

SEQUENCE FOR PUTTING ON PERSONAL PROTECTIVE EQUIPMENT (PPE)

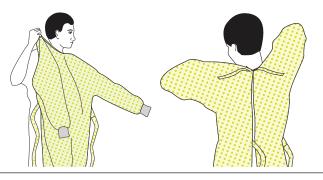
The type of PPE used will vary based on level of precautions required. The procedure for putting on and removing PPE should be tailored to the specific type of PPE. Evaluate your pocket contents before putting on PPE. Accessing pocketed items while in PPE is not permitted.

1. Perform Hand Hygiene



2. Gown

- · Fasten in back of neck and waist
- Fully cover torso, arms to end of wrists, and wrap around the back



3. Mask or Respirator

- Secure elastic bands around ears or ties at middle of head and neck
- Fit flexible band to nose bridge
- · Fit snug to face and below chin
- · Fit-check respirator



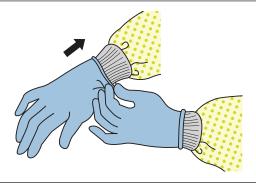
4. Face Shield or Goggles

· Place over face and eyes, adjust to fit



5. Gloves

· Extend to cover wrist of isolation gown



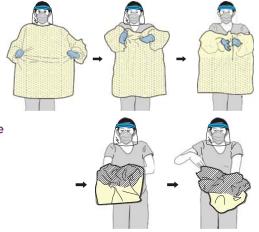


SEQUENCE FOR REMOVING PERSONAL PROTECTIVE EQUIPMENT (PPE)

Remove all PPE before exiting the patient room, except a respirator. If worn, remove the respirator after leaving the patient room and closing the door. Dispose of PPE in regular trash. If contaminated with blood or body fluids, dispose in Red Medical Waste containers (red bags).

1. Remove Gown and Gloves

- · Gown front and sleeves and the outside of gloves are contaminated
- If your hands get contaminated during gown or glove removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Grasp the gown in the front and pull away from your body so the ties break, touching outside of gown only with gloved hands
- · While removing the gown, fold or roll the gown inside-out into a bundle
- As you remove the gown, peel off your gloves at the same time, only touching the inside of the gloves and gown with your bare hands
- Dispose of gown and gloves in a waste container
- · Perform hand hygiene



2. Remove Goggles or Face Shield

- Outside of goggles or face shield are contaminated
- If your hands get contaminated during goggle or face shield removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Remove goggles or face shield from the back by lifting head band and without touching the front of the goggles or face shield
- If the item is reusable, place in designated receptacle for reprocessing. Otherwise, discard in a waste container
- Perform hand hygiene

3. Remove Mask or Respirator

- Front of mask/respirator is contaminated do not touch
- If your hands get contaminated during mask/respirator removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Grasp bottom ties or elastics of the mask/respirator, then the ones at the top, and remove without touching the front
- · Discard in a waste container
- Perform hand hygiene





