

HEIGHT CONVERSION CHART

St. Joseph Medical Center Tacoma, WA
 St. Francis Hospital Federal Way, WA

St. Clare Hospital Lakewood, WA
 St. Anthony Hospital Gig Harbor, WA

St. Elizabeth Hospital Enumclaw, WA
 PSC

PURPOSE

The following chart assists in the conversion of height between the English and Metric Systems of Measure.

Feet and Inches	Height in Inches	Height in Centimeters
3 ft 6 in	42	107
3 ft 7 in	43	109
3 ft 8 in	44	112
3 ft 9 in	45	114
3 ft 10 in	46	117
3 ft 11 in	47	119
4 ft	48	122
4 ft 1 in	49	124
4 ft 2 in	50	127
4 ft 3 in	51	130
4 ft 4 in	52	132
4 ft 5 in	53	135
4 ft 6 in	54	137
4 ft 7 in	55	140
4 ft 8 in	56	142
4 ft 9 in	57	145
4 ft 10 in	58	147
4 ft 11 in	59	150
5 ft	60	152
5 ft 1 in	61	155
5 ft 2 in	62	157
5 ft 3 in	63	160
5 ft 4 in	64	163
5 ft 5 in	65	165
5 ft 6 in	66	168
5 ft 7 in	67	170
5 ft 8 in	68	173
5 ft 9 in	69	175
5 ft 10 in	70	178
5 ft 11 in	71	180
6 ft	72	183
6 ft 1 in	73	185
6 ft 2 in	74	188
6 ft 3 in	75	191
6 ft 4 in	76	193
6 ft 5 in	77	196
6 ft 6 in	78	198
6 ft 7 in	79	201
> 6 ft 7 in	Inches x 2.54 = cm	

On-Line height and weight conversions can be found at: <http://www.albireo.ch/bodyconverter/>

DOCUMENT APPROVAL Purpose of Document / Reason for Change:

8/9/12 – New header/format. Slight change in title. Added formula to bottom of grid. Added on-line height/weight conversions website.

Committee Approval Date	<input checked="" type="checkbox"/> Date: 8/9/12 <input type="checkbox"/> NA – revision of department-specific document which is used at only one facility	Medical Director Approval (Electronic Signature)	8/6/12 <i>Linda D. Burkhardt, M. D.</i>
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