**PRINCIPLE:**

The Precision Xceed Pro (PXP) glucose meter is intended for the quantitative measurement of glucose (D-glucose) in fresh capillary whole blood samples. The system is not for use in diagnosing diabetes, but is to be used as an aid in monitoring the effectiveness of diabetes control programs.

Precision Xceed Pro Blood Glucose Test Strips use proprietary glucose-specific chemistry that includes the glucose dehydrogenase enzyme, NAD cofactor and PQ mediator (GDH-NAD). This chemistry is used for testing glucose because it is not affected by maltose, isodextrin, and other common substances at normal therapeutic levels. It also ensures minimal measurement bias from oxygen, hematocrit, and other physiological variables. Test strips also have an exclusive blood application feature to ensure reliable sampling. After blood is applied to the target window, the fill trigger electrode ensures that the test will only start once sufficient blood has been applied. This will minimize the possibility of errant results due to sample application technique.

Each test strip is protected by a foil packet bearing an individual barcode label. The foil packet maintains the integrity of each test strip by protecting it from exposure to air, moisture, and accidental contamination. The barcode label holds information about the test strip including the lot number, calibration, expiration date, and expected control solution ranges. One quick scan provides the meter with all this information at time of test.

The reagent area of each test strip contains:

Glucose dehydrogenase (GDH-NAD) > 0.03 U

NAD + (as sodium salt) > 1.0 µg

Phenanthroline quinine > 0.02 µg

Non-reactive ingredients > 16.3 µg

The PXP meter can store up to 2,500 patient test results; 1,000 control (QC) test results; 20 proficiency test (survey) results; and 2 linearity panels.

PERFORMANCE CHARACTERISTICS:

Assay Range: 20 -500 mg/dL (Instrument capability)

Sample Volume: 0.6 µL

Test time: 20 seconds

Precision: + 15 mg below 75 mg/dL; + 20% above 75 mg/dL

Test results from multiple instruments are downloaded via lantronix box directly to LIS (VistA) and captured on UNIPOC for Ancillary Testing Coordinator (ATC) review.

**SPECIMEN:**

Fresh, capillary, whole blood from fingerstick

**ROUTINE SAMPLE COLLECTION PROCEDURE**:

1. The recommended puncture site is the palm-side surface of the end of the finger (not the side or the tip of the finger), across the fingerprints and not parallel to them. The middle and ring fingers are preferred.

2. DO NOT use previously punctured, infected, or edematous sites.

3. Clean the puncture site using an alcohol swab (70% isopropyl) and ALLOW ALCOHOL TO DRY for proper disinfecting action and to avoid mixing the blood with alcohol, which interferes with analyte concentration level.

4. It is a good practice to wipe away the first drop of blood with a dry gauze pad.

5. Obtain a free-flowing drop of blood of adequate volume for the glucose test. Hold puncture site downward and gently apply pressure around the site. Strong squeezing pressure should be avoided.

6. When using the finger, diabetes specialists recommend using the side of the finger for puncture site.

7. Do not collect a sample from an indwelling line that contains glucose solution for intravenous infusion.

**ISOLATION SAMPLE COLLECTION PROCEDURE:**

1. Assemble all equipment and materials required for normal capillary collection plus isolation PPE: Gown, mask, gloves, (shoe covers if indicated). In addition, a biohazard specimen bag is required.

2. While in the ante-room, don all PPE.

4. Take all testing materials required into the patient room: Test strip, lancet, alcohol swab, dry tissue.

5. Identify patient by using two identifiers.

6. Program the PXP as usual and scan patient armband

If the armband will not scan, manually enter the patient SSN twice as required.

7. Scan test strip. Remove strip from foil packet and insert into the strip port until the meter displays “apply sample”.

8. Perform routine finger stick.

9. Apply sample. After 20 seconds, a result will display. Repeat if necessary (critical value or unexpected result to verify).

10. Remove test strip and place in biohazard trash in the patient’s room.

11. Move to the ante room and remove gloves, mask, gown and place in biohazard waste. Wipe down PXP with Dispatch or other acceptable bleach containing wipe and leave on for 10 minutes, then follow with wipe down with Sani-Cloth. Allow to air dry.

12. Wash hands thoroughly.

13. Exit the ante-room and proceed to docking station and download test data.

 **PATIENT PREPARATION:**

Ensure hands (specific finger to be punctured) are thoroughly cleaned and free of contaminants prior to puncture

**TYPE OF PATIENT:**

Patients receiving insulin therapy for diabetes, unknown or unsuspected diabetic patients, patients in Urgent Care that may be comatose, lethargic, or rule out causes of such symptomatology. Two identifiers (any combination of: SSN, picture ID, verbal response, second party confirmation, etc) are required to ensure correct patient.

**HANDLING CONDITIONS:**

Universal precautions at all times. PXP glucometers will be cleaned using Sani-Cloth wipes and allowed to air dry between each patient.

**EQUIPMENT & MATERIALS:**

 **Equipment:**

1. Abbott Precision Xceed Pro glucose meter with AA batteries

 2. VAMC computer with Pweb (data management) software installed

 3. Docking station with data upload cable

 **Materials:**

 1. Glucose test strips (blue foil wrapper)

 2. Alcohol swabs

 3. Latex or nitrile gloves

 4. Dry gauze or cotton

 5. Isolation bag (as needed for isolation patients)

 6. Lancets (obtained from SPD

**PREPARATION:**

Assemble all materials required for fingerstick prior to beginning.

**PERFORMANCE PARAMETERS:**

MEMORY:

Patient Test Results: 2,500

Control Test Results: 1,000

Operator IDs: 6,000

Test Strip Lots: 36

Proficiency Test Results: 20

Glucose Linearity Results: 20 results (1 panel, 5 levels, 4 replicates per level)

Patient IDs: 6,000

Sample Size: 0.6 µL

Test Time: 20 seconds

Assay Range: 20 – 500 mg/dL

**STORAGE REQUIREMENTS:**

*Meter Operating Temperature: 59⁰ F to 104⁰ F (15⁰ C to 40⁰ C)*

*Meter Storage Temperature: -4⁰ F to 122⁰ F (-20⁰ C to 50⁰ C)*

Test Strip Storage Temperature: 30⁰ F to 86⁰ F (4⁰ C to 30⁰ C)

*Test Strip Operating Temperature: Use between 59⁰ F to 104⁰ F (15⁰ C to 40⁰ C)*

Keep test strips and control solutions out of direct sunlight.

Altitude: Up to 7,200 feet (2,195 meters)

 Dublin, Georgia: 300 feet altitude

Humidity: From 10% to 90% non-condensing

Mains Supply Voltage Fluctuations: + 10%

Transient Over-Voltages: + 1.5 KV Rated

**CALIBRATION:**

 **Standard Preparation:**

 N/A

 **Calibration Procedure:**

 Test strip calibration is performed each time a packet is scanned.

**QUALITY CONTROL:**

One set (low and high level) control solution must be tested and both levels must ‘Pass’ every 24 hours or only on days a patient is tested when meter is rarely used. Additional testing can be performed to meet competency review requirements. Each certified operator must perform a minimum of one set of QC (low and high) per year to meet competency review.

**PATIENT TEST PROCEDURE: (Patient testing mode only)**

1. Press **On/Off** to turn meter on.

2. Press **1** to select **Patient Test.**

3. Manually enter OPERATOR ID via keypad, and then press **Enter**.

4. Press **Scan** to scan patient armband or manually enter **complete 9-digit SSN**.

5. Confirm patient ID if manually entered by re-entering complete SSN to ensure it is correct.

6. If discrepancy in numbers, must enter two more times until two numbers match.

7. Press **Scan** to scan test strip barcode, press **Enter**.

8. Open the foil test strip packet and remove test strip.

9. With contact bars facing up, insert test strip into the strip port until it stops and **Strip Inserted** is displayed.

10. Perform fingerstick and apply drop of blood to target window. **Sample Accepted** appears and testing automatically begins.

11. Wait for the monitor to analyze sample and display result after 20 seconds.

12. For critical values, enter required comment: “Call Provider and Readback” by pressing either #1 or #2 (both are the same). If normal value, no comment codes required.

13. Repeat critical values to ensure accuracy. Enter comment code again.

14. If wrong patient is tested or suspect erroneous result, enter comment code 3 “Test Error”.

Use comment code #3 if result is not consistent with physical symptoms AND ruled out common errors in technique.

15. Remove test strip and discard in biohazard waste container.

16. Press **1** for **Next Patient** or **2** for **Patient History** or **Menu** to return to **Menu Mode** or press **On/Off** to turn meter off.

17. Dock meter to download data to UNIPOC.

18. Prepare nurse Progress Note or Glucose Critical Value template and include provider name, date, and time of notification of critical value and any other comments appropriate.

**CONTROL TEST PROCEDURE: (Control testing mode only)**

1. Press **On/Off** to turn meter on.

2. Press **2** to select **Control Test**.

3. Manually enter operator ID.

4. Scan low control solution bottle, then press **Enter**.

If the Unexpected Level screen appears, you may either: Enter **1** to **Re-Enter** expected level or enter **2** to **Continue**.

5. Press **Scan** to scan test strip barcode, and then press **Enter**.

6. Open foil test strip packet and remove test strip.

7. With contact bars facing up, insert test strip into port until it stops and **Strip Inserted** is displayed.

8. Gently invert the required control solution bottle 3 to 4 times. Remove cap and wipe nozzle with clean gauze or tissue. Apply small drop of solution to target area and completely fill. Wipe the nozzle of bottle before replacing the cap.

9. **Sample Accepted** and test automatically starts.

10. Wait for the monitor to analyze the sample and display test result.

11. **Pass/Fail** appears on screen.

12. Remove test strip and discard.

13. Select 1 to proceed to next level of control solution and return to step 4 using HIGH solution or **Repeat Test** to repeat the previous test if Fail appears on the screen.

14. Dock meter to download data to UNIPOC.

**PROFICIENCY TEST PROCEDURE: (Proficiency test mode only)**

1. Press the **On/Off** button to turn meter on.

2. Press **Menu** button to enter **Menu Mode**.

3. Press **3** to select **Proficiency Test**.

4. Manually enter operator ID.

5. Manually enter sample ID #, and then press **Enter**.

6. Scan the test strip packet, and then press **Enter**.

7. Open the foil packet and with contact bars facing up insert test strip until it stops and **Strip** **Inserted** is displayed.

8. Ensure samples are at ambient room temperature, mix well, wipe away any specimen on the tip of the bottle, and apply drop to ensure target window is completely full. Wipe cap of bottle and tighten.

9. Wait for meter to analyze sample and display result.

10. Press **1** for **Next Test**, return to step 5 and proceed with next sample.

11. Repeat steps 5-9 for all samples.

12. Dock meter to download data to UNIPOC.

**LINEARITY TEST PROCEDURE: (Linearity Test mode only)**

1. Press **On/Off** to turn meter on.

2. Press **Menu** button for **Menu Mode**.

3. Press **4** to select **Linearity Test**.

4. Manually enter operator ID #.

5. Select appropriate Linearity Panel.

6. Scan the CVC kit lot #, and then press **Enter**.

7. If **New Panel** screen appears, you may either: Press **1** to **Re-Enter** Kit Lot #, or Press **2** to **Replace Panel** Lot #.

8. Select the number of the level of the next test to run. If you press **6** for **New Panel**, the meter will prompt you to confirm that you wish to replace existing panel.

9. There can be up to 4 replicates per level. The number in the parentheses indicates number of replicates already run for that level. When a level is full, the number 4 will appear in parentheses indicating that all 4 replicates have been completed for this level.

Example: **1 – Level 1 (4)**

10. Press **Scan** to scan test strip.

11. Open foil packet and remove test strip.

12. With contact bars facing up, insert the test strip into the test strip port until it stops and **Strip Inserted** is displayed.

13. Apply sample to target window ensuring complete filling. **Sample Accepted** and test automatically begins.

14. Wait for meter to analyze sample and display test result.

15. You can select one of the following options:

 Press **1-New Level**

 Press **2-Same Level**

 Press the **Menu** button to return to **Menu Mode**

16. Press **On/Off** to turn meter off.

17. Dock meter to download data to UNIPOC.

**DATA UPLOAD:**

Once the test results have been collected, they can be uploaded into the data management system (UNIPOC).

To start the upload of data, simply place the Precision Xceed Pro meter into the docking station. The meter will first turn on if it isn’t already and then automatically upload data to the data management system.

During communication, the **Please Wait - Data Uploading** screen appears and the arrows rotate indicating the system is working. The arrows may occasionally pause. During data upload, the meter cannot be used for testing. After upload is complete, the meter will display **Upload** **Successful**, Turning Off and then shut down.

*Note:* If the meter is removed before data transmission is complete, some data may not be uploaded, but will be uploaded as part of the next data transmission.

*Note:* If a problem occurs with the data upload, an error message may appear on the meter. If the meter is removed from the docking station while an upload is in process, the meter will display **Last upload incomplete, Re-dock meter, Turning Off**. The meter will then shut down.

After a data upload error has occurred, the meter will display a warning each time it is turned on. The meter may still be used for testing by pressing **1** to **Continue**. Once the meter has been successfully been docked, the warning will disappear.

If downloading is interrupted during the process, no data will be lost and the meter will continue downloading when re-docked.

**CALCULATIONS:**

N/A

Read glucose value directly from meter LED screen.

**REPORTING:**

When the meter is docked, data will flow through Lantronix box to Abbott server. VistA picks up the data and sends to appropriate medical record (autodocumentation).

**PROCEDURE NOTES:**

Operating Guidelines for Samples:

1. Always wear gloves and follow VAMC’s biohazard safety policies and procedures when performing tests involving patient blood samples.

2. Make sure the meter and test strips are at ambient room temperature.

3. Use only control solutions specified in the strip package insert to verify performance of meter.

4. Use only Precision Xceed Pro Blood Glucose test strips.

5. Store control solutions and test strips according to manufacturer’s instructions.

6. Do not use test strips beyond expiration date printed on foil packet.

7. Do not use test strip if foil packet has a puncture or tear.

8. Do not use test strips that are wet, bent, scratched, or damaged. Use immediately upon opening.

9. Use each test strip only once.

10.Do not scan a test strip barcode and then use a different strip from different packet.

11.Completely fill target window.

12.Do not remove or disturb test strip while testing is in progress.

**13.Do not allow blood or control solution to run down the test strip into the meter’s port. This will cause irreparable damage to the meter.**

How to Obtain a Good Capillary Sample:

1. Use only fresh whole blood samples collected from fingerstick.

2. Make sure sampling site is thoroughly cleaned and dry before lancing.

3. Use only appropriate lancing device and good technique.

4. Completely fill target window.

Operating Guidelines for Control Solution Testing:

1. Use only control solutions (and test strips) approved for use with Precision Xceed Pro.

2. Upon opening a new bottle (set) of control solutions, write 90-day discard date on the bottle with your initials.

3. Do not use control solutions after expiration date either written on the bottle or stamped on the bottle, whichever comes first.

4. Invert the control solution bottle several times to ensure thorough mixing avoiding bubbles.

Do NOT shake!

5. Invert and tap the capped control solution bottle to remove air bubbles from the tip.

6. Wipe the control solution nozzle with clean gauze or tissue before and after each test.

7. Use same test strip that was scanned.

8. Replace the CORRECT CAP on the CORRECT BOTTLE and tighten cap immediately after use.

9. One set (low and high) solution musts be tested every 24 hours (or each day a patient is tested if used infrequently.) Additional testing may be done to satisfy competency review.

Operating Guidelines for Linearity Solution Testing:

Linearity testing enables you to verify method linearity. Linearity testing and/or calibration verification testing is used to confirm calibration and linearity at lower levels and upper levels of the AMR (Analytical Measurement Range) and reportable range by using 3 points within the range (lowest, mid, and highest levels).

**REFERENCE RANGES:**

Normal Patient Glucose Range: 70 – 110 mg/dL

Critical Value/Action Value: <50 or >450 mg/dL

 NOTE: Plasma glucose concentration (Lab) is on average 10-12% higher than whole blood glucose concentration.

(‘L’ for 50 – 69 mg/dL)

(‘H’ for 111 – 449 mg/dL)

Note: ‘L’ or ‘H’ will be displayed by the value in the patient record.

Analytical Capability: 20 – 500 mg/dL

Values below 20 will show ‘<20’ and values greater than 500 will show ‘>500’.

**PROCEDURE FOR CRITICAL OR ACTION RESULTS:**

1. Initial critical value, add comment “Call Provider and Read Back” by pressing #1 and “enter”.

2. Repeat test within 10 minutes to verify critical result and, if confirmed, enter the required comment by pressing #1 and enter AGAIN. (Comment must be in ALL critical value test reports.)

3. If >15% variability in results, do a third test.

4. Call attending or assigned provider the results as soon as reasonably possible (<30 minutes) and obtain ‘read back’ of the information.

5. Complete either Nurse’s Progress Note or Critical Glucose template for ALL CRITICAL VALUES. Document all critical values obtained.

6. Provider should order a laboratory confirmatory glucose for all initial critical tests. Subsequent follow-up testing is ‘monitoring’ of the patient condition and lab glucose is not required unless provider so chooses.

7. Follow provider orders or standing operating procedure for low or high values.

**REPORTING FORMAT:**

Autoverification and autodocumentation in VistA. Values reported in ‘mg/dL’.

**LIMITATIONS OF THE PROCEDURE:**

1. Glucometer testing is used for “monitoring” only and not a diagnostic tool.

 2. All glucometers are validated for use in capillary mode only. Only capillary whole blood should be used.

3. If peripheral circulation is impaired, collection of capillary blood from approved sample sites is not advised as the results might not be a true reflection of the physiological blood glucose level. A laboratory serum/plasma glucose is indicated. This may apply in the following

circumstances of **critically ill patients**:

 -Severe dehydration

 -Hypotension

 -Shock

 -Decompensated heart failure

 -Peripheral arterial occlusive disease

4. In acute cases, POC glucose monitoring via capillary sample may have occurred before the patient could be evaluated for any limitations, as above. If this is discovered, switch to lab draw immediately and monitor patient for any adverse events.

5. The PXP has not been cleared by FDA to be used on “critically ill patients” and capillary testing should not performed in this case. Venous sample glucose testing should be performed instead.

Recognition of Critically Ill Patient

HR=heart rate; RR=respiratory rate; SBP=systolic blood pressure; UO=urinary output

|  |
| --- |
| CLINICAL OBSERVATIONS |
| **APPEARANCE** | **NERUOLOGICAL** | **RESPIRATORY** | **CARDIOVASCULAR** |
| GreyBlue mottled skin | Unresponsive or eyes open to pain onlyFitting | Silent chestRR <8 >30 b/minAgonal respirations | HR <50 b/minHR >150 b/minSBP <60 mmHgUO - Anuric |

**TROUBLESHOOTING PATIENT TEST RESULTS:**

NOTE: Plasma glucose concentration (Lab) is on average 10-12% higher than whole blood glucose concentration.

Reasons Glucose Results May Be Higher Than Expected:

1. Hematocrit is lower than the acceptable limit for the test strips, as indicted on the package insert.

2. Serum or plasma samples were used instead of whole blood.

3. Venous blood tested in arterial/capillary mode.

Reasons Glucose Results May Be Lower Than Expected:

1. Hematocrit is higher than the acceptable limit for the test strips, as indicated on the package insert.

2. Hyperglycemic-hyperosmolar state

3. Severe dehydration, hypotension, or shock

4. Water or alcohol remaining on the puncture site

5. Venous or arterial whole blood sample not tested within 30 minutes after collection

6. Arterial or capillary blood tested in venous mode.

**TROUBLESHOOTING OUT-OF-RANGE CONTROL TEST RESULTS:**

1. Eliminate any air bubbles in the control bottle’s tip.

2. Wipe the control solution nozzle with a clean gauze or tissue before and after each test. Liquid left on the tip from previous testing may have a glucose value higher than expected.

3. Calibrate the meter using the barcode for the test strip used.

4. Scan or enter the correct 5-digit lot number for the control solutions.

5. Confirm that control solutions and test strips have been stored within the ranges specified on package inserts.

6. Check that the temperature conditions in the room where the tests are being performed are within acceptable operating range as specified in package insert.

7. Check that the bottles of control solutions have not been open for more than 90 days.

8. Use new test strip for each test.

9. Use only Precision Xceed Pro test strips.

10.Use only MediSense, Precision, or Optium Control solutions.

11.Confirm that the control solution tested (low or high) matches the level requested on the display.

12.If test results continue out-of-range despite meeting the above criteria, contact the Ancillary Testing Coordinator to further troubleshoot problems.

**TROUBLESHOOTING OUT-OF-RANGE LINEARITY TEST RESULTS:**

1. Use only RNA Medical brand Calibration Verification Control (CVC) kit that is compatible with the type of test strip being used.

2. Eliminate any air bubbles in the CVC bottle’s tip.

3. Calibrate the meter using the barcode for the test strip used.

4. Confirm that CVC solutions and test strips have been stored with the ranges specified on their respective package inserts.

5. Check CVC bottle for open bottle expiration date.

6. Use new test strip for each test.

7. Use only Precision Xceed Pro test strips.

8. Confirm that the CVC solution tested (levels 1-5) matches the level requested on the display.

**ERROR MESSAGES:**

 Error Message Explanation Remedy

(BLANK)

 Meter has little or no power Verify batteries in place correctly. Replace batteries.

 Battery power getting low. Install new batteries.

Low Battery

1-Turning Off

 Testing available for limited

 time.

 Temperature outside meter Press **1** to **Exit**.

**Temperature Outside Range 43.9⁰ C Testing Disabled**

**1-Exit**

**1- Exit**

 operating temperature range Turn Off. Allow to return to room temperature room temperatu

 

 Error occurred during data transfer Dock the meter.

**Last upload**

**Incomplete**

**Redock meter**

**1-Continue**

 Allow download to complete.

 Meter may have a problem 1. Turn meter off. Turn on repeat

**Meter Error**

**n n n n**

**1-Turn Off**

 That prevents normal repeat function.

 operation. 2. Dock meter to update configuration.

 4-digit number displayed. 3. Note number displayed, call Abbott

 Tech Support.

 Meter detected problem 1. Turn Off meter. Wait at least 5 seconds

**Meter Error 2012 Turn Off**

**Wait 5 seconds**

**Turn On**

**1-Turn Off**

 with barcode scanner that for system to reset.

 would prevent scanner 2. Repeat step 1 and be sure off

 from operating. minimum of 5 seconds.

 3. Call Abbott Tech Support.

**Remove**

**Strip**

**→**

Test strip insert at wrong Remove strip from port.

time.

****

Time requirement for QC QC due in time remaining

09/25/09 7:00 am

**1-Patient Test**

**2-Control Test**

Glucose QC

Due in 28 min.

(QC Due Now)

Meter requires an upload. Dock the meter and wait for

09/25/09 7:00 am

**1- Patient Test**

**2-Control Test**

Upload Due Now

 meter to turn off.

 **Upload Successful, Turning Off**

QC timed interval expired. Perform control testing.

**Low, High**

**Control Test**

**Required**

**1- Exit**

**2-Continue**

Upload interval expired. Dock the meter.

Test Memory

Upload Required

1-Exit

2-Continue

****

**Patient ID**

xxxxxxxxx

**Patient Data**

**Not Found**

1-ReEnter ID

2-Continue

System cannot confirm Press **1** to **ReEnter** ID

 patient ID

Scanned Patient ID similar Re-Enter patient ID

Scan or Enter

**Patient ID**

**--------------------**

**Invalid ID**

Strip Lot

 to test strip barcode

Scan or Enter

**Strip Lot**

**\_\_\_\_\_\_\_\_\_\_\_\_**

**Invalid Lot**

Barcode

Barcode scanned not accepted. 1. Re-scan barcode.

 Reasons: Scanner beam did not

 cross bars of the code; barcode

 damaged or poorly printed;

 not of type specified.

Scan or Enter

**Strip Lot**

**\_\_\_\_\_\_\_\_\_\_\_\_**

**Invalid Lot**

Date Expired

 Expired lot of test strips. Discard and scan new lot of strips.

****

Strip lot scanned is not in Call ATC to enter lot number into

 **Strip Lot**

3576843190247

**Is Not on the**

**Strip List**

1-ReEnter Lot

2-Continue

 the system for use. New system, re-dock meter to upload

 lot that has not been entered. new lot number.

Operator is NOT in system. Contact ATC or Nurse Ed.

**Operator ID**

123456

**Is Not on the**

**Operator List**

1-ReEnter ID

 to be properly trained.

Operator ID has expired. Contact ATC to be re-entered.

**Operator ID**

123456

**Date Expired**

1-ReEnter ID

2-Continue

**Operator ID**

Expires in

xx Days

1-Continue

Operator ID due to expire in Press **1** to **Continue** testing.

 listed number of days. Contact ATC immediately.

****

Result is below measuring limit Repeat test with new strip.

P:Smith, John

**<20** mg/dL

Glucose

09/3/09 7:00 am

1.Next Patient

2-Patient History

 of the meter. If repeats, follow policy for

 critical value.

Test strip or port is wet, defective, Remove old strip.

**Strip**

**Error**

**Wet of Damaged**

1-New Strip

2-Exit

 contaminated, or wrong strip. Press **1** and proceed with

 new strip.

**Assay**

**Error**

xxxx

1-New Strip

2-Exit

Problem with strip. Press 1 to repeat test with

 (4327-strip removed during new strip.

 Testing)

 (4330-Too high to read or

 problem with strip)

**Unexpected Level**

Low expected

High entered

1-ReEnter Lot

2-Continue

Wrong solution used to test. Repeat test with correct level.

Not able to recall previous Press **1** to view **Previous** or,

**XXX**

1-Previous 6

2-Next 3

 result (may not have been downloaded) **2** to view the **Next** result.

**If Ancillary Testing Coordinator (ATC) cannot be reached, contact Abbott Technical Support Center at 1-877-529-7185 available 24/7.**

**MAINTENANCE:**

The Precision Xceed Pro meter requires very little routine maintenance since patient blood does not come in contact with the meter. During testing, the sample remains outside the meter, which significantly reduces the possibility of contamination. Always ensure the yellow test strip port protector is in place prior to testing any solution – patient sample or QC solutions.

CLEANING THE EXTERIOR SURFACE:

Wipe down the exterior of the PXP meter between each patient and daily with ***Sani-cloth*** cloth only. Unacceptable cleaning solutions include alcohol and ammonia based cleaners, Hype-Wipe, and Virox 5 wipes are not recommended. Other cleaning solutions have not been tested and may damage the meter.

Turn off the meter prior to cleaning. Do not apply cleaning solution directly to the meter. If using a pre-packaged wipe, squeeze out excess fluid prior to use. Do not immerse or autoclave the meter or flood with any liquid. **Liquids must not enter the test strip port! Permanent damage will occur and the meter must be replaced.**

Operators will wipe meters clean after each patient and when visibly soiled with blood or other body fluids. Allow 3-5 minutes to air-dry before next patient use.

Operator’s Manual – 11-1.

**OPERATOR/TRAINER TRAINING:**

1. Instruction on the intended uses of POC blood glucose testing within the VAMC and limitations of the test system.

2. Instruction on critical high and critical low values with appropriate follow-up actions by the operator and provider.

3. Explain potential influences on test results including:

 -Limitations inherent to the method

 -Drugs, metabolites and endogenous substances that may interfere with the glucose monitoring system.

 -Consequences of applying insufficient blood for a test.

 -Samples with extremely high or low hematocrit values.

 -Factors related to sample types and collection procedures.

 -Physiological factors on blood samples.

4. Explanation of the differences observed in glucose concentrations between whole blood and serum/plasma specimens.

5. Explanation of the policy for the timing of tests, with provisions for emergency testing and flexibility for special medical orders.

6. Instruction on or demonstration of procedures for obtaining adequate blood samples from the finger.

7. Instruction on the operation of the testing instrument used by VAMC – Abbott PXP.

8. Instruction on how to document required critical value comments in a report and subsequent Progress Note in the medical record.

9. Infection control instruction that conforms to VAMC policy.

10. Proper frequency and procedure for QC testing, reagents, operator proficiency, and actions to be taken in the event of error or QC failure.

11. Normal instrument operation, maintenance, troubleshooting, and disinfecting.

12. Instruction on the sources of potential error specific to the system or procedure.

**Factors Influencing Accuracy of Test Results**

**From Improper Fingerstick Collection**

|  |  |  |
| --- | --- | --- |
| PROBLEM | POTENTIAL IMPACT | RECOMMENDATION |
| Using a previously punctured site | Accumulated fluid will contaminate the blood specimen **(decreases glucose)** | Obtain blood specimen from a fresh, non-punctured site |
| Improperly cleaning the puncture site with alcohol | Residual alcohol causes rapid hemolysis and adversely affects glucose results **(increases glucose)** | Allow puncture site to air dry after cleansing with alcohol |
| Not wiping away the first drop of blood | Excess tissue fluid in blood specimen **(decreases glucose)** | Wipe away first drop of blood after the puncture is performed |
| Milking the puncture site to obtain the blood drop | Hemolysis and/or contamination of blood with tissue fluids | Hold the puncture site downward and apply gentle, intermittent pressure proximal to the puncture site |
| Edema at the puncture site | May give a **falsely low glucose** result | Fingerstick collection not recommended |
| Patient has peripheral vascular disease or a condition that impairs/decreases circulation to the periphery | **False low glucose** | Fingerstick collection not recommended |
| Patient is dehydrated | **False low glucose** | Fingerstick collection not recommended |
| Patient is in shock | **False low glucose** | Fingerstick collection not recommended |
| Patient has severe edema  | **False low glucose** | Fingerstick collection not recommended |
| Patient has severe edema | **False low glucose** | Fingerstick collection not recommended |
| Patient is hypotensive  | **False low glucose** | Fingerstick collection not recommended |

**VHA Directive 2009-004**

**Use and Processing of Reusable Medical Equipment (RME) in Veterans Health Administration Facilities**

Cleaning and Disinfection Requirements for point-of-care (POC) instrumentation:

CDC defines ***‘cleaning’*** as the removal of organic and inorganic material from objects and surfaces; while ***‘low-level disinfection’*** is a disinfection process that will inactivate most vegetative bacteria, some fungi and some viruses, but cannot be relied upon to inactivate resistant organisms. Low-level disinfection is used for items and equipment that is non-invasive to patients. Non-critical reusable items (glucometer) may be decontaminated where they are used and do not need to be transported to a central processing area.

CDC recommendations:

● Assign a glucometer to each individual patient if possible. Clean and disinfect glucometers if they must be shared between multiple patients.

● Restrict the use of fingerstick capillary blood sampling devices to individual patients.

● Maintain supplies and equipment, such as fingerstick devices and glucometers, within individual inpatient rooms, if possible.

● Use single-use lancets that permanently retract after puncture.

● Never reuse fingerstick devices and lancets. Dispose them at point of use in an approved sharps container. Lancets in a pen should **NOT** be used per recent CDC document.

● Thoroughly clean all visible soil or organic material (e.g. blood) from the glucometer before disinfection.

● Disinfect the exterior surfaces of the glucometer after each use following the manufacturer’s directions. Use Dispatch wipes (1:10 bleach equivalent).

**REFERENCES:**

Abbott Diagnostics, Inc., ‘Precision Xceed Pro Operator’s Manual for Healthcare Professionals’, 2008.

NCCLS, Volume 17, ppgs 13-14, Para 9.1.1

NCCLS, Vol 22, C30-A2, ppgs 10-11

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VHA Directive 2009-004, Use and Processing of Reusable Medical Equipment (RME) in Veterans Health Administration Facilities, Cleaning and Disinfection Requirements for point-of-care (POC) Instrumentation.

CDC MMWR; 54:220-3, ‘Transmission of hepatitis B Virus among persons undergoing blood glucose monitoring in long term care facilities (LTC).

Joint Commission Standard IC.02.02.01, Accreditation process guide for laboratories. The standard states: “The laboratory reduces the risk of infections associated with laboratory equipment, devices, and supplies.”