



University of Washington Medical Center  
1959 NE Pacific Street, Seattle, WA 98195  
Transfusion Services Laboratory  
Policies and Procedures Manual

Original Effective Date:  
03-11-2016  
Revision Effective Date:  
06-07-2022 07-26-2024

Number:  
PC-0036.043

**TITLE: Testing and Provision of Hemoglobin S Negative Blood**

**PURPOSE:**

To provide instructions for performing sickle cell testing on red blood cell components using the SickleDex kit and controls and provide hemoglobin S negative components

**PRINCIPLE & CLINICAL SIGNIFICANCE:**

**Principle**

SickleDex is a qualitative solubility test kit used to detect the presence of sickling hemoglobins (HbS) in blood or control material. *SickleDex* uses saponin to lyse the red blood cells. Sodium Hydrosulfite then reduces the released hemoglobin. Reduced HbS is insoluble in the concentrated phosphate buffer and forms a cloudy, turbid suspension.

**Clinical Significance**

Transfusion of units negative for hemoglobin S reduces tissue hypoxia in patients with Sickle Cells Disease (SCD) and reduces the risk of cellular breakdown from the hemoglobin S positive RBCs in neonates

**POLICIES:**

- HbS negative red blood cells components shall be provided to patients for the following:
  - Sickle cell disease, sickle cell trait and thalassemia, Diamond Black-fan anemia
  - Red blood cell exchanges (adult and neonatal)
  - Children < 4 months old and intrauterine transfusions
- ~~SCD patients~~ Patients needing HbS negative red cell components must be flagged in Sunquest with the NHBS attribute to prevent release of untested units. *Refer to SOP: Blood Administrative Data Entry Updates*

**SPECIMEN REQUIREMENTS:**

Blood from donor segments stored at 1-6°C for up to 45 days

**REAGENTS/SUPPLIES/EQUIPMENT:**

Reagents:	Supplies:	Equipment:
<ul style="list-style-type: none"> <li>• SickleDex Kit</li> <li>• Sickle-Chex Controls</li> </ul>	<ul style="list-style-type: none"> <li>• 12 x 75 mm test tubes</li> <li>• Adjustable pipette</li> <li>• Disposable pipette tips</li> <li>• Blood bank transfer pipettes</li> </ul>	<ul style="list-style-type: none"> <li>• Test tube rack with lines</li> </ul>

**QUALITY CONTROL:**

Quality control is performed with each batch of testing

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**INSTRUCTIONS:**

**TABLE OF CONTENTS:**

**Working Solubility Buffer Preparation**  
**SickleDex Testing**

**Working Solubility Buffer Preparation**

STEP	ACTION
1	Bring buffer and reagent powder from the Sickledex Kit to room temperature before mixing
2	Add contents of one vial of Sickledex Reagent Powder to one bottle of Sickledex Solubility Buffer
3	Place a white dispenser cap on the bottle of working solubility buffer
4	Agitate the buffer vigorously until the reagent powder is dissolved
5	Label the buffer container with the following after reconstitution: <ul style="list-style-type: none"><li>• Reconstitution date</li><li>• 45-day expiration date</li><li>• Tech ID</li></ul>

**SickleDex Testing**

STEP	ACTION
1	Label 12 x 75 mm tubes for each donor unit to be tested, 1 positive control and 1 negative control
2	Allow controls <del>and buffer</del> to warm to room temperature (18°C to 30°C) for approximately 15 minutes before use
3	Place tubes in testing rack and fill each tube with working Sickledex Solubility Buffer to the red line on rack (approximately 2 mL) <b>NOTE:</b> <del>Allow tubes with buffer to sit at room temp for atleast 10minutes.</del> Return buffer to refrigerator immediately after use
4	Mix controls by holding vertically between hands and rolling the vials back and forth for 20-30 seconds followed by inverting end over-end 20 times. <b>NOTE:</b> Visually inspect the bottom of the vial to ensure all cells are suspended
5	Add 1 drop of each control into the appropriate labeled control tube <b>NOTE:</b> The control MUST be inverted and held vertically directly over the test tube to ensure accurate delivery. Wipe threads on each control before returning cap, if necessary
6	Add <del>10</del> 20uL of <del>whole blood</del> packed cells and swirl the contents to mix <b>NOTE:</b> If donor segment <del>does not appear</del> appears to contain whole blood, <del>(due to settling prior to sealing), use 2</del> 40uL of <del>packed red blood cells for testing</del> whole blood for testing

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STEP	ACTION						
7	Allow tubes to stand in the testing rack at room temperature for at least 6 minutes and no longer than 60 minutes						
8	Read reaction macroscopically by looking through the test tubes at black lines on the back of the testing rack						
	<table border="1"> <thead> <tr> <th>If result read <del>between</del> 6-60mins is</th> <th>Then</th> </tr> </thead> <tbody> <tr> <td>Negative</td> <td> <p>Acceptable to report if result is clearly negative</p> <p><b>Note: If reading at 6 minutes is indeterminate, incubation can be extended up to 60 minutes, Incubate sample for a total of 60 mins to confirm negative result</b></p> </td> </tr> <tr> <td>Positive</td> <td>Further incubation is not required</td> </tr> </tbody> </table>	If result read <del>between</del> 6-60mins is	Then	Negative	<p>Acceptable to report if result is clearly negative</p> <p><b>Note: If reading at 6 minutes is indeterminate, incubation can be extended up to 60 minutes, Incubate sample for a total of 60 mins to confirm negative result</b></p>	Positive	Further incubation is not required
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Positive	Further incubation is not required						
9	Go to section Result Reporting						

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**CALCULATIONS/INTERPRETATIONS/RESULTS REPORTING/NORMAL VALUES/CRITICAL VALUES**

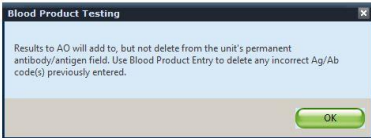
**Interpretation:**

If black tube rack lines are	Interpret as
<b>CLEARLY VISIBLE</b> thru a transparent suspension	Negative
<b>NOT VISIBLE</b> thru a cloudy, turbid suspension	Positive

**Results Reporting in Sunquest**

STEP	ACTION											
1	Open 'Blood Order Processing' function											
2	Assign unit to patient using 'Blood Inventory Search' or by scanning unit barcode											
3	<p>QA Warning window will open with warning message about missing NHBS attribute on unit</p> <ul style="list-style-type: none"> <li>Check the box on the left to acknowledge QA Warning for each unit</li> </ul>											
	<table border="1"> <thead> <tr> <th>Acknowledge</th> <th>Unit</th> <th>Comp Type</th> <th>Div #</th> <th>Warning message</th> <th>Have authority to override?</th> </tr> </thead> <tbody> <tr> <td><input type="checkbox"/></td> <td>W141605200006</td> <td>E0382</td> <td>00</td> <td>Patient/unit attribute incompatibility Patient's Attribute(s): NHBS Attribute(s) Missing on Unit: NHBS</td> <td>Yes</td> </tr> </tbody> </table>	Acknowledge	Unit	Comp Type	Div #	Warning message	Have authority to override?	<input type="checkbox"/>	W141605200006	E0382	00	Patient/unit attribute incompatibility Patient's Attribute(s): NHBS Attribute(s) Missing on Unit: NHBS
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<input type="checkbox"/>	W141605200006	E0382	00	Patient/unit attribute incompatibility Patient's Attribute(s): NHBS Attribute(s) Missing on Unit: NHBS	Yes							
4	<ul style="list-style-type: none"> <li>Order a sickle cell test on the allocated unit</li> <li>Enter ;<b>SCKL</b> in the 'Add unit test' box at the bottom of the screen</li> </ul>											
5	Enter the reactions according to the following tables:											
	<table border="1"> <thead> <tr> <th></th> <th>SKP</th> <th>SKN</th> <th>SKU</th> </tr> </thead> <tbody> <tr> <td>SCKL</td> <td>+</td> <td>-</td> <td>+ or -</td> </tr> </tbody> </table>		SKP	SKN	SKU	SCKL	+	-	+ or -			
	SKP	SKN	SKU									
SCKL	+	-	+ or -									

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	SKP = Sickle Positive Control; SKN = Sickle Negative Control; SKU = Unit Tested	
6	Enter the Interpretation in the interpretation grid:	
	<b>Interpretation</b>	<b>SQ Result</b>
	Positive	POSHBS
	Negative	NGHBS
7	<ul style="list-style-type: none"> <li>Click &lt;Save&gt;</li> <li>Override QA Failure by adding a 'TDONE' comment <ul style="list-style-type: none"> <li>In the free text box, add 'Sickle Cell Testing'</li> </ul> </li> <li>Click &lt;OK&gt; to acknowledge unit failure on the Electronic Crossmatch Eligibility Report</li> </ul>	
8	Open 'Blood Product Testing' function	
9	<ul style="list-style-type: none"> <li>Scan unit information</li> <li>Click &lt;Continue&gt;</li> </ul>	
10	Order ';AO' in the 'Unit Testing' field	
	<b>If SCKL testing is</b>	<b>Then</b>
	POSITIVE	Result with ;POSHBS
	NEGATIVE	Result with ;NHBS
11	Click <OK> to acknowledge the Blood Product Testing Comment	
12	Click <Save> and <Exit>	
13	Go to 'Blood Order Processing'	
	<b>If SCKL testing on unit is</b>	<b>Then</b>
	NEGATIVE	Go to next step
	POSITIVE	In the Compatibility Testing area <ul style="list-style-type: none"> <li>Uncheck 'Use reaction grid results' box</li> <li>Enter ';ND' in the 'XM' field</li> <li>Enter 'J' in the 'TS' field for 'NOK'</li> <li>Go to step 15</li> </ul> <b>NOTE:</b> Unit will automatically be released from patient
14	Enter comment code on unit to display the status on the Transfusion Record <ul style="list-style-type: none"> <li>Enter; CM in the 'Add unit test' box at the bottom of the screen</li> <li>Enter the following code in the CM box; NHBS</li> </ul>	
15	<b>If performing</b>	<b>Then</b>
	Electronic crossmatch	Click <Save>
	Serologic crossmatch (adult)	Enter results according to appropriate Crossmatch SOP then click <Save>
	TNRBC (Neonate crossmatch)	Answer 'TS' Box Click <Save>

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**16** Continue to Blood Product Issue if issuing unit

**CALIBRATION:**

NA

**PROCEDURE NOTES AND LIMITATIONS:**

- Sickle –Chex controls expire 100 days after open or manufacturer’s expiration, whichever date is shorter
- Donors with Hgb S concentrations less than 30.9% may not be detected
- [See manufacturers insert for additional limitations on use of reagents](#)

**REFERENCES:**

SickleDex Manufacturer Insert. Omaha, Nebraska: Streck; current version  
Sickle-Chek Manufacturer Insert. Omaha, Nebraska: Streck; current version

**RELATED DOCUMENTS:**

**APPENDIX:**

NA

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<b>UWMC SOP Approval:</b>	
<b>UWMC CLIA Medical Director</b>	
Andrew Bryan, MD	Date _____
<b>Transfusion Service Manager</b>	Date _____
Nina Sen	
<b>QA Manager</b>	Date _____
Taylor Reeves	
<b>Transfusion Service Medical Director</b>	Date _____
Monica Pagano, MD	
<b>UWMC Biennial Review:</b>	
_____	Date _____
_____	Date _____

**REVISION HISTORY:**  
04/16/18: Updated instructions for mixing controls to match revision to package insert.  
06/29/2021: Added incubating negative results for 60 minutes per change in package insert and policy for providing HbS negative RBCs to Diamond-Blackfan anemia patients  
05/02/2022: Updated to remove 60 min incubation requirement per manufacturer