### Provider Performed Microscopy

MAJ Domingo J. Rosario
Pathology Staff

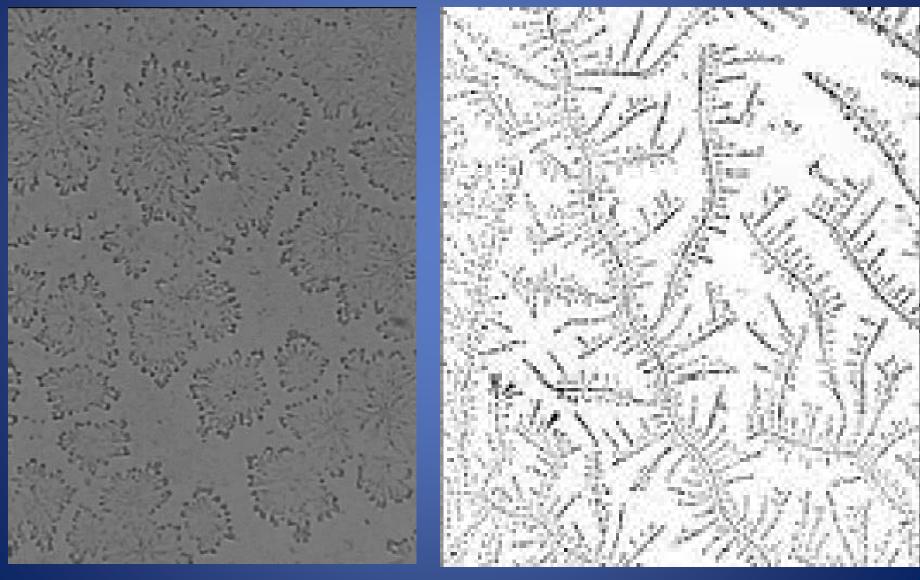
### Ferning Testing

- Also called arborization test or fluid crystallization test, refers to a <u>branched heterogeneous network</u> of crystallized glycoprotein and various salts.
- Waived test used to determine if the fluid been analyzed is amniotic fluid. Also used to test for ovulation (seen at midpoint of cervical cycle):
  - Presence of estrogen in cervical mucus produces a fern-like pattern (ferning indicates presence of estrogen)
- Presence of fern-like crystals indicate that the fluid is amniotic fluid.
- Specimen obtained by sterile swab from posterior vaginal pool. Do not use lubricants

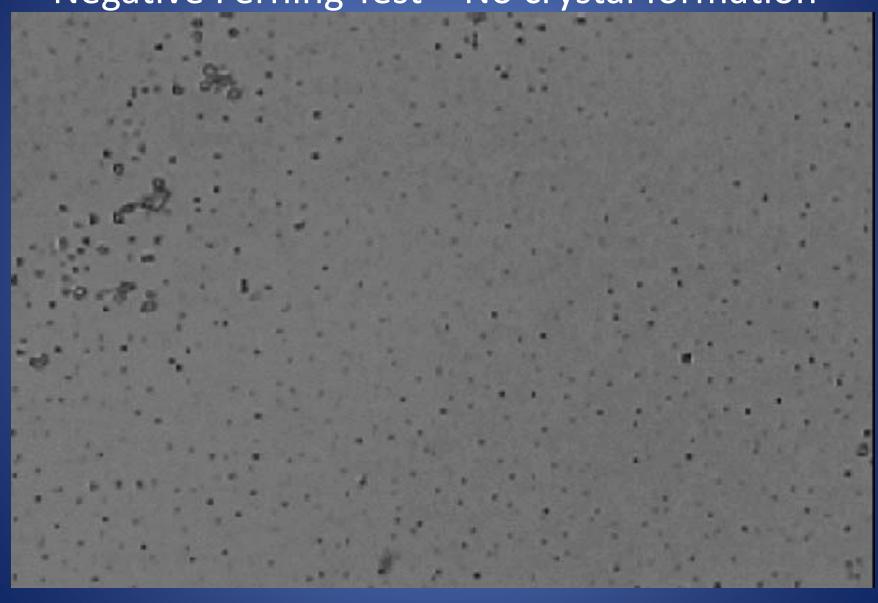
### Ferning Testing

- False positive results: Blood, urine, antiseptical solutions/lubricants or cervical mucus can produce a false positive result if present in the sample.
- False negative results: Prolonged rupture of membranes (>24 h) can produce false negative result

# Positive Ferning Test-note crystals formation with branching



### Negative Ferning Test – No crystal formation



### Semen Analysis - PPM

 Qualitative semen analysis limited only to the presence or absence of sperm cells and evaluation of motility (motile vs. non motile)

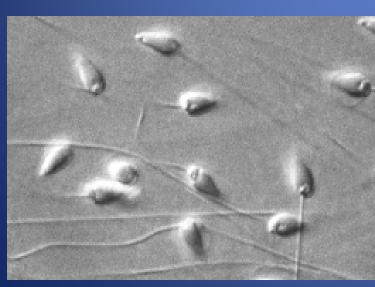
Sperm cell morphology consists of a head,

midpiece/neck and tail



### Sperm Cells present







#### Wet Mounts

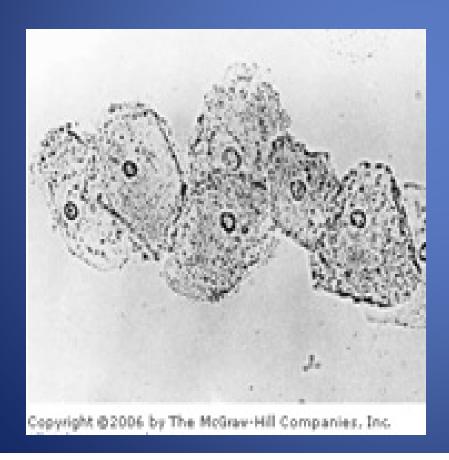
- A vaginal wet mount (also called vaginal smear) is a test used to determine the cause of vaginitis or inflammation of the vagina and vulva, not related to urinary tract infections.
- Can be used to determine the presence of bacterial vaginosis, Trichomonas infection and yeast infection.

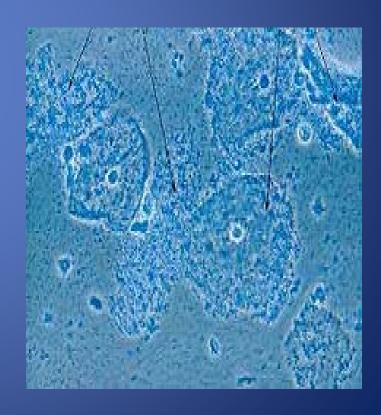
#### Wet Mounts

- Cells or organisms that can be seen in wet mounts include:
  - Squamous cells
  - White Blood Cells
  - Yeast
  - Bacteria
  - Parasites such as Trichomonas vaginalis

### Wet Mounts-Squamous cells

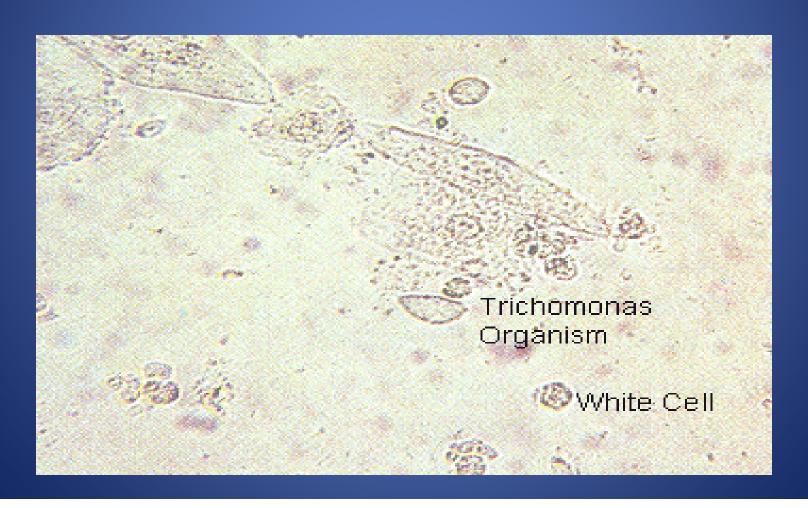
 Squamous cells are polyhedral in shape and has a small central nucleus



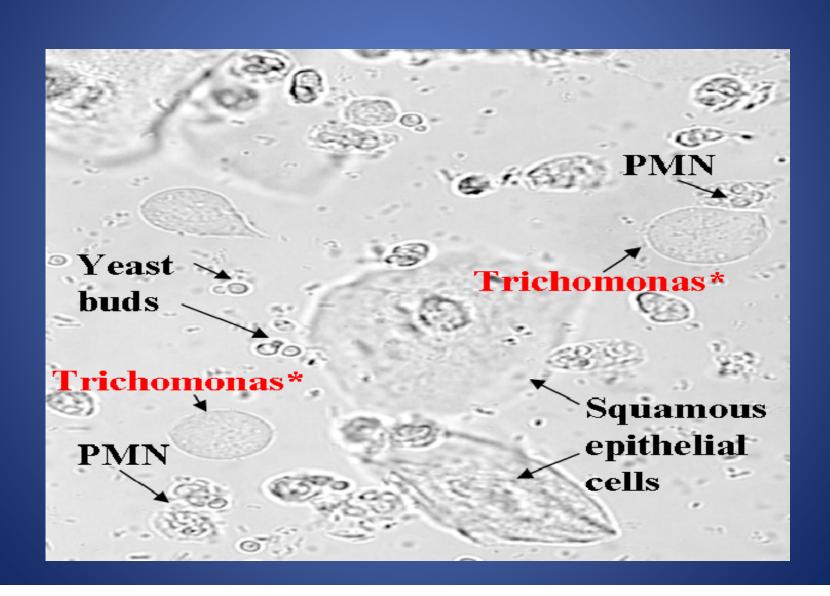


#### Wet Mounts-WBC on lower right corner of picture

Look for bi-lobed or tri-lobed nuclei

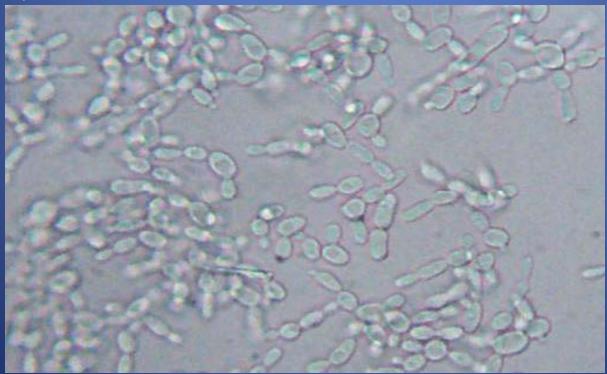


### Wet Mount – WBCs: Look for trilobed (triple lobe) nuclei (example in upper right corner of picture)



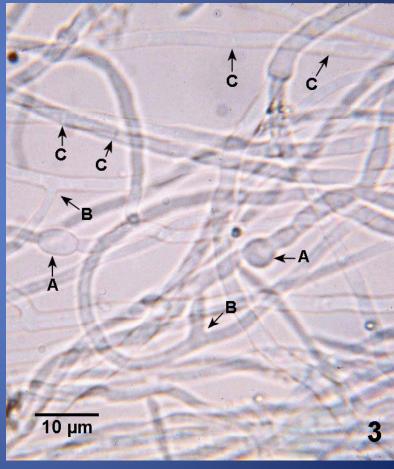
#### Wet Mounts - Yeasts

 Budding/branching organisms with hyphae (septations) and pseudohyphae. Example below is Candida species: note regular points of constriction of cell wall (resembling sausage links)



## Wet Mounts – Yeasts: look for septations or point of constriction





#### Wet Mounts - Trichomonas

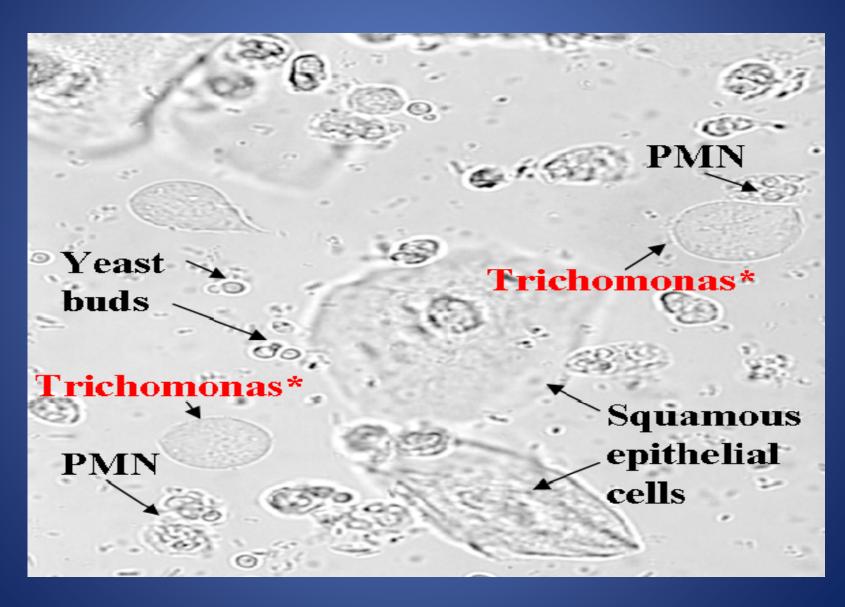
- Sexually transmitted flagellated motile parasite. Infection may be asymptomatic.
- Trophozoite found in vaginal secretions, prostatic fluid and urine sediment.
- Often diagnosed by motility in urine sediment or wet preparations.
- Organisms are oval (lemon shaped), possesses four flagella, have a single large nucleus and a short undulating membrane.

## Wet Mount – Trichomonas: note the presence of flagella (bottom picture)



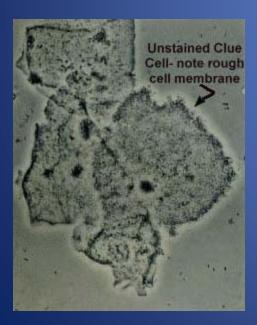


#### Wet Mount – Trichomonas: lemon shaped



#### Wet Mount – Clue cells

• Epithelial cells of the vagina covered by bacteria. Cells show "rough" cell membrane; cells have a "dirty" appearance.



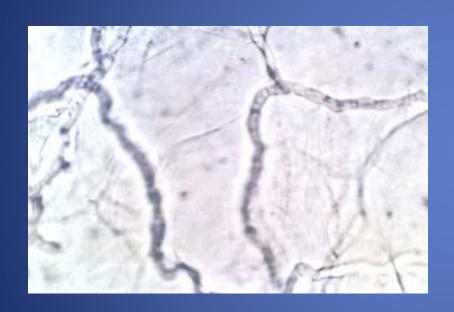


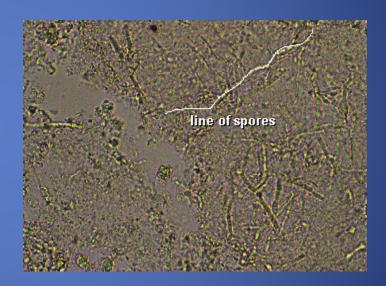


### KOH (potassium hydroxyde) prep

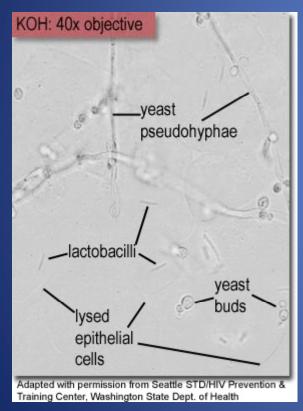
- KOH prep is a test performed to rapidly diagnose the presence of fungal elements (yeast [Candida] or dermatophytes) in hairs, skin or nails tissue.
- KOH prep involves the preparation of a slide for viewing under microscope. KOH mixed with a black-blue dye is added to the sample. KOH dissolves the skin, hair and debris; the dye adds color.
- Dermatophytes recognized by their long branchlike structures. Yeasts have round or oval shape.

## KOH prep – dermatophytes: branched septated structures

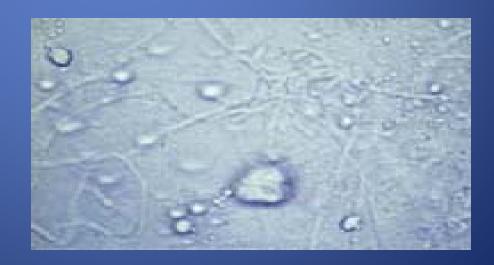




#### KOH prep – yeasts: look for oval/round structures







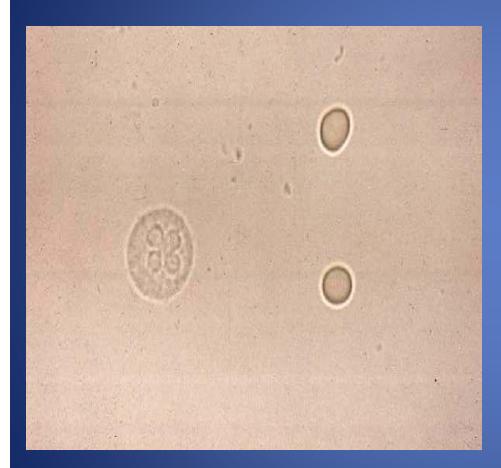
### **Urine Sediment Evaluation**



#### **Urine Sediment Evaluation**

- Microscopic Examination involves looking for:
  - RBCs: Biconcave discs
  - WBCs: Multilobed nuclei
  - Epithelial Cells (squamous cells, transitional cells)
  - Casts
  - Bacteria
  - Crystals

Urine Sediment Evaluation: WBC→look for multilobed nucleus; left picture shows 1WBC (neutrophil) and 2 RBCs; right picture shows multipe RBCs



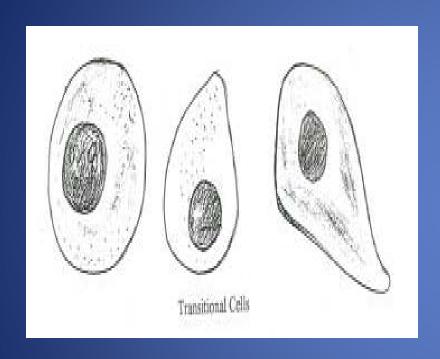


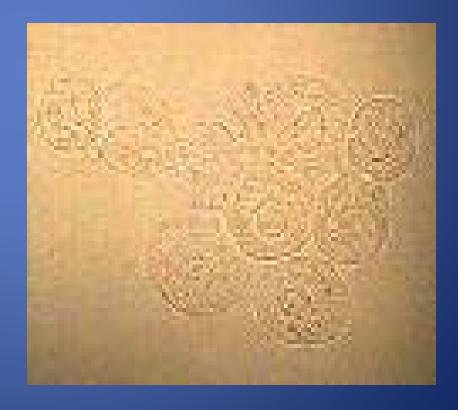
## Urine Sediment→ Squamous Cells: most common epithelial cell





## Urine Sediment >> Transitional cells: cuboidal; central to peripherally located nuclei





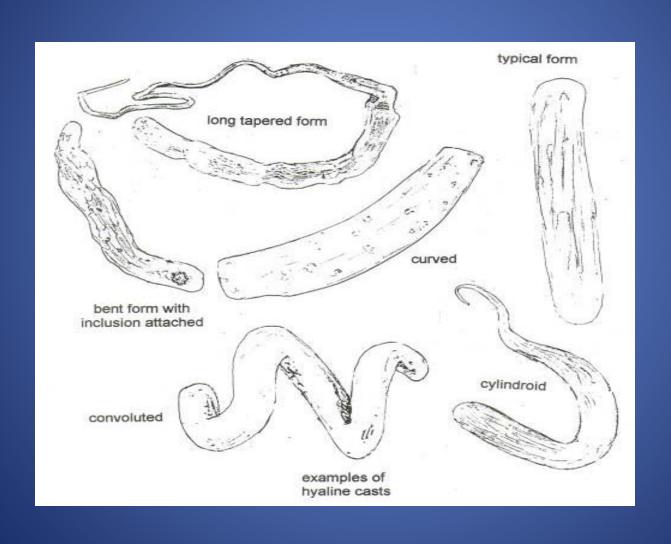
#### **Urine Sediment: Casts**

- Formed in the renal tubules and the collecting ducts; most commonly in the distal tubules.
- Protein matrix: Tamm-Horsfall mucoprotein.
- Factors influencing formation: stasis, decrease pH, increased Tamm-Horsfall mucoprotein.
- Casts may be hyaline if made of protein matrix only.
- Granular: protein matrix + granules.
- Cellular casts: red cells/WBCs/epithelial cells + protein matrix.

#### Urine Sediment: Hyaline Casts

- Most frequently observed cast. Composed almost entirely of Tamm-Horsfall protein.
- 0-2 hyaline casts per low power field: normal
- Hyaline casts are translucent with brightfield microscopy. More difficult to appreciate than waxy casts.
- Increased numbers seen with exercise, heat exposure, dehydration, fever, congestive heart failure and diuretic therapy

## Urine Sediment: Hyaline casts → may be seen in healthy individuals



#### **Urine Sediment: Waxy Casts**

- Seen in chronic renal disease (chronic renal failure) and in acute or chronic renal allograft rejection.
- Differ from hyaline casts in that they are easily visualized because of their high refractive index.
- Smooth in appearance with sharp margins, blunted ends and <u>cracks</u> frequently seen along the lateral borders

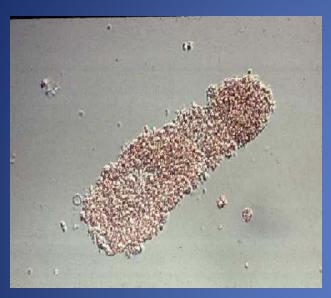
## Urine Sediment→ Waxy casts: note cracks and blunted ends



#### **Urine Sediment: Granular Casts**

- Common casts seen in pathologic and non pathologic conditions.
- Granules are small or large and originate from plasma protein aggregates or from cellular remnants of WBCs, RBCs, or damaged renal tubular cells.
- Granular casts appear with glomerular and tubular diseases, tubulo-interstitial disease and renal allograft rejection.
- Coarsely granular casts occur, with hematuria, in cases of renal papillary necrosis.

# Urine Sediment: Granular Casts → note numerous granules







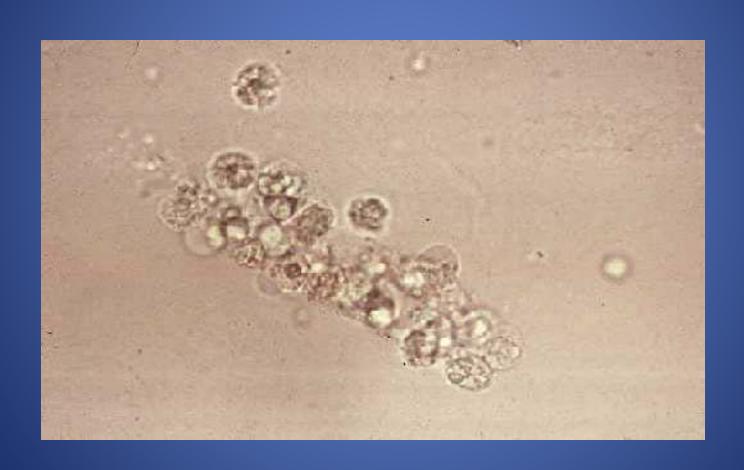
#### **Urine Sediment: Cellular Casts**

- Erythrocyte (RBCs) Casts: Finding of these casts is always significant because they
  are an indication of bleeding within the nephron. Glomerular damage allows
  escape of RBCs; if proteinuria is present red cell casts will form (in distal nephron).
  For identification RBC outlines have to be sharply defined in at least part of the
  cast.
- Leukocyte (WBC) Casts: Reflect tubulointestitial disease with neutrophilic exudates and interstitial inflammation. Most common disease in which these casts are seen is pyelonephritis. These casts are refractile, exhibit granules and multilobated nuclei.

## Urine Sediment: RBC cast → RBC outlines are sharply seen in bottom of cast



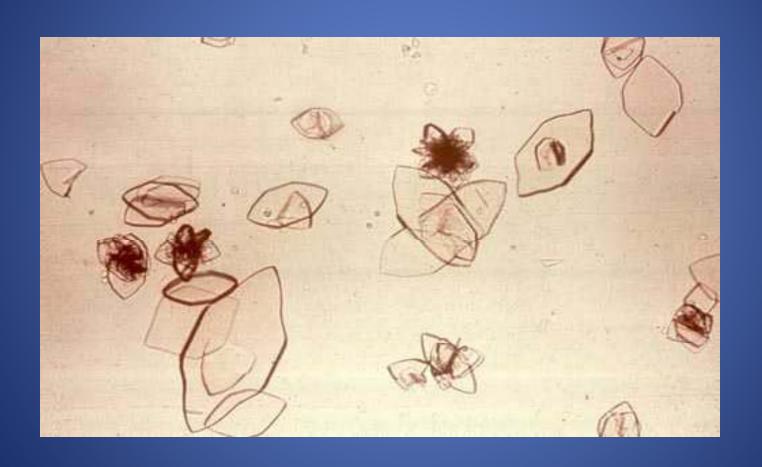
## Urine Sediment: WBC cast → WBC with multilobed nuclei seen at right bottom part of cast



#### **Urine Sediment: Crystals**

- Crystals seen in acidic urine:
  - Uric acid: very pleomorphic; lemon shaped crystals
  - Amorphous urates: sediment is pink
  - Calcium Oxalate: tomatoes, apples, oranges and carbonated drinks are rich in oxalic acid; crystals look like an envelope

# Urine Sediment: Uric Acid→ lemon shaped crystals



# Urine Sediment: Calcium Oxalate crystals >> look like envelopes

