

TRAINING UPDATE

Lab Location: SGMC
Department: Core Lab

Date Distributed: 7/12/2017
Due Date: 8/9/2017
Implementation: 8/9/2017

DESCRIPTION OF PROCEDURE REVISION

Name of procedure:	
Vitamin B12 by Dimension Vista® System SGAH.C910 v1	
Description of change(s):	
<i>(note QC change is already in effect)</i>	
Section	Reason
3.2	Remove specimen onboard stability
4,5,6	Remove individual section labeling instructions and add general one
6.1, 6.2	Update QC material and storage
7.2	Specify freezer ranges for products
10.5	Move patient review from section 6
11.3	Move report comment from 10.6
15	Update to new standard wording, add reagent hazard warnings
17	Update QC product and PI dates

This revised SOP will be implemented on August 9, 2017

Document your compliance with this training update by taking the quiz in the MTS system.

Technical SOP

Title	Vitamin B12 by Dimension Vista® System	
Prepared by	Ashkan Chini	Date: 4/16/2015
Owner	Robert SanLuis	Date: 4/16/2015

Laboratory Approval	Local Effective Date:	
Print Name and Title	Signature	Date
<i>Refer to the electronic signature page for approval and approval dates.</i>		

Review		
Print Name	Signature	Date

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1. TEST INFORMATION

Assay	Method/Instrument	Local Code
Vitamin B12	Dimension Vista® System	VTB12

Synonyms/Abbreviations
VB12, cobalamin; included in battery FOLB12

Department
Chemistry

2. ANALYTICAL PRINCIPLE

The vitamin B12 method is a homogeneous, competitive chemiluminescent immunoassay based on LOCI technology. LOCI reagents include two synthetic bead reagents and biotinylated intrinsic factor. The first bead reagent (Chemibead) is coated with a B12 derivative and contains a chemiluminescent dye. The second bead reagent (Sensibead) is coated with streptavidin and contains photosensitive dye. The patient sample is pretreated with sodium hydroxide (NaOH) and dithioerythritol (DTE) to release the serum B12 from its carrier proteins. Potassium cyanide (KCN) is added to convert all the forms of B12 into a single, cyanocobalamin form, and dicyanocobinamide is added to keep the B12 from rebinding with the carrier proteins. After the sample pretreatment, the biotinylated IF and chemibead reagents are added sequentially to the reaction vessel. Vitamin B12 from the sample competes with the B12-chemibead for a limited amount of biotinylated IF. Sensibead reagent is then added and binds to the biotin to form bead pair immunocomplexes. Illumination of the complex at 680 nm generates singlet oxygen from the Sensibeads which diffuses to the Chemibeads triggering a chemiluminescent reaction. The resulting signal is measured at 612 nm and is an inverse function of the concentration of vitamin B12 in the sample.

3. SPECIMEN REQUIREMENTS

3.1 Patient Preparation

Component	Special Notations
Fasting/Special Diets	N/A
Specimen Collection and/or Timing	Normal procedures for collecting and storing serum and plasma may be used for samples to be analyzed by this method.
Special Collection Procedures	Protect samples from light.
Other	N/A

3.2 Specimen Type & Handling

Criteria	
Type -Preferred -Other Acceptable	Plasma (Lithium Heparin) Serum
Collection Container	Plasma: Mint green top tube (PST) Serum: Red top tube, Serum separator tube (SST)
Volume - Optimum - Minimum	1.0 mL 0.5 mL
Transport Container and Temperature	Collection container or Plastic vial at room temperature

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Criteria	
Stability & Storage Requirements	Room Temperature: 24 hours
	Refrigerated: 48 hours
	Frozen: 7 days*
Timing Considerations	Serum or plasma should be physically separated from cells as soon as possible with a maximum limit of two hours from the time of collection.
Unacceptable Specimens & Actions to Take	Specimens that are unlabeled, improperly labeled, or those that do not meet the stated criteria are unacceptable. Request a recollection and credit the test with the appropriate LIS English text code for “test not performed” message. Examples: Quantity not sufficient-QNS; Wrong collection-UNAC. Document the request for recollection in the LIS.
Compromising Physical Characteristics	Avoid using hemolyzed samples. Reject sample and request a recollection. Credit the test with the appropriate LIS English text code explanation of HMT (Specimen markedly hemolyzed)
Other Considerations	Allow Red Top or SST to clot completely prior to centrifugation.

*This information does not match Siemens Package Insert. It is based on the validation which is performed internally in this laboratory. Validation information is available for review.

NOTE: Labeling requirements for all reagents, calibrators and controls include: (1) Open date, (2) Substance name, (3) Lot number, (4) Date of preparation, (5) Expiration date, (6) Initials of tech, and (7) Any special storage instructions. Check all for visible signs of degradation. When placed onboard the analyzer, the instrument captures the date / time loaded and calculates and tracks the opened expiration.

4. REAGENTS

The package insert for a new lot of kits must be reviewed for any changes before the kit is used. A current Package Insert is included as a Related Document.

4.1 Reagent Summary

Reagents	Supplier & Catalog Number
Vitamin B12	Siemens, Flex® reagent cartridge, Cat. No. K6442A

4.2 Reagent Preparation and Storage

Reagent	Vitamin B12
Container	Reagent Cartridge
Storage	Store at 2-8°C
Stability	<ul style="list-style-type: none"> Stable until expiration date stamped on the cartridges. Sealed wells on the instrument are stable for 30 days.

	<ul style="list-style-type: none"> Open well stability – 3 days for wells 1 - 12
Preparation	Hydrating, diluting and mixing are automatically performed by the instrument.

5. CALIBRATORS/STANDARDS

5.1 Calibrators/Standards Used

Calibrator	Supplier and Catalog Number
LOCI 4 CAL	Siemens Dimension Vista®, Cat. No. KC640A

5.2 Calibrator Preparation and Storage

Calibrator	LOCI 4 CAL
Preparation	LOCI 4 CAL is frozen. Before use, thaw at room temperature for at least 30 minutes. Mix the contents of the vial by inverting gently ten times.
Storage/Stability	<ul style="list-style-type: none"> Store at -25 to -15° C Unopened calibrator is stable until expiration date stamped on the box. Opened Calibrator: once the stopper of the vial is punctured, assigned values are stable for 7 days when stored on board the Dimension Vista System.

5.3 Calibration Parameter

Criteria	Special Notations
Reference Material	LOCI 4 CAL
Assay Range	60 – 2000 pg/mL
Suggested Calibration Level	See Reagent Package Insert for lot specific assigned values in pg/mL
Frequency	<ul style="list-style-type: none"> Every new reagent cartridge lot. Every 21 days for any one lot When major maintenance is performed on the analyzer. When control data indicates a significant shift in assay.
Calibration Scheme	5 levels, n = 3

5.4 Calibration Procedure

Auto Calibration:

- Place the required calibrator vials in a carrier. Make sure the barcode labels are entirely visible through the slots.

2. Place the carrier in the loading area.
3. Position the carrier with the labels facing away from the user.
4. Press the **Load** button.
5. Automatic calibration requires that calibrators be on the instrument. As the time for processing approaches, the instrument reviews onboard inventory for the appropriate calibrators.

Manual Calibration:

1. Verify that calibrators and reagents are in inventory on the instrument.
2. Press **System > Method Summary > Calibration**.
3. Select a method from the sidebar menu. Press the **Order Calibration** button on the screen.
4. Verify that the information on the screen is correct. Verify that the calibrator lot is correct using the drop-down menu.
 - a. When calibrating using Vials press **OK**.
 - b. When calibrating using Cups, check the Use Cups box. This displays the rack and cup position fields. For additional cups use the positions in ascending order. Be sure to use the number of calibration levels and cups as specified in the method IFU. Scan the rack barcode and place calibrator cups in an adapter in position 1 on a rack. Press **OK** and load the rack on the instrument.
5. The status field in the calibration screen changes sequentially to Awaiting Scheduling, Preparing Calibrators and Processing.

5.5 Tolerance Limits

IF.....	THEN.....
If result fall within assay-specific specification, and QC values are within acceptable limits,	proceed with analysis
If result falls outside assay-specific specification, or QC values are out of Acceptable limits,	troubleshoot the assay and/or instrument and repeat calibration

6. QUALITY CONTROL

6.1 Controls Used

Controls	Supplier and Catalog Number
Liquichek Immunoassay Plus Control Levels 1, 2 and 3	Bio-Rad Laboratories Cat. No. 267, 268 and 269

6.2 Control Preparation and Storage

Control	Immunoassay Plus Control Levels 1, 2 and 3
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Preparation	Allow the vials to stand at room temperature (18-25°C) until it is completely thawed. Gently swirl the vial several times to ensure homogeneity and immediately load on instrument. After each use, promptly replace the stopper and return to 2-8°C storage.
Storage/Stability	Once the control is thawed, all analytes will be stable for 4 days at 2-8°C. Unthawed controls are stable until the expiration date at -20 to -50°C.

6.3 Frequency

Analyze all levels of QC material after every calibration and each day of testing (notated on the QC frequency sheets posted on the instruments).

Refer to the Dimension Vista® QC Schedule in the Laboratory policy Quality Control Program and in the Dimension Vista® Quick Reference Guide.

6.4 Tolerance Limits and Criteria for Acceptable QC

Step	Action
1	Acceptable ranges for QC are programmed into the instrument's Quality Control software system and Unity Real Time, and may be posted near the instrument for use during computer downtime.
2	<p>Run Rejection Criteria</p> <ul style="list-style-type: none"> Anytime the established parameters are exceeded (if one QC result exceeds 2 SD), the run is considered out of control (failed) and patient results must not be reported. The technologist must follow the procedure in the Laboratory QC Program to resolve the problem.
3	<p>Corrective Action:</p> <ul style="list-style-type: none"> All rejected runs must be effectively addressed through corrective action. Steps taken in response to QC failures must be documented. Patient samples in failed analytical runs must be <u>reanalyzed according to the Laboratory QC Program</u>. Supervisors may override rejection of partial or complete runs only with detailed documentation and criteria for overrides that are approved by the Medical Director. Consult corrective action guidelines in Laboratory QC Program. Follow corrective action guidelines in the Laboratory QC Program. Corrective action documentation must follow the Laboratory Quality Control Program.

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Step	Action
4	<p>Review of QC</p> <ul style="list-style-type: none"> • QC must be reviewed weekly by the Group Lead or designee and monthly by the Supervisor/Manager or designee. • If the SD and/or CV are greater than established ranges, investigate the cause for the imprecision and document implementation of corrective actions.

6.5 Documentation

- QC tolerance limits are programmed into the instrument and Unity Real Time; it calculates cumulative mean, SD and CV and stores all information for easy retrieval.
- Quality control records are reviewed daily at the bench, weekly by the Group Lead or designee, and monthly by the Supervisor/Manager or designee.
- Refer to complete policies and procedures for QC documentation and for record retention requirements in the Laboratory QC Program.

6.6 Quality Assurance Program

- Each new lot number of reagent or new shipment of the same lot of reagent must be tested with external control materials and previously analyzed samples. Performance of the new lot must be equivalent to the previous lot; utilize published TEA for acceptability criteria.
- Training must be successfully completed and documented prior to performing this test. This procedure must be incorporated into the departmental competency assessment program.
- The laboratory participates in CAP proficiency testing. All proficiency testing materials must be treated in the same manner as patient samples.
- Monthly QC must be presented to the Medical Director or designee for review and signature.
- Monthly QC mean and SD are sent to Bio-Rad Laboratories for peer group comparison.
- Consult the Laboratory QC Program for complete details.

7. EQUIPMENT and SUPPLIES

7.1 Assay Platform

Dimension Vista® System

7.2 Equipment

- Refrigerator capable of sustaining 2–8°C.

- Freezer capable of sustaining range not to exceed -15 to -25°C for calibrator
- Freezer capable of sustaining range not to exceed -20 to -50°C for QC product
- Centrifuge

7.3 Supplies

- Aliquot Plates
- System Fluids
- Assorted calibrated pipettes (MLA or equivalent) and disposable tips

8. PROCEDURE

Vitamin B12 Flex® reagent cartridge Cat. No. K6442A is required to perform this test.

Vitamin B12 is performed on the Dimension Vista® System after the method is calibrated (see Reference Material in Calibration section) and Quality Controls are acceptable.

NOTE: For all procedures involving specimens, buttoned lab coats, gloves, and face protection are required minimum personal protective equipment. Report all accidents to your supervisor.

8.1	Sample Processing
1.	A sample rack holding tubes or cups is placed on the rack input lane.
2.	The sample shuttle moves the rack to the barcode reader which identifies the rack and samples to the system.
3.	The rack moves into the sample server and to the rack positioner.
4.	At the same time, aliquot plates move from the aliquot loader into position.
5.	The aliquot probe aspirates the sample from the tubes or cups and dispenses it into the wells of the aliquot plates.
6.	After each aspirate-dispense action, the probe is thoroughly rinsed inside and out to prevent sample carryover.
7.	When sample aspiration is completed, the sample server moves the rack back to the sample shuttle, where it is placed on the output lane and can be removed by the operator.

8.2	Specimen Testing
1.	For QC placement and frequency, refer to the Dimension Vista® QC Schedule in the Laboratory QC Program.
2.	Follow the instructions, outlined in the Dimension Vista® Operator’s Manual
3.	The instrument reporting system contains error messages to warn the user of specific malfunctions. Results followed by such error messages should be held for follow-up. Refer to the Dimension Vista® system manual “Error messages” section for troubleshooting.

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8.2	Specimen Testing
4.	Follow protocol in Section 10.5 “Repeat criteria and resulting” for samples with results above or below the Analytical Measurement Range (AMR). Investigate any failed delta result and repeat, if necessary.
5.	Append the appropriate English text code qualifier messages to any samples requiring a comment regarding sample quality and/or any other pertinent factors.

Test Conditions	
Sample Volume:	12 µL
Reagent 1 Volume: DTE Reagent	15 µL
Reagent 2 Volume: Extractant Reagent	15 µL
Reagent 3 Volume: Blocking Neutralizer Reagent	50 µL
Reagent 4 Volume: Chemibead Reagent	15 µL
Reagent 5 Volume: Sensibead Reagent	50 µL
Reaction Time:	32 min
Test Temperature:	37°C
Wavelength:	680 & 612 nm
Type of measurement:	Chemiluminescence

NOTE: In the event that the test system becomes inoperable, notify supervision or designee for further direction. Patient specimens must be stored in a manner that maintains the integrity of the specimen.

9. CALCULATIONS

The instrument automatically calculates the concentration of Vitamin B12 in pg/mL.

10. REPORTING RESULTS AND REPEAT CRITERIA

10.1 Interpretation of Data

None required

10.2 Rounding

No rounding is necessary. Instrument reports results as a whole number.

10.3 Units of Measure

pg/mL

10.4 Clinically Reportable Range (CRR)

60 – 6,000 pg/mL

10.5 Review Patient Data

Each result is reviewed for error messages. Refer to the Dimension Vista system manual “Error messages” section for troubleshooting. Resolve any problems noted before issuing patient reports.

10.6 Repeat Criteria and Resulting

All repeats must replicate the original result within the total allowable error (TEa) of the assay. Refer to TEa listing for specific information.

Values that fall within the AMR or CRR may be reported without repeat. Values that fall outside these ranges must be repeated.

IF the result is ...	THEN...
< 60 pg/mL	Assure there is sufficient sample devoid of bubbles, cellular debris, and/or fibrin clots. Report as: < 60 pg/mL
≥ 2,000 pg/mL	On Board Automated Dilution: Results ≥ 2,000 pg/mL will automatically have repeat testing performed into the instrument using dilution factor of 3. No multiplication is necessary.
> 6,000 pg/mL	If the recommended dilution does not give results within the clinically reportable range, report as: “> 6,000 pg/mL-REP” Bring to the attention of your supervisor prior to releasing result.

Message	Code
Verified by repeat analysis	Append –REP to the result.

11. EXPECTED VALUES

11.1 Reference Ranges

193 – 986 pg/mL

11.2 Critical Values

None established

11.3 Standard Required Messages

The following comment is automatically added to the report by the LIS if the results fall within 193 – 400 pg/mL:

Although the reference range for Vitamin B12 is 193 – 986 pg/mL, it has been reported that between 5 to 10% of patients with values between 193 and 400 pg/mL may experience neuropsychiatric and hematologic abnormalities due to occult B12 deficiency; less than 1% of patients with values above 400 will have symptoms.

12. CLINICAL SIGNIFICANCE

Vitamin B12, or cobalamin, is found in a variety of foods such as fish, shellfish, meats and dairy products. Intrinsic factor (IF), transcobalamin II (TCII) and haptocorrin (HC) are binding proteins necessary for the assimilation, transport and delivery of B12 to the blood and body tissues. Vitamin B12 is primarily stored in the liver and released on demand. The body uses B12 very efficiently, reabsorbing B12 from the small intestine and returning it to the liver so little is excreted and nutritional deficiency is extremely rare. Vitamin B12 is necessary for DNA synthesis, normal red blood cell maturation and myelin sheath formation and maintenance. It is a coenzyme in the conversion of methylmalonic acid to succinic acid and in the synthesis of methionine. Vitamin B12 deficiency is one of the causes of megaloblastic anemia, a disease in which red blood cells are larger than normal and the ratio of nucleus size to cell cytoplasm is increased. Since folic acid deficiency can also cause megaloblastic anemia, measurement of serum B12 levels is an important part of the differential diagnosis. Vitamin B12 deficiency also causes macrocytic anemias which are characterized by abnormal red blood cell maturation and early release from the bone marrow. Pernicious anemia is a macrocytic anemia. In this disease, an absence of IF prevents normal absorption of B12. In both megaloblastic anemia caused by B12 deficiency and pernicious anemia, treatment with B12 is the therapeutic course. Vitamin B12 deficiency can also lead to abnormal neurologic and psychiatric symptoms such as ataxia, muscle weakness, dementia, psychosis and mood disturbances. Many patients show neurological changes without developing macrocytic anemia. Populations at risk for B12 deficiency include strict vegetarians, the elderly and populations with increased B12 requirements associated with pregnancy, thyrotoxicosis, hemolytic anemia, hemorrhage, malignancy and liver or kidney disease. Early diagnosis of B12 deficiency is crucial because of the latent nature of this disorder and the risk of irreversible neurological damage. Recent studies suggest that in addition to serum B12 levels, folic acid, methylmalonic acid and homocysteine should be measured to improve the specificity of the diagnosis. Elevated B12 levels are seen in hematological disorders (chronic myelogenous leukemia, promyelocytic leukemia, polycythemia vera) and in liver disorders (acute hepatitis, cirrhosis, hepatocellular carcinoma).

13. PROCEDURE NOTES

- **FDA Status:** FDA Approved/modified
- **Validated Test Modifications:** Specimen stabilities have been modified from the package insert based on in-house stability studies performed at Shady Grove Medical Center.

The instrument reporting system contains error messages to warn the operator of specific malfunctions. Any report slip containing such error messages should be held for follow-up. Refer to your Dimension Vista Operator's Guide.

The expected maximum observed standard deviations for repeatability using n = 5 replicates at the following Vitamin B12 concentrations are:

B12 Concentration	Acceptable S.D. Maximum
200 pg/mL	35 pg/mL
1000 pg/mL	60 pg/mL

14. LIMITATIONS OF METHOD

14.1 Analytical Measurement Range (AMR)

60 – 2,000 pg/mL

14.2 Precision

Material	Mean pg/mL	Standard Deviation (%CV)	
		Repeatability	Within-Lab
Bio-Rad Immunoassay Plus			
Level 1	275	11.0	19.2
Level 2	518	8.2	20.3
Level 3	682	16.3	20.1

14.3 Interfering Substances

Dextran 40 at 6 g/dL decreases VB12 results by -11.9% at 200 pg/mL.

HIL Interference:

The Vitamin B12 method was evaluated for interference according to CLSI/NCCLS EP7-A2. Bias, defined as the difference between the control sample (does not contain interferent) and the test sample (contains interferent), is shown in the table below.

Bias exceeding 10% is considered "interference".

Substance tested	Substance Concentration	VB12 pg/mL	Bias %
Hemoglobin (hemolysate)	500 mg/dL 300 mg/dL	200, 1000	19.8, <10
Bilirubin (unconjugated)	60 mg/dL	200, 1000	<10
Bilirubin (conjugated)	60 mg/dL	200, 1000	<10
Lipemia Intralipid®	3000 mg/dL	200, 1000	<10

14.4 Clinical Sensitivity/Specificity/Predictive Values

The limit of detection for B12 is 28 pg/mL. The limit of blank is 18 pg/mL. The functional sensitivity of 60 pg/mL was taken as the limit of quantitation.

15. SAFETY

Refer to your local and corporate safety manuals and Safety Data Sheet (SDS) for detailed information on safety practices and procedures and a complete description of hazards.

Vitamin B12 Flex® Reagent Cartridge causes severe skin burns and eye damage. Contains sodium hydroxide and 5-chloro-2-methyl-3(2h)-isothiazolone mixture with 2-methyl-3(2h)-isothiazolone. IF ON SKIN (or hair): Remove/Take off immediately all contaminated clothing. Rinse skin with water/shower. Immediately call a POISON CENTER or doctor/physician. IF IN EYES: Immediately call a POISON CENTER or doctor/physician

LOCI 4 CAL may cause an allergic skin reaction. Contains 5-chloro-2-methyl-3(2h)-isothiazolone mixture with 2-methyl-3(2h)-isothiazolone. IF ON SKIN: Wash with plenty of soap and water. If skin irritation or rash occurs: Get medical advice/attention.

16. RELATED DOCUMENTS

1. Dimension Vista® Clinical Chemistry System Operator's Manual
2. Dimension Vista® Calibration/Verification Procedure
3. Dimension Vista® Cal Accept Guidelines
4. Dimension Vista® Calibration summary
5. Dimension Vista® Sample Processing, Startup and Maintenance procedure
6. Laboratory Quality Control Program
7. QC Schedule for Siemens Dimension Vista®
8. Laboratory Safety Manual
9. Safety Data Sheets (SDS)
10. Dimension Vista® Limits Chart (AG.F200)
11. Quest Diagnostics Records Management Procedure
12. Dimension Vista® System Error Messages Chart
13. Centrifuge Use, Maintenance and Functions Checks (Lab policy)
14. Hemolysis, Icteria and Lipemia Interference (Lab policy)
15. Repeat Testing Requirement (Lab policy)
16. Current Allowable Total Error Specifications at http://questnet1.qdx.com/Business_Groups/Medical/qc/docs/qc_bpt_tea.xls
17. Current package insert VB12 Flex® Reagent Cartridge K6442A

17. REFERENCES

1. Package Insert, VB12 Flex® Reagent Cartridge K6442A, Siemens Healthcare Diagnostics Inc., 3/27/2015.
2. Package Insert, LOCI 4 CAL, Siemens Healthcare Diagnostics Inc., 03/2015.
3. Package Insert, Liquichek Immunoassay Plus Control, Bio-Rad Laboratories, revised 12/2015.

4. Vitamin B12 (VB12) by Siemens Centaur SOP from Quest Diagnostics Nichols Institute in Chantilly, VA. Document CHA QDIC721 v2.11

18. REVISION HISTORY

Version	Date	Section	Reason	Reviser	Approval
0	6/20/17	3.2	Remove specimen onboard stability	L Barrett	R SanLuis
0	6/20/17	4,5,6	Remove individual section labeling instructions and add general one	L Barrett	R SanLuis
0	6/20/17	6.1, 6.2	Update QC material and storage	L Barrett	R SanLuis
0	6/20/17	7.2	Specify freezer ranges for products	L Barrett	R SanLuis
0	6/20/17	10.5	Move patient review from section 6	L Barrett	R SanLuis
0	6/20/17	11.3	Move report comment from 10.6	L Barrett	R SanLuis
0	6/20/17	15	Update to new standard wording, add reagent hazard warnings	L Barrett	R SanLuis
0	6/20/17	17	Update QC product and PI dates	L Barrett	R SanLuis

19. ADDENDA

None