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**Johns Hopkins Hospital**

**Express Testing Department**

**Glucose Tolerance Competency**

**Technician’s Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Date:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**True (T) or False (F)**

1. \_\_\_\_\_The glucose tolerance test is principally used to diagnose cystic fibrosis.
2. \_\_\_\_\_The OGTT is designed to measure the body’s ability to handle the challenge of a glucose overload.
3. \_\_\_\_\_There are two types of OGTT (75g and 100g).
4. \_\_\_\_\_Pregnant women always have to fast for their OGTT
5. \_\_\_\_\_ Express Testing Glucose Tolerance Policy number is ET065

**Please complete the blank space:**

1. For the 50-gr pregnancy screen OGTT, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is not required.
2. Glucose Tolerance Test is collected in a \_\_\_\_\_\_\_\_\_\_\_\_\_\_ top tube.
3. Glucose drink dosage is to be verified by a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. The blood draw should take place within (+/-) \_\_\_\_\_\_\_ minutes of the scheduled time
5. Scheduled, Return Times and Technician’s name are to be recorded in the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Please respond to the following scenarios:**

A patient presents in Express Testing for a Glucose Tolerance Test. She was given 50 gr of glucose drink at the OBGYN department at 2:18 pm. What time does she need to have her blood drawn? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Patient Mary Smith came to Express Testing for a 3 hours GTT. The technician gave her the glucose drink as soon as she saw in Epic that her doctor ordered the 3Hr-GTT. What the technician did wrong? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Mr. Joe Doe is an adult with a diagnosis of Cystic Fibrosis. His doctor ordered a 2Hr-GTT.

What is the special requirement with this patient? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How many grams of glucose does this patient need to consume? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

If the patient is not fasting, would you continue the procedure? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_