

Mandatory Education – Read and Sign by January 30, 2015

Hand Hygiene:

- Hand hygiene must be done before and after any patient contact.
- Hand hygiene must be done after any contact with a potentially contaminated surface.
- Hand hygiene must be **done immediately following removal of gloves**. Do not touch any items or the patient without first doing hand hygiene after removal of gloves.
- Change gloves and do hand hygiene during patient care if moving from a contaminated body site to a clean body site.
- Do not access items in your pocket while in an isolation room (e.g. pen, phone, etc.).

Use soap and water:

- When hands are visibly soiled, or are contaminated with blood or body fluids
- Before eating
- After using the restroom
- When caring for a patient with known / suspect C. diff infection

When washing hands with soap and water, apply soap and warm water, then rub hands together vigorously, creating friction for at least 15 seconds. Be sure to cover all surfaces of the hands and fingers, up to the wrists.

May use alcohol hand sanitizer:

- For routine decontamination if hands are not visibly soiled (and if patient does not have / is not suspected of having C.diff).

Apply golf ball-sized amount of foam (or quarter-sized amount of gel) to hands and rub hands together, covering all surfaces up to the wrists. Allow to **air-dry** (do not rub hands on clothing or towel to dry).

Safe Care of Equipment in Contact Precautions Room:

Any item taken into a Contact Precaution isolation room must be either properly and thoroughly disinfected prior to removal from the room or discarded.

- When disinfecting an item, be sure to keep the surface wet for the required contact time for the disinfectant agent being used.

Patient care equipment (e.g. glucometer, EKG, Site Rite machine) must be properly disinfected upon exit from the room.

- Glucometer – disinfect with Bleach
- Other items – disinfect with either Clorox Bleach or Hydrogen Peroxide wipes
 - If patient has or is suspected of having C diff, use Bleach wipes.

When in a Contact Isolation room:

- do not access items in your pocket (e.g. pen, phone).
 - any items that are touched or handled while in the room must be either thoroughly disinfected upon exit or disposed of in the trash in the room
- do not take any items into the patient room unless you are certain you will need to use them

References:

Hand Hygiene policy (Infection Control manual)

Isolation Precautions policy (Infection Control manual)

For questions, call Infection Prevention at extension 9494 (419-226-9494).