

The background of the slide is a microscopic image showing numerous plasma cells. These cells are characterized by their large, round nuclei with dense, dark purple chromatin and a prominent, lighter purple nucleolus. The cytoplasm is pale and contains fine granules. The cells are scattered across the field of view.

# PLASMA CELL NEOPLASM

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# Types of plasma cell neoplasm (PCM)

1. Monoclonal gammopathy of undetermined significance (MGUS)
2. Plasma cell myeloma
3. Plasmacytoma
4. Immunoglobulin deposition diseases
5. Osteosclerotic myeloma (POEMS syndrome) (R.W. McKenna, 2008)

# Smoldering Multiple Myeloma (SMM)

- Both criteria must be met:
  1. Serum monoclonal protein (IgG or IgA)  $\geq 30\text{g/L}$  or urinary monoclonal protein  $\geq 500\text{mg}$  per 24h and/or clonal bone marrow plasma cells 10-60%
  2. Absence of myeloma-defining events or amyloidosis

# IgM MGUS

- Serum IgM monoclonal protein <30 g/L
- Bone marrow lymphoplasmacytic infiltration <10%
- No evidence of anaemia, constitutional symptoms, hyperviscosity, lymphadenopathy, hepatosplenomegaly, or other end-organ damage that can be attributed to the underlying lymphoproliferative disorder

# Light chain MGUS

- Abnormal FLC ratio ( $<0.26$  or  $>1.65$ )
- Increased level of the appropriate free light chain (increased  $\kappa$  FLC in patients with ratio  $>1.65$  and increased  $\lambda$  FLC in patients with ratio  $<0.26$ )
- No immunoglobulin heavy chain expression on immunofixation
- Absence of end-organ damage such as hypercalcemia, renal insufficiency, anemia, and bone lesions (CRAB) or amyloidosis that can be attributed to the plasma cell proliferative disorder
- Clonal bone marrow plasma cells  $<10\%$
- Urinary monoclonal protein  $<500\text{mg}/24\text{h}$

# Solitary plasmacytoma

- Biopsy-proven solitary lesion of bone or soft tissue with evidence of clonal plasma cells
- Normal bone marrow with no evidence of clonal plasma cells
- Normal skeletal survey and MRI (or CT) of spine and pelvis (except for the primary solitary lesion)
- Absence of end-organ damage such as hypercalcemia, renal insufficiency, anemia, and bone lesions (CRAB) or amyloidosis that can be attributed to the plasma cell proliferative disorder

# Solitary plasmacytoma with minimal marrow involvement

- Biopsy-proven solitary lesion of bone or soft tissue with evidence of clonal plasma cells
- Clonal bone marrow plasma cells <10%
- Normal skeletal survey and MRI (or CT) of spine and pelvis (except for the primary solitary lesion)
- Absence of end-organ damage such as hypercalcemia, renal insufficiency, anemia, and bone lesions (CRAB) or amyloidosis that can be attributed to the plasma cell proliferative disorder

# POEMS syndrome

- Polyneuropathy
- Monoclonal plasma cell proliferative disorder
- Any one of the 3 other major criteria: sclerotic bone lesions, Castleman's disease, elevated levels of VEGFA
- Any one of the following 6 minor criteria:
  - Organomegaly (splenomegaly, hepatomegaly, or lymphadenopathy)
  - Extravascular volume overload (edema, pleural effusion, or ascites)
  - Endocrinopathy (adrenal, thyroid, pituitary, gonadal, parathyroid, pancreatic)
  - Skin changes (hyperpigmentation, hypertrichosis, glomeruloid hemangiomas, plethora, acrocyanosis, flushing, white nails)
  - Papilloedema
  - Thrombocytosis/polycythemia



# Systemic AL amyloidosis

- Presence of an amyloid-related systemic syndrome (e.g., renal, liver, heart, gastrointestinal tract, or peripheral nerve involvement)
- Positive amyloid staining by Congo red in any tissue (e.g., fat aspirate, bone marrow, or organ biopsy)
- Evidence that amyloid is light-chain-related established by direct examination of the amyloid using mass spectrometry-based proteomic analysis or immunoelectronmicroscopy
- Evidence of a monoclonal plasma cell proliferative disorder (serum monoclonal protein, abnormal free light chain ratio, or clonal plasma cells in the bone marrow)

# Non-IgM monoclonal gammopathy of undetermined significance (MGUS)

- Serum monoclonal protein <30g/L
- Clonal bone marrow plasma cells <10%
- Absence of end-organ damage such as hypercalcemia, renal insufficiency, anemia, and bone lesions (CRAB) or amyloidosis that can be attributed to the plasma cell proliferative disorder

# MULTIPLE MYELOMA

- Definition by WHO classification :

Plasma cell myeloma (PCM) is a **bone marrow** based, **multifocal plasma cell neoplasm** associated with an **M-protein in serum and/or urine**.

In most cases, there is disseminated BM involvement. The disease spans a clinical spectrum forms and disorders due to deposition of abnormal immunoglobulin chains in tissue. The diagnosis is based on a combination of pathological and clinical features. (R.W. McKenna, 2008)

- PCM comprises about **1% of malignant tumours & 10-15% of haematopoietic neoplasms.**
- More **common in men than women (1:4:1).**
- Caused by **chronic antigenic stimulation** from infection & exposure to specific **toxic substances/ radiation**
- Variants:
  - Asymptomatic (smoldering) myeloma
  - Non-secretory myeloma
  - Plasma cell leukaemia

Clinical features/symptoms (CRAB):

C - Hypercalcemia (70% of cases)

R - Renal insufficiency due to tubular damage results from monoclonal light chain proteinuria

A- Anaemia (67%)

B- Bone lesions (R.W. McKenna, 2008)

# Cytogenetics specific test -**KARYOTYPING**

- 1) Sample collection
- 2) Sample culturing
- 3) Cell harvesting
- 4) Dropping and staining of metaphases
- 5) Cut and karyotype metaphases (Chauhan, 2020)



Sample collected in Sodium Heparin tube at room temperature.

MARROW BLOOD



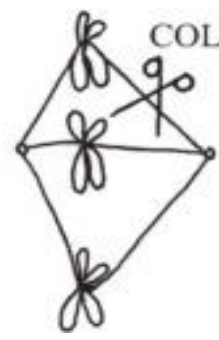
CELL CULTURE

Cells cultured according to the diagnosis and maintained at 37 degree celcius with 5% CO2 supply in incubator.



METAPHASE ARREST

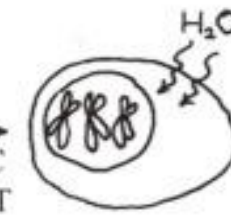
Upon harvesting, ethidium bromide (except 72hr stimulated culture) and colcemid will be added and will be incubated accordingly.



COLCEMID

HYPOTONIC TREATMENT

Potassium chloride will be added during the harvesting process and fixation process will take place right after that.



FIXATION



SPREADING

Harvested cells will be dropped and examined under microscope for enough metaphases.

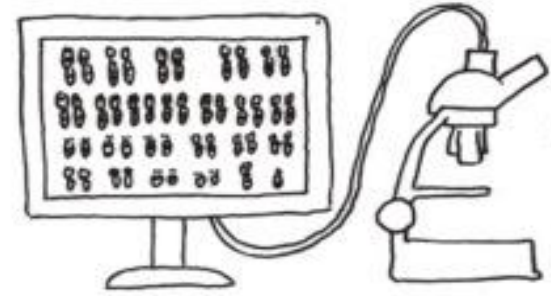


The metaphases then will be G-banded using Wright's stain and will be cover slipped.

BANDING

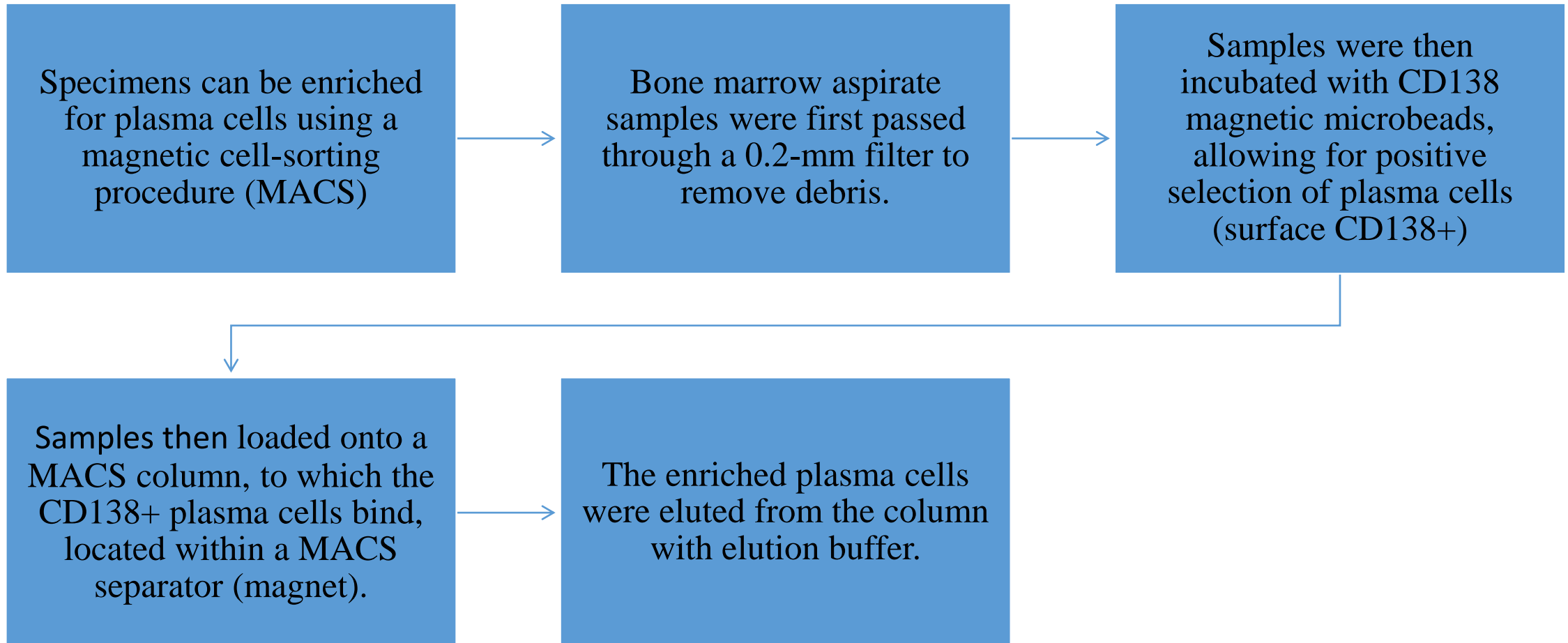


KARYOTYPING

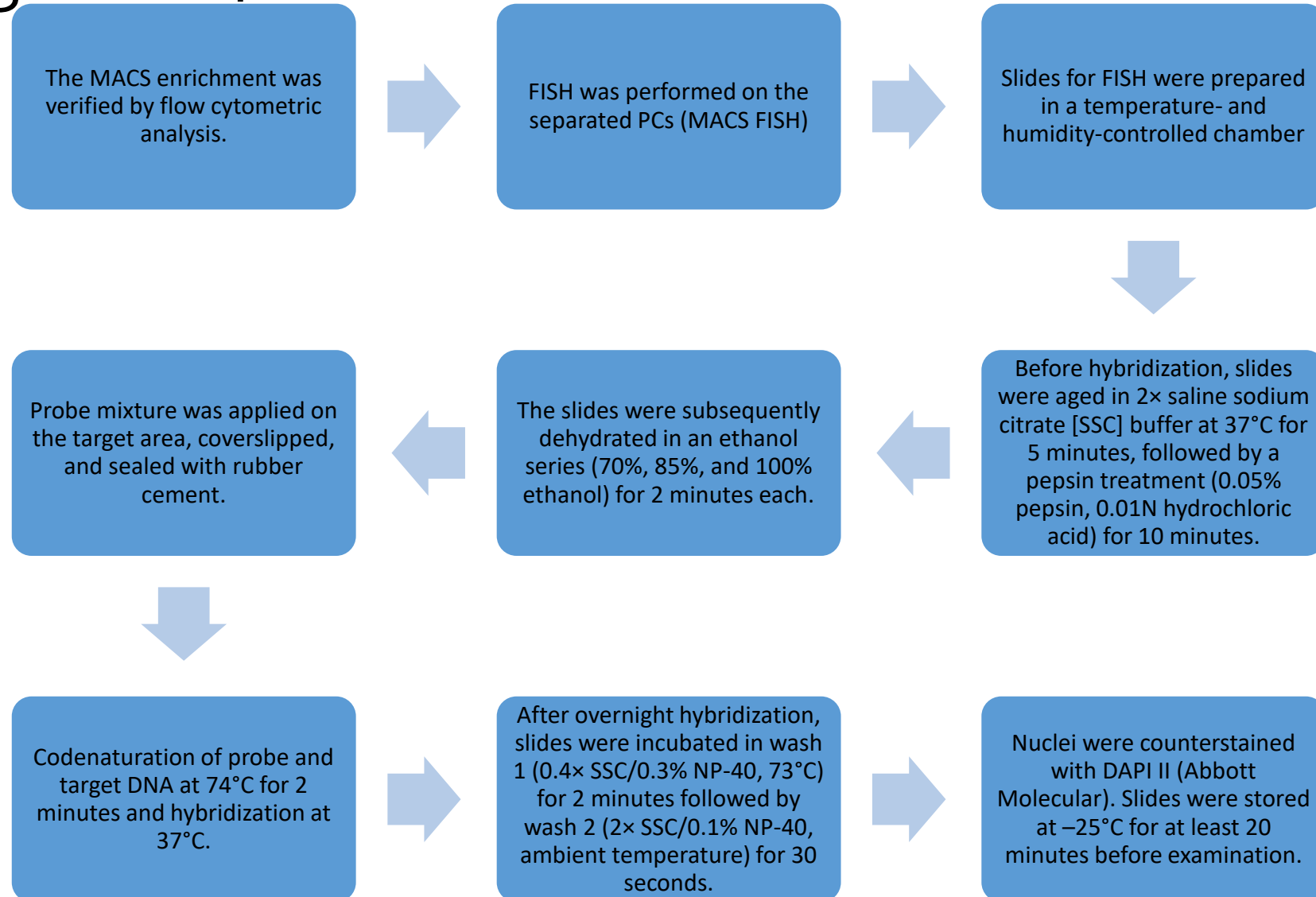


The metaphases will be cut and karyotyped using Cytovision app.

# Cytogenetics specific tests- Magnetic cell-sorting FISH procedure



# Cytogenetics specific tests- Magnetic cell-sorting FISH procedure





# Cytogenetics specific tests- CYTOPLASMIC Fluorescence in-situ hybridization (FISH)

Day 1

- 1) Ethanol Fixation
- 2) Pre-treatment
- 3) Dehydration
- 4) Denaturation And Hybridization

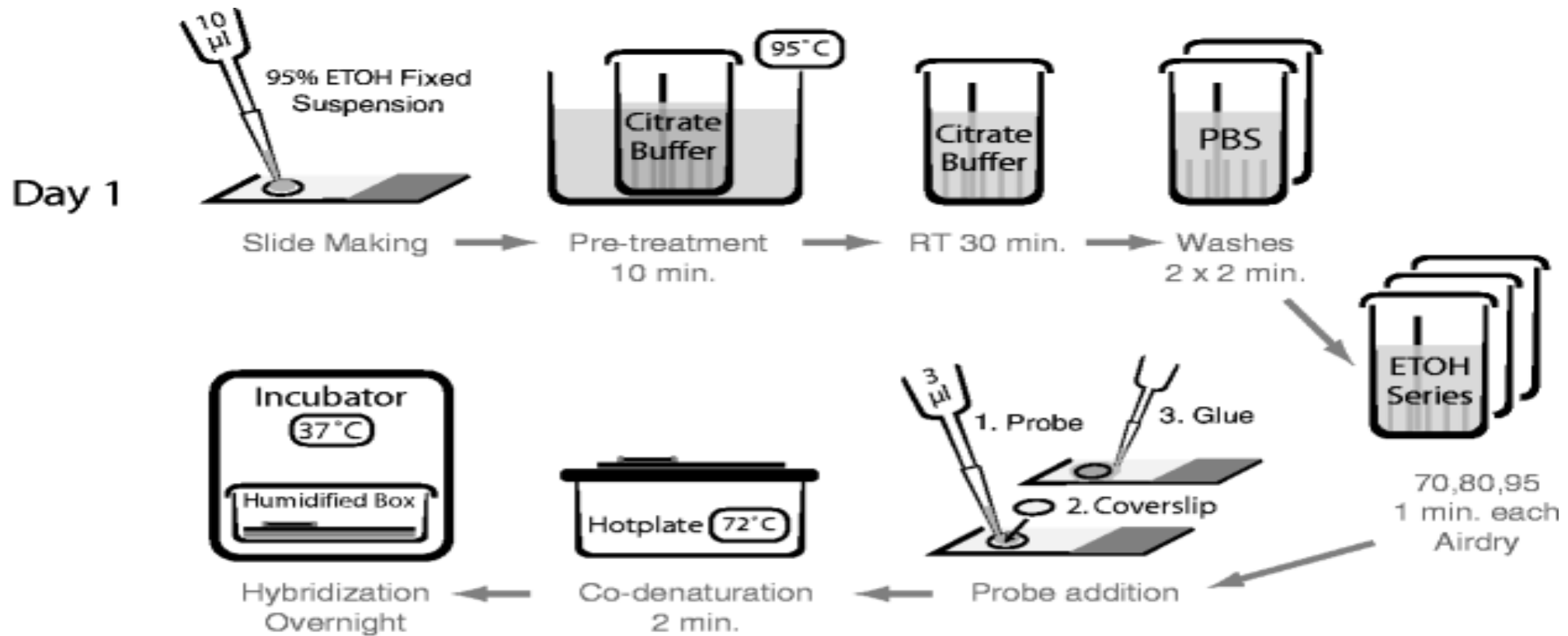
Day 2

- 1) Fish Probe Wash Off
- 2) Incubation With  $\alpha$ - $\kappa$  And  $\alpha$ - $\lambda$
- 3) Incubation With  $\alpha$ -goat
- 4) Antibody Wash Off
- 5) Counterstain

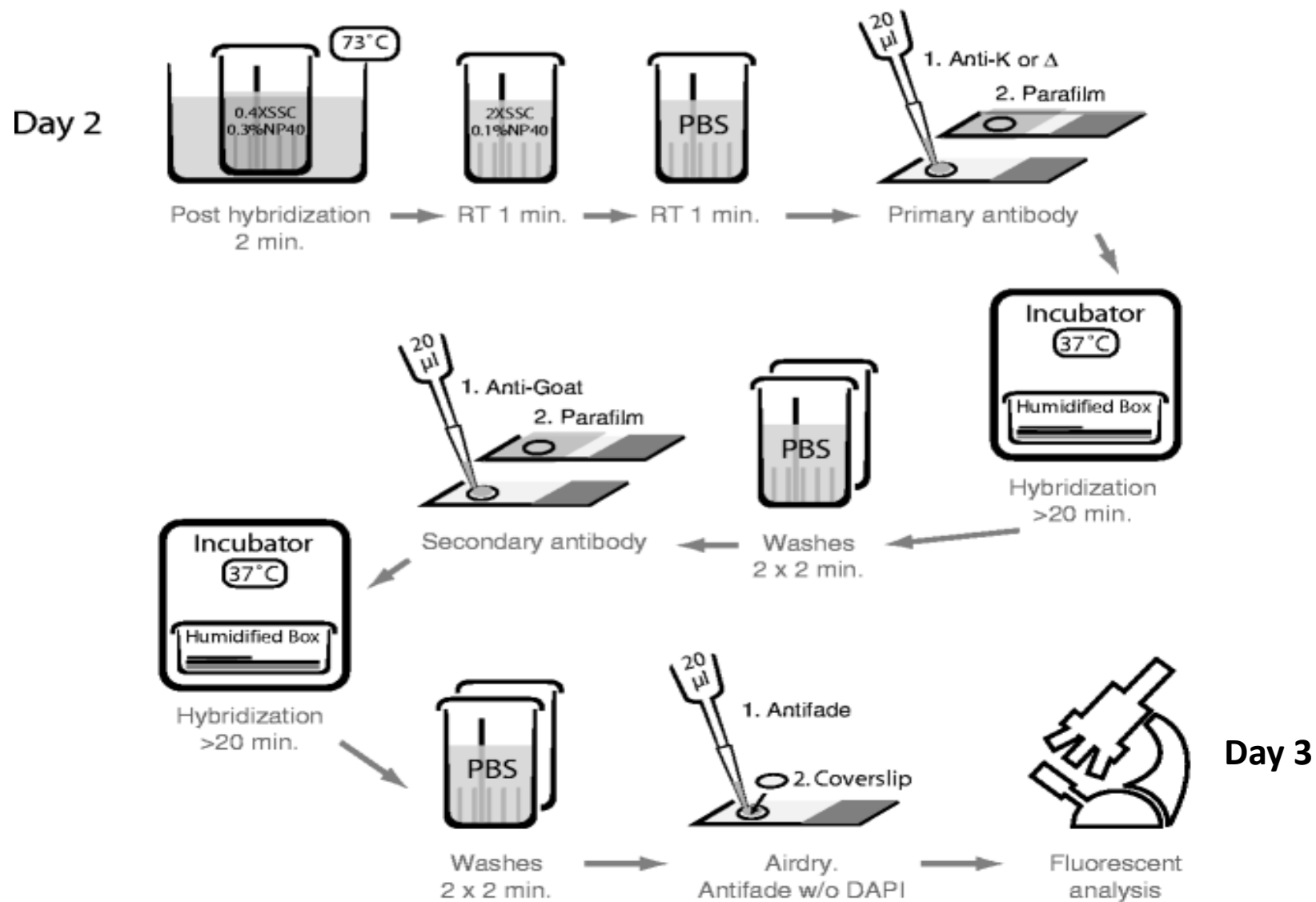
Day 3

- 1) Visualize
- 2) Analyse Under Fluorescent Microscope

# Multiple Myeloma – Clg FISH (DAY 1)



# Multiple Myeloma – Clg FISH (DAY 2&3)



# Cytogenetic abnormalities

## **Primary cytogenetic abnormalities**

- Hyperdiploidy
- Non-hyperdiploidy
- IgH translocations

## **Secondary cytogenetic abnormalities**

- MYC translocation
- 1q gain
- 1p deletion
- 13q deletion
- 17p deletion

# Karyotype- Common findings & Prognosis

- Gives essential information regarding numerical and structural changes.
  - Numerical:
    - Hyperdiploidy
    - Non-hyperdiploidy
  - Structural
    - Translocations
    - Copy number aberrations (deletions /gains)

# Karyotype- Common findings & Prognosis Hyperdiploidy

- Found in 50% of MM patients
- Gain of odd-numbered chromosome
  - Trisomy 3 & 5 (**improve overall survival**)
  - Trisomy 21 (**impair overall survival**)
- In approximately 10% of patients, trisomies and IgH translocation coexist.
- Hyperdiploidy karyotype with  $\geq 2$  structural chromosome changes = **high risk factor**.

# Karyotype- Common findings & Prognosis

## Non-hyperdiploidy / hypodiploidy / pseudodiploidy / near-tetraploid karyotypes

- Hypodiploidy -  $\leq 44$  chromosomes in a cell
- Pseudodiploidy – 45-46 chromosomes in a cell
- Near-tetradiploidy karyotype – doubling of hypodiploidy & Pseudodiploidy (>75 chromosomes)
- Hypodiploidy
  - independent factor for **worse overall survival**
  - Associate with higher prevalence of genetic alterations and **worse prognosis**.

# Limitations Of Karyotype For MM

- Chromosomal abnormalities are not frequently detected by traditional karyotyping due to **the low proliferative rate of malignant plasma cell** in multiple myeloma (MM).
- Patients with **complex karyotype, some abberations (translocations) are cryptic.**
- **Low number of plasma cells** in an often **hemodiluted bone marrow aspirate.**
- Any prognostic impact that is seen with a metaphase-detected abnormality is probably **not due to that abnormality *per se*** but simply a **reflection of the fact that the patient has a more proliferative, aggressive form of MM.**

Rajkumar et al. (2015), Blood cancer journal, 5,e365

Leena Gole et al. (2014), Cancer genetics,1-3,207

Sarah Goldman-Mazur et al. (2021), Acta Haematologica Polonica, 1, 18-28



# FISH – Probes used

1. IGH/CCND1 dual-fusion probe- detect t(11;14)
2. TP53 locus-specific probe - detect deletion of TP53 (17p13.1)
3. MYC break-apart probe - detect disruptions and amplification of the MYC locus (8q24)
4. IGH break-apart probe - detect disruptions of the IGH locus (14q32)
5. CKS1B/CDKN2C probe - detect chromosome 1q gain and/or 1p loss
6. D5S23, D5S721 and CEP15 probes - detect ploidy for chromosomes 5 and 15
7. CEP3 - detect ploidy for chromosome 3 (laboratories, 2016)

# SIGNIFICANCE/PROGNOSIS OF FISH

| Markers                          | Characteristics and prognostic value   |
|----------------------------------|--|
| t(4;14)(p16;q32) IGH-FGFR3/MMSET | Presence: 5% of MM<br>High to intermediate risk<br>Detectable only by FISH (cytogenetically cryptic) |
| t(11;14)(p13;q32) IGH-CCND1      | Good prognosis<br>Presence: 15% of MM<br>Standard risk   |
| t(14;16)(q32;q23) IGH-MAF        | Presence: 5% of MM<br>High risk  |
| t(14;20)(q32;q12) IGH-MAFB       | Presence: 1-2% of MM<br>High risk  |

Rajkumar et al. (2015), Blood cancer journal, 5,e365

| Markers                            | Characteristics and prognostic value  |
|------------------------------------|---|
| t(6;14)(p21;q32)                   | Good prognosis<br>Standard risk   |
| Gain/amplification of 1q21 (CKS1B) | Presence: 30-70% of MM<br>High risk<br>Confers a poor prognosis in all subtypes<br>May observed in hypodiploid, hyperdiploid and IGH<br>Translocation-positive MM |
| Deletion of 17p (TP53)             | Presence: 5-10% of MM<br>High risk<br>Confers a poor prognosis in all subtypes<br>May observed in hypodiploid, hyperdiploid and IGH<br>Translocation-positive MM  |

# Limitations of FISH

- Only detects aberrations specific to probes used

# References

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