acceptable ranges for QC are programmed into the Laboratory Information System (LIS), and may be posted near the instrument for use during computer downtime.	
2	Run Rejection Criteria Anytime the established parameters are exceeded (if one QC result exceeds 2 SD), the run is considered out of control (failed) and patient results must not be reported. The technologist must follow the procedure in the Laboratory QC Program to resolve the problem.	
3	Corrective Action: All rejected runs must be effectively addressed through corrective action. Steps taken in response to QC failures must be documented. Patient samples in failed analytical runs must be reanalyzed according to the Laboratory QC Program. Supervisors may override rejection of partial or complete runs only with detailed	

SOP ID: WAH.C124 CONFIDENTIAL: Authorized for internal use only
SOP Version # 1 Page 7 of 15

ыср	Action	
	documentation and criteria for overrides that are approved by the Medical Director. Consult corrective action guidelines in Laboratory QC Program. Follow corrective action guidelines in the Laboratory QC Program.	
	 Corrective action documentation must follow the Laboratory Quality Control Program. 	
4	Review of QC	
	 QC must be reviewed weekly by the Group Lead or designee and monthly by the Supervisor/Manager or designee. 	
	 If the SD and/or CV are greater than established ranges, investigate the cause for the imprecision and document implementation of corrective actions. 	

6.5 Review Patient Data

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Sten Action

Site: Washington Adventist Hospital

Technologist must review each result with error messages. Refer to the Dimension $Vista^{\oplus}$ system manual "Error messages" section for troubleshooting. Check for unusual patterns, trends, or distributions in patient results (such as an unusually high percentage of abnormal results). Resolve any problems noted before issuing patient reports.

6.6 Documentation

- QC tolerance limits are programmed into the instrument and the LIS. The LIS
 calculates cumulative mean, SD and CV and stores all information for easy
 retrieval.
- Quality control records are reviewed daily at the bench, weekly by the Group Lead or designee, and monthly by the Supervisor/Manager or designee.
- Refer to complete policies and procedures for QC documentation and for record retention requirements in the Laboratory QC Program.

6.7 Quality Assurance Program

- Each new lot number of reagent or new shipment of the same lot of reagent must be tested with external control materials and previously analyzed samples.
 Performance of the new lot must be equivalent to the previous lot; utilize published TEA for acceptability criteria.
- Training must be successfully completed and documented prior to performing this
 test. This procedure must be incorporated into the departmental competency
 assessment program.
- The laboratory participates in CAP proficiency testing. All proficiency testing materials must be treated in the same manner as patient samples.
- Monthly QC must be presented to the Medical Director or designee for review and signature.

SOP ID: WAH.C124 CONFIDENTIAL: Authorized for internal use only SOP Version # 1 Page 8 of 15

only

- Monthly QC mean and SD are sent to Bio-Rad Laboratories for peer group
- Consult the Laboratory QC Program for complete details.

EQUIPMENT and SUPPLIES 7.

7.1 **Assay Platform**

Dimension Vista® System

7.2 Equipment

- Refrigerator capable of sustaining 2–8°C.
- Freezer capable of sustaining range not to exceed -20 to -70°C.
- Centrifuge

7.3 Supplies

- Aliquot Plates
- System Fluids
- Assorted calibrated pipettes (MLA or equivalent) and disposable tips

PROCEDURE 8.

TP Flex® reagent cartridge Cat. No. K1073 is required to perform this test.

Total Protein is performed on the Dimension Vista® System after the method is calibrated (see Reference Material in Calibration section) and Quality Controls are acceptable.

NOTE: For all procedures involving specimens, buttoned lab coats, gloves, and face protection are required minimum personal protective equipment. Report all accidents to your supervisor.

The package insert for a new lot of kits must be reviewed for any changes before the kit is used. A current Package Insert is included as a Related Document.

8.1	Sample Processing	
1.	A sample rack holding tubes or cups is placed on the rack input lane.	
2.	The sample shuttle moves the rack to the barcode reader which identifies the rack and samples to the system.	
3.	The rack moves into the sample server and to the rack positioner.	
4.	At the same time, aliquot plates move from the aliquot loader into position.	
5.	The aliquot probe aspirates the sample from the tubes or cups and dispenses it into the wells of the aliquot plates.	

CONFIDENTIAL: Authorized for internal use only

SOP ID: WAH.C124 SOP Version # 1 Page 9 of 15

8.1	Sample Processing	
6.	After each aspirate-dispense action, the probe is thoroughly rinsed inside and out to prevent sample carryover.	
7.	When sample aspiration is completed, the sample server moves the rack back to the sample shuttle, where it is placed on the output lane and can be removed by the operator.	

8.2	Specimen Testing	
1.	For QC placement and frequency, refer to the Dimension Vista® QC Schedule in the Laboratory QC Program.	
2.	Follow the instructions, outlined in the Dimension Vista® Operator's Manual	
3.	The instrument reporting system contains error messages to warn the user of specific malfunctions. Results followed by such error messages should be held for follow-up. Refer to the Dimension Vista® system manual "Error messages" section for troubleshooting.	
4.	Follow protocol in Section 10.5 "Repeat criteria and resulting" for samples with results above or below the Analytical Measurement Range (AMR). Investigate any failed delta result and repeat, if necessary.	
5.	Append the appropriate English text code qualifier messages to any samples requiring a comment regarding sample quality and/or any other pertinent factors.	

Test Conditions		
Sample Volume:	6.2 μL	
Reagent 1 Volume:	34.7 μL	
Reagent 2 Volume:	34.7 μL	
Reaction Time:	3.8 minutes	
Test Temperature:	37° C	
Wavelength:	540 & 700 nm	
Type of measurement:	Bichromatic endpoint	

9. CALCULATIONS

Quest Diagnostics Nichols Institute

Site: Washington Adventist Hospital

The instrument automatically calculates the concentration of Total Protein in g/dL.

Albumin/globulin (A/G) ratio is given whenever the Total Protein and Albumin are ordered at the same time. Since the total protein value is elevated by the inclusion of fibrinogen in plasma specimens, the Total Protein is corrected for this calculation. Therefore, the formula is as follows:

(Total Protein in g/dL - 0.3g/dL) - Albumin (g/dL) = the Globulin Proteins g/dL

Albumin (g/dL) Globulin Proteins g/dL = A/G ratio

> CONFIDENTIAL: Authorized for internal use only Page 10 of 15

SOP ID: WAH.C124 SOP Version # 1

Title: Total Protein by Dimension Vista® System

REPORTING RESULTS AND REPEAT CRITERIA 10.

10.1 Interpretation of Data

None required

10.2 Rounding

No rounding is necessary. Instrument reports results up to one decimal point.

Units of Measure

g/dL

10.4 Clinically Reportable Range (CRR)

0.0 - 36.0 g/dL

10.5 Repeat Criteria and Resulting

All repeats must replicate the original result within the total allowable error (TEa) of the assay. Refer to TEa listing for specific information.

Values that fall within the AMR or CRR may be reported without repeat. Values that fall outside these ranges must be repeated.

IF the result is	THEN	
0.0 g/dL	Assure there is sufficient sample devoid of bubbles, cellular debris, and/or fibrin clots. Report as:	
0.0 g/dE	0.0 g/dL	
On Board Automated Dilution:		
≥ 12.0 g/dL	Results ≥ 12.0 g/dL will automatically have repeat testing	
	performed into the instrument using dilution factor of 2.	
	No multiplication is necessary.	
	Manual Dilution:	
	Using the primary tube, make the smallest dilution possible to	
> 24.0 g/dL	bring the raw data within the AMR. Maximum allowable	
	dilution: x 3	
	DILUENT: Water	
	Enter dilution factor as a whole number. Re-assay. Readout is	
	corrected for dilution.	
> 36.0 g/dL	If the recommended dilution does not give results within the clinically reportable range, report as: "> 36.0 g/dL-REP" Bring	
> 50.0 g/dL	to the attention of your supervisor prior to releasing result.	

SOP ID: WAH.C124 CONFIDENTIAL: Authorized for internal use only SOP Version # 1 Page 11 of 15

Message Code Verified by repeat analysis Append -REP to the result.

EXPECTED VALUES 11.

Quest Diagnostics Nichols Institute

Site: Washington Adventist Hospital

11.1 Reference Ranges

Serum / Plasma:

Age	Female	Male	
Adult (>19 years):	6.4 – 8.2 g/dL	6.4 – 8.2 g/dL	
Pediatric:			
0 – 60 days	3.6-7.0	4.0-7.6	
61 – 180 days	4.0-7.6	4.0-7.0	
6 – 11 months	4.6-7.8	4.2-7.9	
1 – 6 years	6.0-7.8	6.0-8.0	
7 – 9 years	6.3-8.1	6.3-8.1	
10 – 19 years	6.4-8.6	6.4-8.6	

Body Fluid:

Exudates > 3.0 g/dLTransudates < 3.0 g/dL

11.2 Critical Values

None established

11.3 Priority 3 Limit(s)

None established

12. CLINICAL SIGNIFICANCE

Measurements of total protein are used in the diagnosis and treatment of a variety of diseases involving the liver, kidney or bone marrow as well as metabolic or nutritional disorders.

PROCEDURE NOTES

SOP ID: WAH.C124

• FDA Status: FDA Approved/cleared • Validated Test Modifications: None

The instrument reporting system contains error messages to warn the operator of specific malfunctions. Any report slip containing such error messages should be held for follow-up. Refer to your Dimension Vista Operator's Guide.

CONFIDENTIAL: Authorized for internal use only

SOP Version # 1 Page 12 of 15

Quest Diagnostics Nichols Institute Site: Washington Adventist Hospital

Title: Total Protein by Dimension Vista® System

The expected maximum observed standard deviations for repeatability using n=5 replicates at the following total protein concentrations are:

TP Concentration	Acceptable S.D. Maximum
3.7 g/dL	0.4 g/dL
8.3 g/dL	0.8 g/dL

14. LIMITATIONS OF METHOD

14.1 Analytical Measurement Range (AMR)

0.0 - 12.0 g/dL

14.2 Precision

	Mean	Standard Deviation (%CV)		
Material	g/dL	Repeatability	Within-Lab	
Multiqual Control				
Level 1	3.7	0.1 (2.9)	0.1 (3.2)	
Level 2	8.3	0.2 (2.3)	0.2 (2.5)	

14.3 Interfering Substances

Dextran 40 increased TP results by 38% at 7 g/dL of total protein.

HIL Interference:

The TP method was evaluated for interference according to CLSI/NCCLS EP7-A2. Bias, defined as the difference between the control sample (does not contain interferent) and the test sample (contains interferent), is shown in the table below. Bias exceeding 10% is considered "interference".

Substance tested	Substance Concentration	TP g/dL	Bias %
Hemoglobin (hemolysate)	1000 mg/dL	6.7	<10
Bilirubin (unconjugated)	20 mg/dL	6.9	<10
Bilirubin (conjugated)	20 mg/dL	7	<10
Lipemia Intralipid®	1000 mg/dL	6.2	<10

14.4 Clinical Sensitivity/Specificity/Predictive Values

Not available

SOP ID: WAH.C124

CONFIDENTIAL: Authorized for internal use only

SOP Version # 1 Page 13 of 15

15. SAFETY

The employee has direct responsibility to avoid injury and illness at work. Nearly all harmful exposures to infectious substances and chemicals, and other injuries, can be avoided with effective training and consistent safe work practices.

Become familiar with the Environmental Health and Safety (EHS) Manual to learn the requirements on working safely and protecting the environment from harm. Although lab work typically focuses on the hazards of working with specimens and chemicals, we must also control other important hazards.

- Slips, trips, and falls cause many serious injuries. Please ensure that spills are cleaned quickly (to avoid slippery floors) and that you can see and avoid obstacles in your path.
- Ergonomic injuries result from performing tasks with too much repetition, force, or awkward position. Ergonomic injuries include strains and back injuries. Learn about ergonomic hazards and how to prevent this type of injury.
- Scratches, lacerations, and needlesticks can result in serious health consequences.
 Attempt to find ways to eliminate your risk when working with sharp materials.

Report all accidents and injuries <u>immediately</u> to your supervisor or the business unit Environmental Health and Safety Manager or Specialist.

16. RELATED DOCUMENTS

- 1. Dimension Vista® Clinical Chemistry System Operator's Manual
- 2. Dimension Vista® Calibration/Verification Procedure
- 3. Dimension Vista® Cal Accept Guidelines
- 4. Dimension Vista[®] Calibration summary
- 5. Dimension Vista® Sample Processing, Startup and Maintenance procedure
- 6. Laboratory Quality Control Program
- 7. OC Schedule for Siemens Dimension Vista®
- 8. Laboratory Safety Manual
- 9. Material Safety Data Sheets (MSDS)
- 10. Dimension Vista[®] Limits Chart (AG.F200)
- 11. Quest Diagnostics Records Management Procedure
- 12. Dimension Vista® System Error Messages Chart
- 13. Centrifuge Use, Maintenance and Functions Checks (Lab policy)
- 14. Hemolysis, Icteria and Lipemia Interference (Lab policy)
- 15. Repeat Testing Requirement (Lab policy)
- 16. Current Allowable Total Error Specifications at

http://questnet1.qdx.com/Business_Groups/Medical/qc/docs/qc_bpt_tea.xls

17. Current package insert TP Flex® Reagent Cartridge K1073

. REFERENCES

Ghoshal, Amit K. and Soldin, Steven J., Evaluation of the Dade Behring Dimension[®]
RxL: Integrated chemistry system-pediatric reference ranges. Clinica Chimica Acta 2003;
331·144

SOP ID: WAH.C124 CONFIDENTIAL: Authorized for internal use only

SOP Version # 1 Page 14 of 15

Title: Total Protein by Dimension Vista® System

- Package Insert, TP Flex[®] Reagent Cartridge K1073, Siemens Healthcare Diagnostics Inc., 08/19/2008.
- 3. Package Insert, CHEM 4 CAL, Siemens Healthcare Diagnostics Inc., 03/2008.
- Package Insert, Unassayed Liquichek Chemistry Controls, Bio-Rad Laboratories, 01/2013.
- 5. Quest Diagnostics SOP ID 300SA373, Total Protein, Serum and Fluid.

18. REVISION HISTORY

Version	Date	Section	Reason	Reviser	Approval
000	3/27/14		Update owner	L Barrett	R SanLuis
000	3/27/14	5.2	Remove 31 day stability	A Chini	R SanLuis
000	3/27/14	16	Update titles	L Barrett	R SanLuis
000	3/27/14	Footer	Version # leading zero's dropped due to new EDCS in use as of 10/7/13.	L Barrett	R SanLuis

19. ADDENDA

None

LOTHER SON 7507/7004