

North Florida South Georgia Veterans Health System

Point-of-Care Testing (POCT)

Glucometer Initial Training

Version March 2021

Ancillary Testing Coordinators North Florida South Georgia Veterans Health System

Sandra Pascual

•Dolly A. Gonzalez

Contact information located in the glucometer box

Limitations of the glucometer

The system is not to be used for the diagnosis or screening of diabetes mellitus

Only for the monitoring of the treatment of diabetes mellitus

Very Important

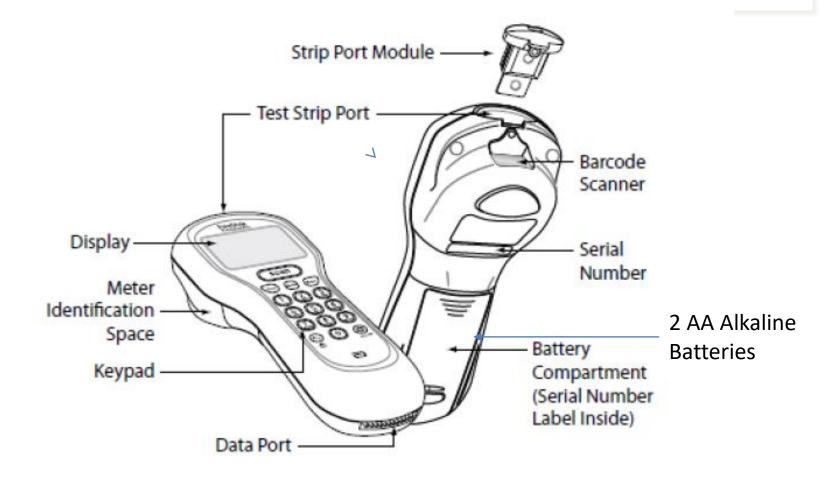
This meter is not FDA approved to be used on

Critically III patients.

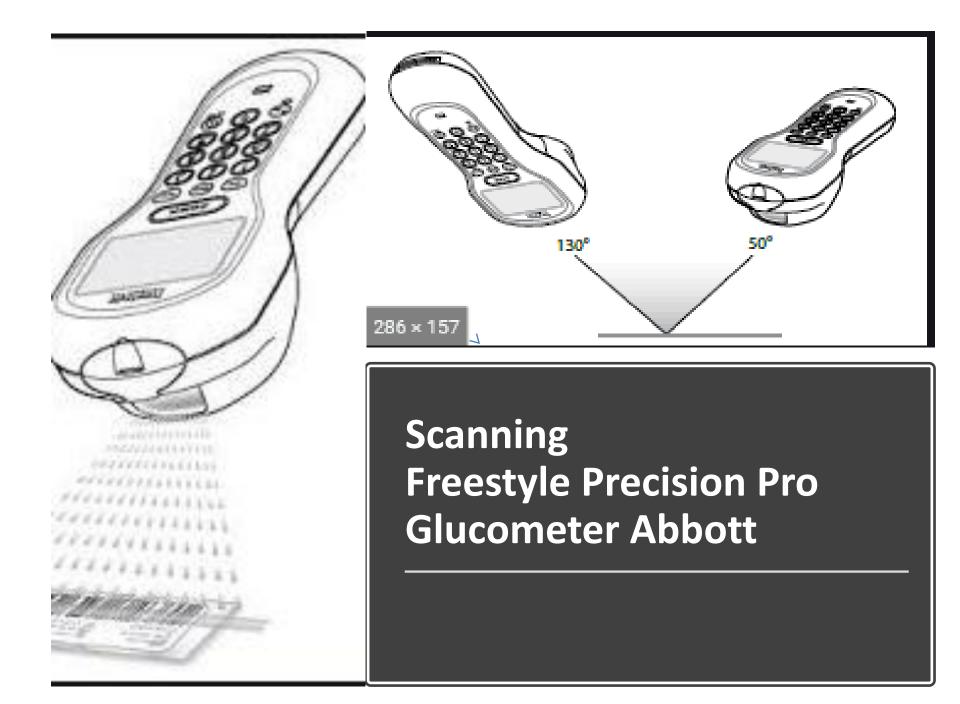
Critically ill Patients

- Patient on mechanical ventilation and requiring an FiO2 of >60% or CPAP of >8
- Hypotension requiring vasopressor support to maintain mean arterial pressure (MAP) >60 mmHg
- Hematocrit <15% or >65%.
- Requiring intravenous insulin infusion to maintain glucose control
- A diagnosis of any of the following: Shock, severe Hypotension, decompensated heart failure, diabetic ketoacidosis, metabolic acidosis with pH<7.2 and or lactic acidosis
- Status epilepticus
- Patient on a balloon pump or other circulatory assist device
- Patients receiving massive transfusion protocol post cardiac arrest

Freestyle Precision Pro Glucometer Abbott



Freestyle Precision Pro Glucometer **Serial Number** IVD 1.000 Serial Number KDAZ082-A0006





Scanning Freestyle Precision Pro Glucometer Abbott

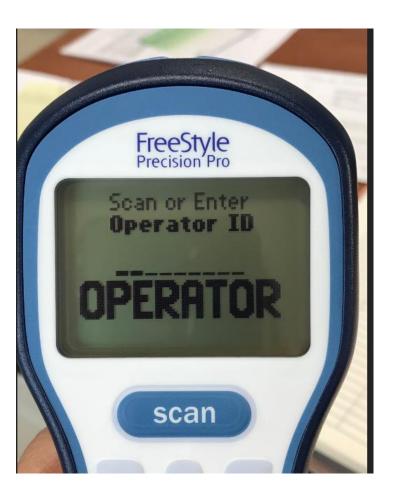
Testing strips, control vials, and AA batteries are supplied by

Supplies

Supply Chain Management.

These items are usually stock right next to the lancets in the supply room





Operator IDs are used to access the glucometer to perform glucose testing.

This Operator ID or DUZ number is unique to each individual.



Operator ID?



- After initial training the employee will be evaluated annually
- Competency must be performed within +/- 30 days of the due date
- Annual competency is required once a year
- to maintain an active certification.
 - If competency is not performed, your account will automatically be lock out.

Operator ID Expiration message



Contact your nurse manager or nurse educator to schedule training

We are also here to assist you

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Vista



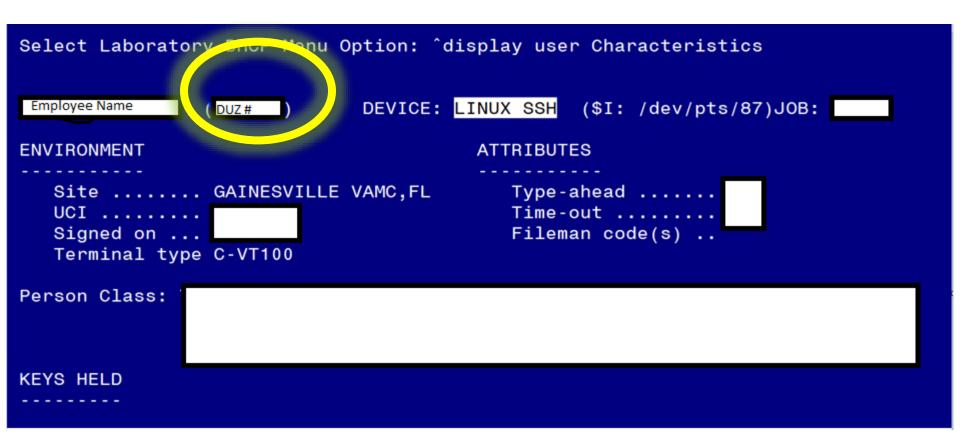
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^Display user characteristics

Vista

'^' to stop, or choose a number from 1 to 19 :^ ?? Type Phlebotomy menu ... 1 2 3 Accessioning menu ... Process data in lab menu ... 4 5 Quality control menu ... Results menu ... 6 Information-help menu ... 7 Ward lab menu ... 10 Microbiology menu ... 11 Supervisor menu ... LSM Lab Shipping Menu ... You have PENDING ALERTS Enter "VA to jump to VIEW ALERTS option Select Laboratory DHCP Menu Option: ^display user Characteristics

Vista



Operator Code becomes inactive if you don't sign in into VISTA or CPRS within 90 days

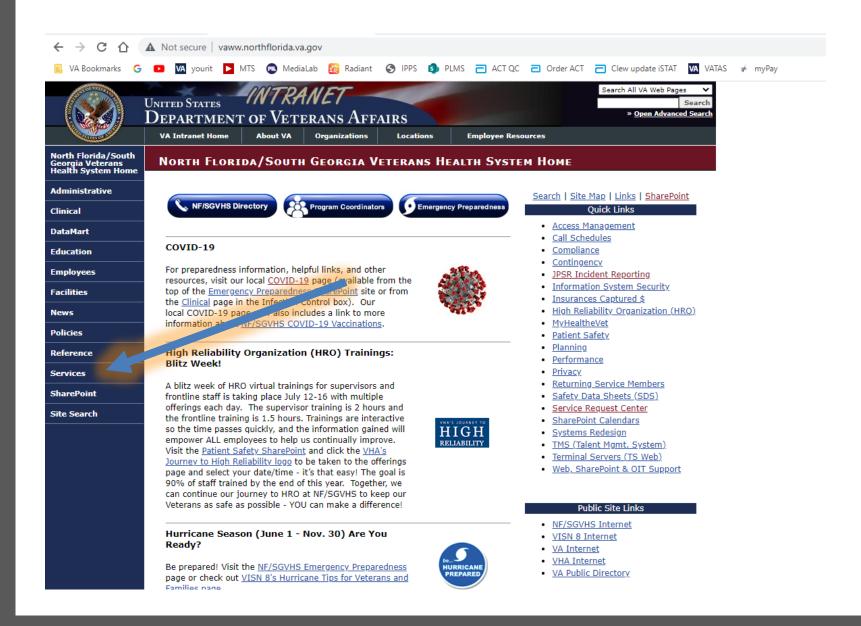
• If you barely use CPRS or VISTA... sign-in once a month to keep it active.

Procedure Manual Location

The procedure manual

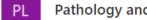
is located at the Pathology & Laboratory Medicine Services SharePoint under the Ancillary Testing tab

VA SharePoint/Pathology & Lab medicine Service/Ancillary Testing



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North Florida/South Georgia Veterans Health System Home	North Florida/S	outh Georgia \	eterans H	ealth Syste	м		
Administrative	Pathology & Lab. Se	rvice (113)					
Clinical	Pathology and Laboratory Medicine Service serves both male and female inpatients and <u>Service Pages</u> outpatients with age ranges including young adults (18-39), adults (40-64), and older adults						
DataMart	(over 65). Acuity levels extend from ambulatory outpatients (primary care, community based						
Education	home, intensive care, intermediate medicine, same day surgery). The system has expanded ability to absorb Champus, Tri-Care, DOD, reference laboratory testing, or other authorized patient workload sources.						
Employees							
Facilities	The system provides a wide range of diagnostic and therapeutic tests and services in both anatomic and clinical pathology. Departments include: Hematology, Chemistry, Toxicology,						
News	Urinalysis, Ancillary Testing,	Microbiology, Transfusio	n Medicine, Immu	nology, Electron			
Policies Reference	Microscopy, Autopsy, Histology, Cytopathology, and Surgical Pathology. Hours of operation at all system divisions are 8 a.m. to 4.30 p.m. Monday through Friday. At both medical center divisions, during non-administrative hours, holidays and weekends, a narrow range of emergency services (STAT tests) is also provided with a Pathology Resident and Staff Pathologist on call 24/7.						
Services							
SharePoint							
Site Search	Service Chief: Service Phone:	<u>Robert W. Al</u> (352) 548-6					
	Questions or comments a Send e-mail to: <u>Elena Meler</u>						

VISN 8 Network Office Bay Pines Caribbean Miami Orlando Tampa West Palm



Pathology and Lab. Medicine Service

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	Ancillary Tests Currently Approved (Memor April 21 Ancillary Testing	
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	Blood Gases ABL 90 Testing Procedure.aspx April 21 Ancillary Testing	
	Blood Gases ABL90 Maintenance Procedure April 21 Ancillary Testing	
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	Blood Gases Testing Using the Radiometer October 29, 2020 Ancillary Testing	
	Finding DUZ numbers and printing barcode April 2019 Andillary Testing	
	Finger Puncture for Bedside Glucose Monit October 29, 2020 Ancillary Testing	
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	KOH with DMSO Procedure.aspx October 29, 2020 Andillary Testing	
Return to classic SharePoint	Provider Performed Microscopy SOP 113-1 April 21 Ancillary Testing	

Pathology & Lab Medicine SharePoint SOP or Procedure Manuals

🔒 Findir	ng DUZ numbers and printing bar	code April 3, 2019	Ancillary Testing
🛐 Finge	r Puncture for Bedside Glucose M	onit October 29, 20	020 Ancillary Testing
🛐 Gluco	meter Whole Blood Glucose Testi	ing u April 21	Ancillary Testing

Is how you verify that your glucometer is working correctly and provide you with accurate results



Controls are good for Ninety (90) Days from when they are opened and need to be dated with both **Opened and Expiration** date.



Always!!!! Write on the vial Open and Expiration dates.

It's a Joint Commission Requirement

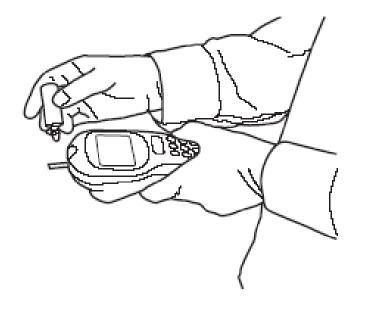


Control testing should be performed in the following circumstances:

- Required once every 24 hours
- If a patient test has been repeated and the blood glucose results are still lower or higher than expected.
- When troubleshooting the glucometer
- Whenever the glucometer has been dropped.



Running QC







Quality Control Notes

- Invert the control solution bottle a few times
- <u>Always keep the meter horizontal during</u> <u>testing.</u>
- The glucometer will not let you run patients until QC has been performed for that day.
- QC results in a "Pass" or "Fail"



If QC Fails...

- Repeat control level
- If it Fails...
- Open a new set of controls
- If it still fails...
- Glucometer might have issues.
- Contact us immediately



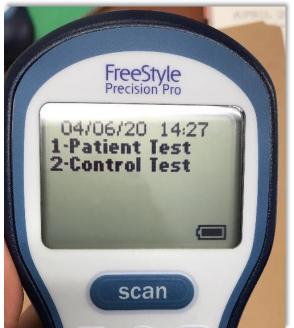
Glucose Patient Testing

Patient Identification

Always!!!! Use 2 identifiers:

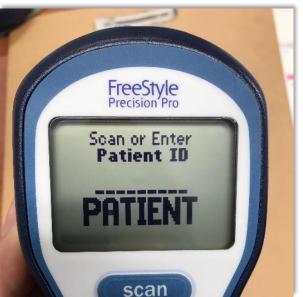
Full Name

Full Social Security Number (SSN)



Patient Testing

•Select "Patient Test"



- •Scan patient wristband.
- •Scanning is highly recommended!!!

Freestyle Precision Pro Glucometer Abbott

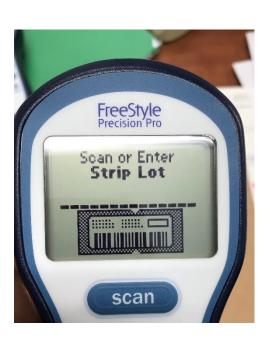
Glucometer Strip

FreeStyle Precision Pro Blood Glucose Test Strip



1



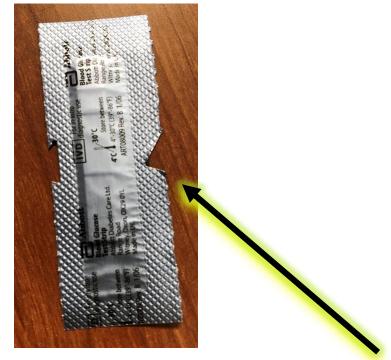


FreeStyle Precision Pro Blood Glucose Test Strip

Scan strip

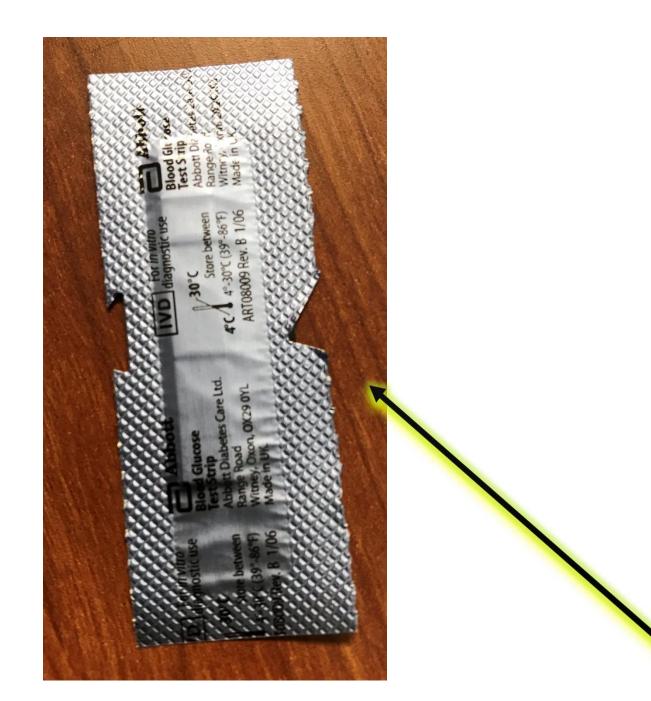
- Do not use test strips after expiration date.
- Do not use test strips that are damaged in any way.
- Do not use the test strip if the foil packet has a puncture or tear in it.
- Use the same scanned strip for testing





- To open strips hold with left hand with barcode facing away from you.
- Grab the lower tip of the notch (see arrow) and tear left and down.
- You should see a print resembling piano keys.
- Handle the strip by the middle, do not touch the testing area and connectors





Testing Strip



Contact Bars "piano Keys" Goes inside glucometer

- •Capillary blood from a finger is the specimen of choice
- •Venous and arterial whole blood with lithium heparin, sodium heparin and EDTA are acceptable.







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- •Venous and arterial whole blood with lithium heparin, sodium heparin and EDTA are acceptable.

•Clear arterial lines before blood is drawn and dosed on the strip. Avoid air bubbles. Mix thoroughly and perform within 30 min.

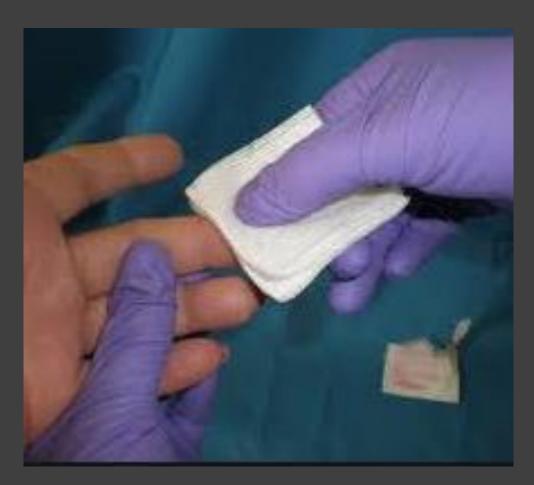
•Venous and capillary blood may differ in glucose concentration by as much as 20%, depending on the time of blood collection after food intake.

- Perform hand hygiene and put on disposable gloves
- Hold patient's arm downward to allow blood to flow to fingertip, choose site, usually side of the fingertip is less painful
- Clean site with alcohol or soapy water, allow to dry, use single use lancet to puncture side of finger.
- Gently squeeze finger to get large hanging drop of blood



The most important part of fingerstick technique

Wipe off the first drop of blood!!!!!!

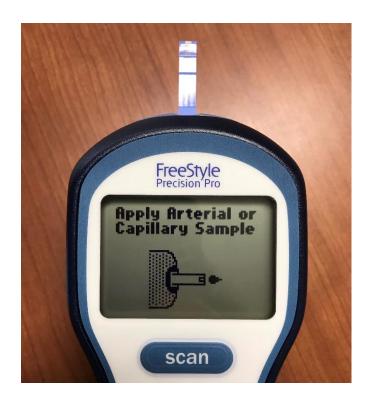


Never scoop the blood!!!

Blood will get inside strip port and damage the glucometer



When to apply the sample?



Do not apply blood to the strip until the screen says: **Apply sample**

Always keep the meter horizontal during testingFinger stick samples must be tested immediately

Specimen Collection and Handling (Cont'd)

Once the test has been completed, the result will be displayed on the screen

- Expected/Reference Range: 65-99 mg/dL
- Reportable Range: 20 500 mg/dL

 If result is outside of Reportable Range, it will be displayed as <20 or >500

Critical Results NF/SG

<50 or >500 mg/dL

- Resolve discrepancies with laboratory glucose testing.
- Document in Critical Value Template.
 <u>This is mandatory!!!!</u>

Policy: 113-4 Point of care Glucose Critical Value follow up

Critical Value Documentation

 It is mandatory to document glucose result, notification of the result and action taken (treatment) using the Critical Value Template

🔁 Reminder Dialog Template: CRITICAL VALUE (T)		×
C Lab Value		
Name of Critical Lab(s) * Glucometer Glucose Value		
Glucometer Glucose Value		
Time unit notified of results *		
Critical Lab Result(s) *		
Time physician notified of critical result(24 hr clock)		
Time physician notified *		
Name of Physician Notified *		
Provider Read Back:* 🖸 Yes 🖸 No		
Patient Treated/Action Taken: *🖸 Yes 🖸 No		
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Health Factors: CRITICAL LAB NOTIFY STAFF, CRITICAL LAB PERSONNEL, CRITICAL LAB TEST, CRITICAL LAB TIME NOTIFIED, CRITICAL LAB V.	ALUE	

* Indicates a Required Field

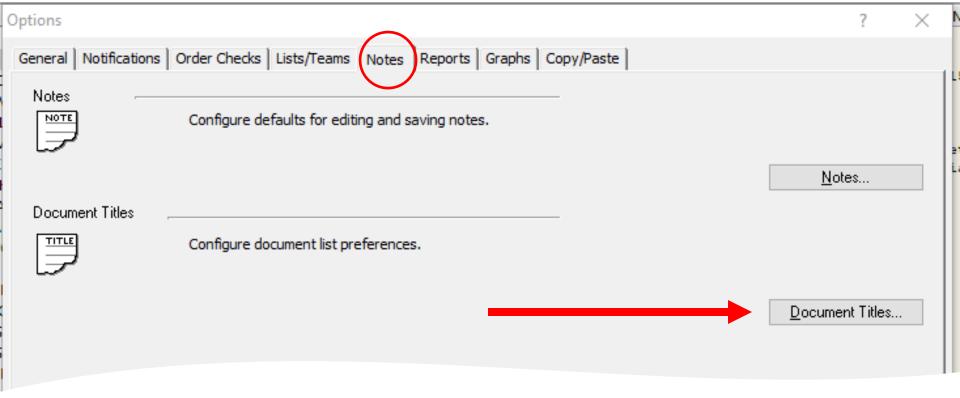
Critical Value Documentation

- For easy access to the Critical Lab values template:
 - Click on tools
 - Options

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🚝 VistA CPRS in use by: Pascual,Sandra (vista.gainesville.med.va.gov)

File Edit View Action Options Tools Help



Critical Value Documentation

- For easy access to the Critical Lab values template:
 - Click on tools
 - Options

Critical Value Documentation

- Click on Notes
- Document titles
- Search: Critical value and select:
 - Critical value (T)
- And Add

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Critical Value Documentation

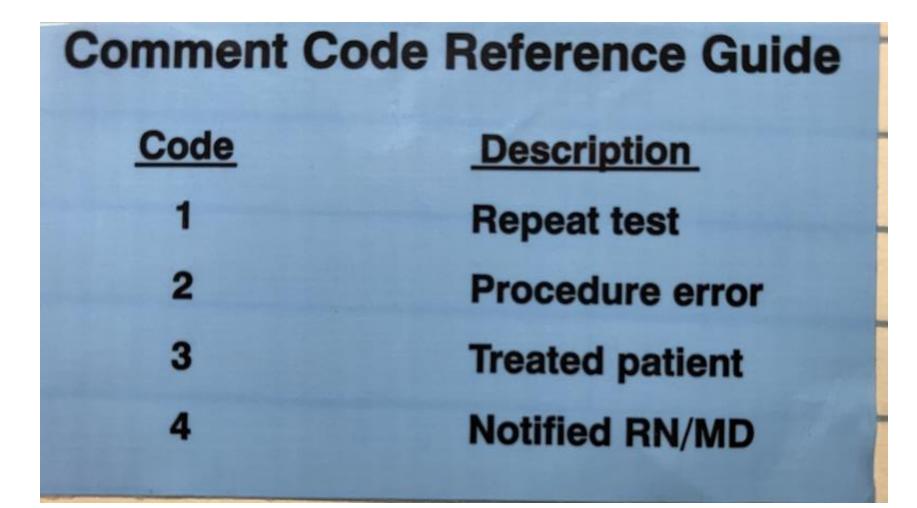
Fill out the template with all the required information

🖸 Lab Value
Name of Critical Lab(s) * Glucometer Glucose Value
Time unit notified of results * n/a
Critical Lab Result(s) * >500
Time physician notified of critical result(24 hr clock) Time physician notified * 10:00AM
Name of Physician Notified * Dr. Doctor
Provider Read Back:* 💽 Yes 🖸 No Patient Treated/Action Taken: * 💽 Yes 🖸 No
Check here if author is different than staff notified of

Critical Value Documentation

- Be accurate with the value
- Do not use brand names like Accucheck, etc

Comment Codes

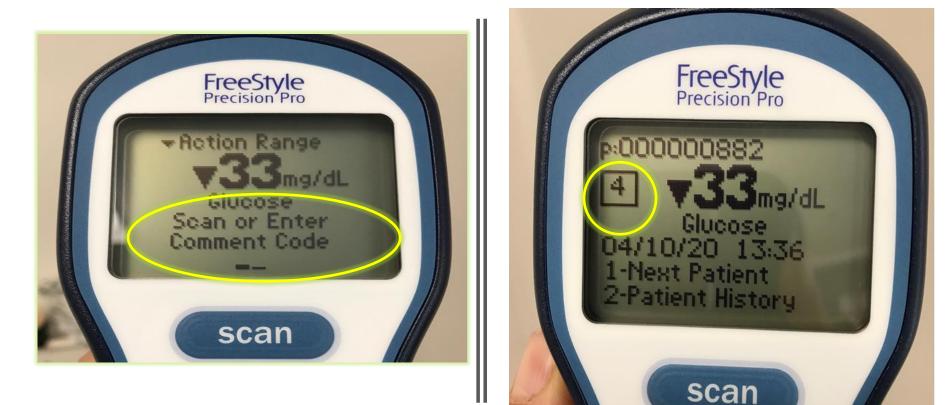


Comment Codes

Comment Code Reference Guide		
Code	Description	
1	Repeat test	
2	Procedure error	
3	Treated patient	
4	Notified RN/MD	

 Required when
 obtaining a
 critical value

Comment Codes



What to do during an emergency

• To be used when no patient ID is readily available

Use all Zeros or all 9's 000-00-0000 999-99-9999

- Never use consecutive numbers!!!!!
- <u>After the emergency it is required to send an</u> <u>encrypted email with the full name and full social</u> <u>of the patient to the Ancillary Testing Coordinators</u>

Ancillary Testing Coordinators email



Or call us to the government phone listed in the glucometer box

Dock glucometers!!



Docking Glucometer:

- Provides a route for transferring data or configurations
- Upload patient's results to the chart
- Provides accountability of all glucometers

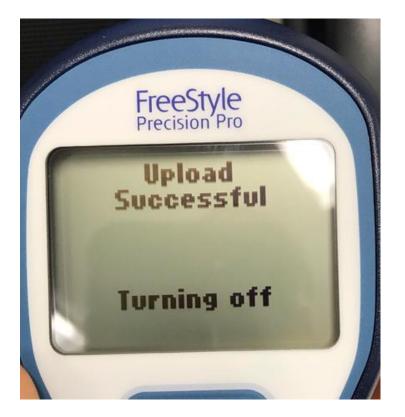
Glucometers are required to be docked as often as possible after patient testing or once every 24 hours

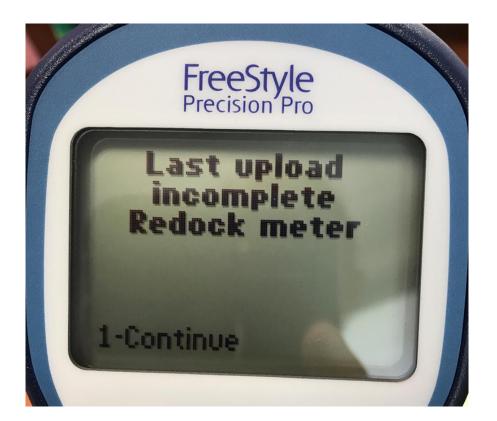
Docking glucometer





Docking issues





Docking issues

➤Try to dock the glucometer again

- Inspect the docking station to make sure is not broken or dust particles blocking the docking port
- Restart /Reboot the computer connected to the docking station
- If this doesn't fix the communication issue.
 Contact the ATC office.
 - Write down the EE number of the PC connected to the docking station

Missing Glucometer



Glucometer can save up to 2,500 social security numbers with results



Notify the nurse manager immediately



Look everywhere



Notify VA police, and Information Security Officer (ISO)



Notify the Ancillary Testing Coordinators

Flagged Results

The following results will not cross to the patient's chart immediately

- Critical values
- Patient ID errors
- Results ran within 15 minutes of each other
- Patient's without appointments
- Tests ran by operators with invalid operator code

Procedure for Isolated patients

Procedure Isolated patients

Use a plastic bag for glucose meters to protect the instrument

- 1. Place instrument inside plastic bag with strip port pointing toward the open end of the bag.
- 2. Prepare the glucometer for patient testing
- 3. Apply capillary blood
- 4. Once the result is obtained enter a comment /action if needed into the meter, remove and discard used test strip.
- 5. Remove and discard one glove
- 6. Remove the meter from the bag with the free hand. Remove and discard the second glove.
- 7. Using new pair of gloves, disinfect the glucose meter using a bleach wipe, and hand hygiene protocol to wash hand.

Glucometer Maintenance

Maintenance



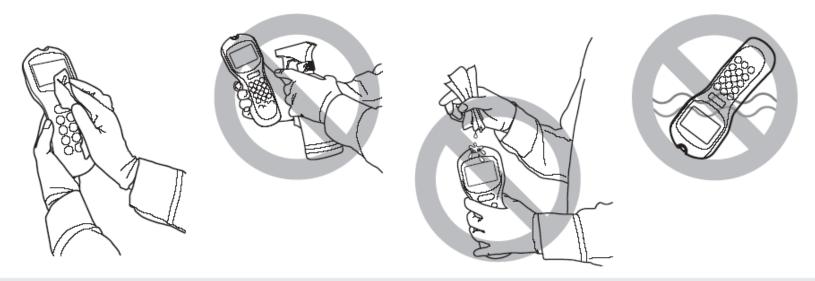


Reusable medical equipment.

Cleaning and disinfecting the exterior surface of the meter is <u>required</u> <u>after each</u> <u>patient</u>

<u>use.</u>





IMPORTANT: If a pre-packaged wipe is used for cleaning, excess fluid should be squeezed out to keep liquid from entering the monitor. Permanent damage could occur.

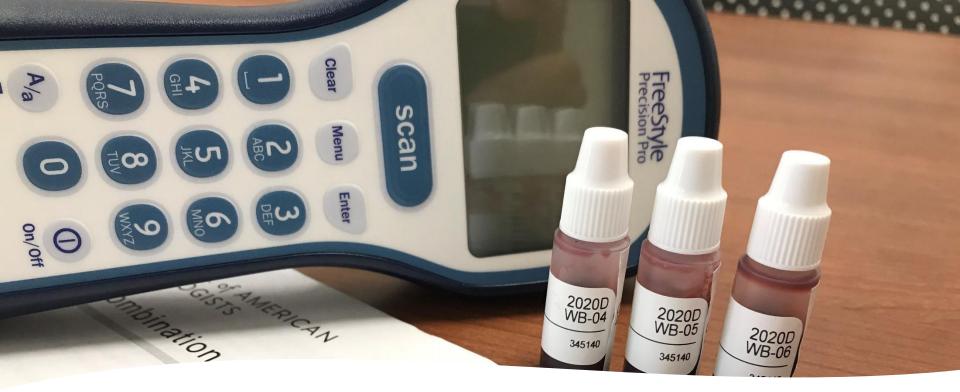
Cleaning/ Disinfecting the Glucometers

- Glucometers need to be cleaned with Hydrogen
 Peroxide or Clorox Wipes after each patient or QC.
- Remove excess liquid from wipe; do not get liquid in strip port.
- Allow to dry thoroughly after cleaning and before docking

Proficiency Testing

• We are a Joint Commission (JC) accredited facility

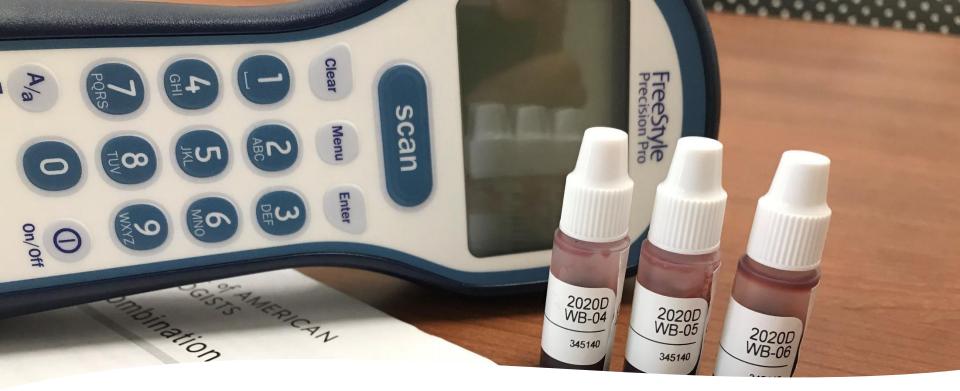
 Testing of PT samples <u>must be performed by</u> personnel who perform patient testing.



Glucometer CAP Surveys

We are a Joint Commission (JC) accredited facility

Testing of PT samples <u>must be</u> performed by personnel who perform patient testing.



- Surveys are required as part of the Clinic's Lab accreditation
- Survey instructions need to be followed carefully
- Failing surveys will cause clinic to lose the ability to provide glucometer testing
- Mix samples well right before testing
- Report accurate results from the glucometer
- Make sure the instrument code is the correct one. The current glucometer is Freestyle Precision Pro (Code 1087)

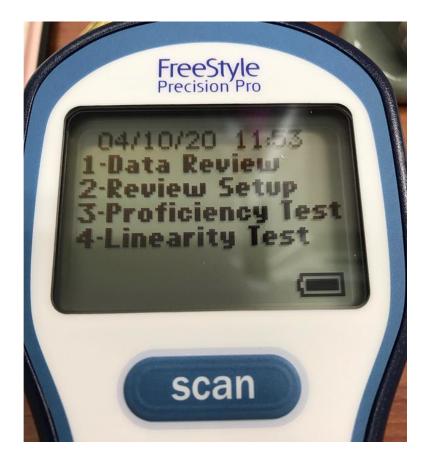
Glucometer CAP Surveys

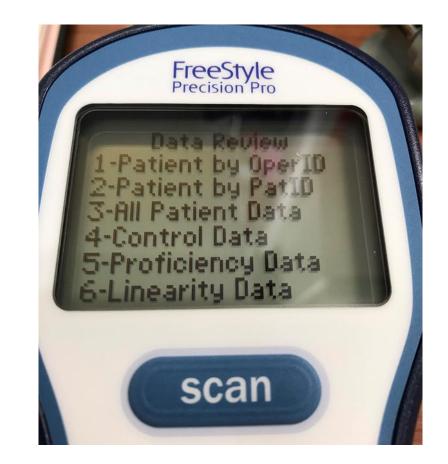
Self Testing is not allowed!!!

 It is against the VA Rules of Behavior and Occupational Health Service Policy to self test or test a co-worker

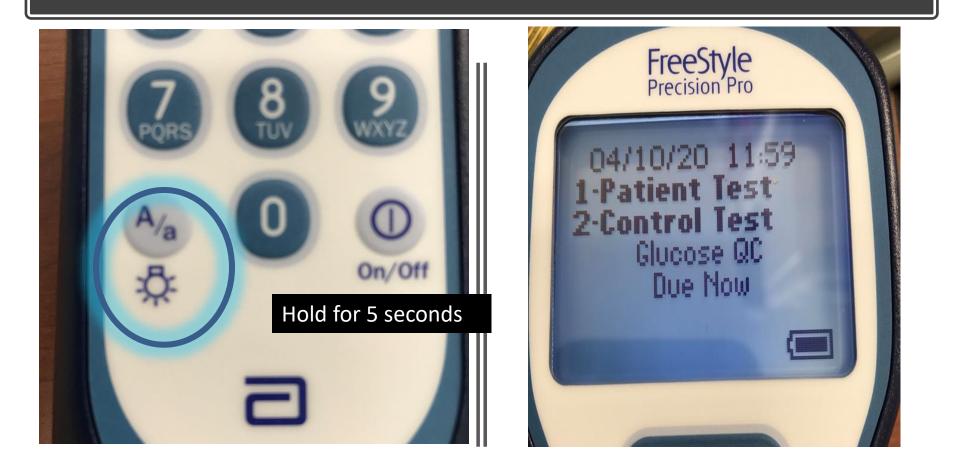
 Employee needs to visit Employee Health or the Emergency Department

Downtime procedure





How to backlight the screen





Let's do some testing!

If you need assistance raise your hand

- Today your Operator Code and the patient ID will be the card with the barcode
 - Run QC
 - Level Low
 - Level High
 - Patient Testing





1. How often should you perform maintenance (cleaning)?

After each patient

2. How long is the quality control solution good for after opening?



2... What information is documented on the vials?

Open & Expiration dates

3. What are the critical values for the glucometer for NF/SG Veterans Health System?



3...Where is it mandatory to document all critical glucose glucometer results?

Critical Value Template

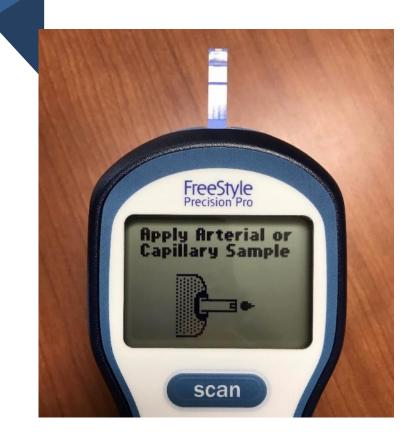
4. What is the most important part of fingerstick testing?

Wipe off the first drop of blood

5. How often should you download/dock your meter

As often as possible, After each patient testing

6. When should you apply the blood to the strip?



When it tells you to apply the sample

7. When is it mandatory to enter a comment code after testing a patient?

When the result is a Critical Value

8. During a computer downtime situation, the glucose results will not be transmitted to the patient's electronic records. How can you retrieve the patient's results from the glucometer device?

How do you document the results during the downtime situation?

Menu Data Review

Follow your ward/clinic protocol contingency plan during computer downtime

9. Where can you find your operator ID or DUZ number?

VISTA **^Display user characteristics**

10. If you experience any problems with the glucometer or docking station, who do you notify? Where can you find their numbers?

ATCs Ancillary Testing Coordinators Sandra and Dolly

On the Glucometer box

11. There are limitations to the procedure and the use of the glucometer. What patients is the glucometer not intended to be used to perform glucose testing?

Critically ill Patients

Any Questions?

Sandra Pascual Dolly A. Gonzalez VHANFLATC@va.gov

Contact information located in the glucometer box