

MALARIA PARASITES

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INTRODUCTION TO MP



- Malaria is a life-threatening disease caused by parasites that are transmitted to people through the bites of infected female *Anopheles mosquitoes*.
- There are **5 parasite species** that cause malaria in human;
 - *i. Plasmodium vivax*,
 - ii. Plasmodium falciparum,
 - iii. Plasmodium knowlesi
 - iv. Plasmodium malariae,
 - v. Plasmodium ovale
- Among them, *Plasmodium falciparum* and *Plasmodium vivax* pose the greatest threat.



TRANSMISSION



- Malaria is **transmitted by blood**, so it can also be transmitted through:
 - an organ transplant
 - a transfusion
 - use of shared needles or syringes
- An infected mother can also pass the disease to her baby at birth. This is known as **congenital malaria**.



- 1. The **asexual phase** of the malarial life cycle occurs in humans.
- 2. Following inoculation of the human host with infectious **sporozoites** from a mosquito, an initial proliferative phase (**exoerythrocytic schizogony**) occurs in the liver.
- 3. Merozoites are then released into the bloodstream and invade red blood cells, initiating erythrocytic schizogony.
- 4. The parasite grows within the red cell from a early **trophozoite** to a **late schizont**, feeding on hemoglobin and producing **malarial pigment** as a waste product.
- 5. When the schizont ruptures, merozoites are released into the bloodstream initiating the next schizogonic cycle.
- 6. The patient's tertian or quartan fever profile approximates the time of release of **merozoites** into the bloodstream.
- 7. After several cycles, some merozoites develop into male and female **gametocytes** which, when ingested by a mosquito, complete the **sexual phase** of the life cycle.

LIFE CYCLE OF MALARIA PARASITES





SYMPTOMS

- The symptoms of malaria typically develop within **10 days to 4 weeks** following the infection. In some cases, symptoms may not develop for several months. Some malarial parasites can enter the body but will be dormant for long periods of time.
- Common symptoms of malaria include:
 - ✓ shaking chills that can range from moderate to severe
 - ✓ high fever
 - ✓ profuse sweating
 - ✓ headache
 - ✓ nausea
 - ✓ vomiting

✓ abdominal pain
✓ diarrhea
✓ anemia
✓ muscle pain
✓ convulsions
✓ coma
✓ bloody stools



Malaria can cause a number of **life-threatening complications**. The following may occur:

- swelling of the blood vessels of the brain, or cerebral malaria
- an accumulation of fluid in the lungs that causes breathing problems, or pulmonary edema
- organ failure of the kidneys, liver, or spleen
- anemia due to the destruction of red blood cells
- low blood sugar

Plasmodium vivax

A: Stages of *P. vivax* in thin blood smears.



Fig. 1: Normal red cell
Figs. 2-6: Young trophozoites (ring stage parasites)
Figs. 7-18: Trophozoites
Figs. 19-27: Schizonts
Figs. 28 and 29: Macrogametocytes (female)
Fig. 30: Microgametocyte (male)



B: Stages of *P. vivax* in thick blood smears.





- 1. Ameboid trophozoites
- 2. Schizont 2 division of chromatin
- 3. Mature schizont
- 4. Microgametocytes
- 5. Blood platelets
- 6. Nucleus of neutrophil
- 7. Eosinophil
- 8. Blood platelet associated with cellular remains of young erythrocytes

Plasmodium vivax

- Red cells containing parasites are usually enlarged.
- Schuffner's dot are frequently present in the red cells.
- The mature ring form tend to be large and coarse.
- Developing forms are frequently present.



Plasmodium falciparum

A: Stages of P. falciparum in thin blood smears.



Fig. 1: Normal red cell
Figs. 2-18: Trophozoites (among these,
Figs. 2-10: correspond to ring-stage trophozoites)
Figs. 19-26: Schizonts (Fig. 26 is a ruptured schizont)

Figs.27, 28: Mature macrogametocytes (female) Figs. 29, 30: Mature microgametocytes (male)

B: Stages of P. falciparum in thick blood smears.





- 1. Small trophozoites
- 2. Gametocytes normal
- 3. Slightly distorted gametocyte
- 4. "Rounded up" gamtocyte
- 5. Disintegrated gametocyte
- 6. Nucleus of leucocyte
- 7. Blood platelets
- 8. Cellular remains of young erythrocyte

Plasmodium falciparum

- Red cells are **not enlarged**.
- Rings appear fine and delicate and there may be several in one cell.
- Some rings may have **two chromatin dots** .
- Presence of marginal or applique forms.
- It is unusual to see developing forms in peripheral blood films.
- Gametocytes have a characteristic **crescent shape** appearance. *However, they do not usually appear in the blood for the first 4 weeks of infection.
- Maurer's dot may be present.

Plasmodium ovale

A: Stages of *P. ovale* in thin blood smears.



Fig. 1: Normal red cell
Figs. 2-5: Young trophozoites (Rings)
Figs. 6-15: Trophozoites
Figs. 16-23: Schizonts
Fig. 24: Macrogametocytes (female)
Fig. 25: Microgametocyte (male)



B: Stages of *P. ovale* in thick blood smears.





- 1. Small trophozoites
- 2. Growing trophozoites
- 3. Mature trophozoites
- 4. Schizonts
- 5. Gametocytes
- 6. Nucleus of leucocyte
- 7. Blood platelets

Plasmodium ovale

- Red cells are **enlarged** .
- Comet forms common.
- Rings large and coarse.
- Schuffner's dots when present, may be prominent.
- Matured schizonts similar to those of *P. malariae* but larger and more coarse.



Plasmodium malariae

A: Stages of *P. malariae* in thin blood smears.



Fig. 1: Normal red cell
Figs. 2-5: Young trophozoites (rings)
Figs. 6-13: Trophozoites
Figs. 14-22: Schizonts
Fig. 23: Developing gametocyte
Fig. 24: Macrogametocyte (female)
Fig. 25: Microgametocyte (male)



B: Stages of *P. malariae* in thick blood smears.





- 1. Small trophozoites
- 2. Growing trophozites
- 3. Mature trophozoites
- 4. 6. Immature schizonts with varying numbers of divisions
- of the chromatin
- 7. Mature schizonts
- 8. Nucleus of leucocyte
- 9. Blood platelets
- 10. Cellular remains of young erythrocytes

Plasmodium malariae



- Ring forms may have a squarish appearance.
- Band forms are a characteristic of this species.
- Mature schizonts may have a typical **daisy head appearance** with up to ten merozoites.
- Red cells are **not enlarged**.
- Chromation dot may be on the inner surface of the ring.

Plasmodium knowlesi

A: Stages of P. knowlesi in thin blood smears.



PLASMODIUM KNOWLESI

Fig. 1: Normal red cell
Figs. 2-9: Young trophozoites (ring-form trophozoites)
Figs. 10-12: Developing trophozoites
Figs. 13-15: Mature trophozoites
Figs. 16-23: Developing, nearly mature and mature schizonts

Fig. 24: Mature macrogametocyte (female) Fig. 25: Mature microgametocyte (male)



B : Giemsa-stained thick blood film showing late trophozoites of *P. knowlesi*.







CALCULATION OF PARASITEMIA

Percentage of infected RBCs = $\frac{no \ of \ infected \ RBC}{total \ no \ of \ RBC \ counted} \times 100$

The percentage of infected RBCs (parasitemia) is determined by enumerating the number of infected RBCs in relation to the number of uninfected RBCs.

✤ A minimum of 500 RBCs total should be counted.

SUMMARY



